



The LIDA Extension

Official newsletter of the Long Island Dressage Association

MAY/JUNE 2023

President's Message

Happy spring everyone! I've already pulled a dozen ticks off Que Pe. Looks like it's going to be a rough tick season. The turkeys need to step it up.

There are a couple of changes that we need to let the membership know. First, there will not be a recognized show this year. Participation has fallen over the past few years. Certainly the pandemic hasn't helped but there are some additional issues that have made it financially unviable. There's now a rule in the hotel industry here on Long Island that we must rent a hotel room for 2 nights. Obviously that just doubled that expense which wasn't cheap to begin with. It wasn't an easy decision but due to the lack of participation we felt it was the prudent one. That said we have found that there's more interest in schooling shows so we are offering 3 schooling shows this year. They will all be held at Norwest Farm. The dates are June 4, July 30 and October 22. The prize list is available on our website. Entries for the June show open May 4. The judge is Stephanie Mason. I hope to see everyone there.

I also have an announcement regarding the board. 2023 is the last year I will be serving as President. It's been 9 years and it's been fun but it's time for me to step down. Anyone interested in running for President or any other board position should contact us. Elections are held in November so there's time to think about it. I hope someone will step up to lead LIDA, the second oldest GMO in the country, forward.

Reminder: if you haven't filled out the American Horse Council survey please do so. This survey is critical to identifying how many horses there are on the island and how the horse industry contributes financially to our communities. No personal information is taken other than your state and zip code. So please fill out the survey which is not only for horse owners but also for those that supply services for the industry such as vets, farriers, feed stores.

Here's the link: https://www.surveymonkey.com/r/AHC_Owner_Survey

See you ringside

Mary Mulcahy



The Long Island Dressage Association is pleased to announce the dates for our schooling shows to be held at Norwest Farm in Aquebogue.

June 4th

Judge: Stephanie Mason

July 30th

Judge: Kathy Mastragostino

October 22nd

Judge: Heidi Lemack

Prize Lists available soon at lidressage.com



Calling All Dressage Professionals!



The Long Island Dressage Association would like to see an increase in the number of the island's Dressage Trainers/Coaches. We need **you in our ranks.**

We would also like you to ask your students to join the club.

There are a few different types of memberships available. So even if they don't compete they can still be a part of the organization. We are always looking for volunteers to help out at the shows. It is a great way to be involved, make new friends and learn about the sport we all love. So



2024 Great American Insurance Group/USDF Regional Dressage Championships

Lexington, KY (May 2, 2023) - The United States Dressage Federation™ (USDF) has announced the selected dates and locations for the 2024 Great American Insurance Group/USDF Regional Dressage Championships, presented by SmartPak.

Dates and Locations

- Region 1 - (October 10-13) at the Virginia Horse Center, Lexington, VA
- Region 2 - (September 12-15) at the Kentucky Horse Park, Lexington, KY
- Region 3 - (September 19-22) at the World Equestrian Center, Ocala, FL
- Region 4 - (October 10-13) at the National Equestrian Center, Lake St. Louis, MO
- Region 5 - (September 19-22) at the Colorado Horse Park, Parker, CO
- Region 6 - (October 3-6) at DevonWood Equestrian Centre, Sherwood, OR
- Region 7 - (September 26-29) at the Los Angeles Equestrian Center, Burbank, CA
- Region 8 - (September 19-22) at HITS on the Hudson, Saugerties, NY
- Region 9 - (October 3-6) at the Great Southwest Equestrian Center, Katy, TX

These championships recognize the outstanding efforts of riders in each USDF region and provide an excellent opportunity for spectators to view the top competitors in their respective regions. Additionally, the top junior/young rider, amateur, and open riders at each of the championships, who have submitted a declaration of intent and completed all other requirements, will receive an invitation to compete at the US Dressage Finals presented by Adequan®.

Dina Sapienza of Great American Insurance Group added, “Our role as title sponsor of the regional championships has afforded a great opportunity to acknowledge outstanding individuals and the sport of dressage.”

Competitors qualify for Great American/USDF Regional Championships by competing in designated qualifying classes throughout the year at USEF-licensed/USDF-recognized dressage competitions.

For more information on the regional championship program, or the US Dressage Finals presented by Adequan®, visit the USDF website at www.usdf.org or contact regchamps@usdf.org.

Founded in 1973, the United States Dressage Federation is a nonprofit membership organization dedicated to education, recognition of achievement, and promotion of dressage. For more information about USDF membership or programs, visit www.usdf.org, e-mail usdressage@usdf.org, or call (859) 971-2277.



Check out the following publications at:
www.usdf.org

USDF Connection Annual Show Issue

This issue features test-prep strategies for show-ring success and coverage from the 2023 Adequan®/USDF FEI-Level Trainers Conference. Also, can a horse be made truly symmetrical? Dr. Hilary Clayton gives her expert advice.

Resilient Rescue Horses featured on YourDressage

The inspirational Rescue Horse! We are celebrating them as our April Breed of the Month on #YourDressage!

Dressage riders who choose Rescue Horses as their mounts are eligible for special awards through the Adequan®/USDF All-Breeds Awards program, as the International Rescue Horse Registry is a participating organization.

Enjoy our photo galleries Part 1 and Part 2 and read these great stories; The Story of Paquete Pequeno, Phoenix Rising, and A Fated Buckskin. Look for more throughout the month.

2023 FEI World cup Finals Recap on YourDressage

Did you miss any of the 2023 FEI World cup Finals in Omaha? Read our overall recap of the finals and USDF Connection editor Jennifer Bryant's exclusive behind-the-scenes

coverage: Where the Real Action Happens, The Other Side of the FEI World Cup Finals, and Should Dalera Win the World Cup Dressage Final for the Second Year in a Row? Also, enjoy photo galleries by Chelsey Burriss of the USDF Leadership in Action at the 2023 FEI World Cup Finals. and Unforgettable Moments from the FEI World Cup Finals Omaha 2023.

2023 USDF Member Guide Now Live

The digital edition of the 2023 USDF Member Guide is now available online. This is a reference that includes tests, USDF program, award, and championship information, and more.

YourDressage Exclusive Story About Continuing-Education Program

USDF's freestyle continuing-education program is a must-do for both judges and riders. Read about this two-day workshop designed for competitors and instructor/trainers, as well as for licensed dressage judges and USDF L program graduates.

Give the Gift of Dressage

Share your love of dressage with others by purchasing them a subscription today. As a member you know about USDF's flagship publication, USDF Connection, that has been delighting and educating members for over 20 years. Now, this award-winning magazine is available to anyone by subscription for the first time ever. Check out 5 reasons to subscribe on YourDressage.



Mark Your Calendars!

April 25: Second NAYC application deadline

May 1: Applications open for USEF Youth Sportsman's Award

May 9: Final NAYC application deadline

May 31: Final deadline to add additional horses to an already existing NAYC application

June 19: End of the NAYC qualifying period

June 30: Youth Dressage Rider Recognition Pin Program – program year ends

July 1: Arts contest deadline

July 31: Youth Dressage Rider Recognition Pin Program – paperwork deadline

August 15: Deadline to apply for the USEF Youth Sportsman's Award

August 31: Deadline to nominate a youth member for Youth Volunteer of the Year



Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2023 LIDA membership year begins December 1, 2022 and ends November 30, 2023

Please Print:

Name:		Email:	
Address:			
City/State/Zip:			
Phone:	Cell #:	D.O.B.:	
USDF #:	USEF#:		
Trainer:	Referred By:		
Horse's Name & Stable:			
Signature:	Date:	Amnt:	

ANNUAL MEMBERSHIP OPTIONS

- | | |
|---|-------------|
| GMO Membership: | \$70 |
| Schooling Show Only Membership:
(LIDA Member Only/Non GMO) | \$40 |
| Youth Participating Membership:
(LIDA Member Only/Non GMO/Max. Age 21) | \$40 |
| Non-Competing Membership:
(LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards) | \$30 |

To be eligible for Yearly High Score Awards, the rider of the horse must be a current LIDA member prior to the first class of the show for which scores are to count.

Please review the rules!

LIDA is a non-profit association run by volunteers and is dedicated to promoting dressage and combined training.

As a member, you are entitled to:

- Meetings, Clinics and Events
- Eligibility for USDF Rider Awards
- Discounts at USDF Events
- USDF Connection Magazine

Remember, LIDA is your club and it takes the entire membership to keep it going and growing!

ANY MEMBERSHIP QUESTIONS – PLEASE EMAIL info@lidressage.com

Submit your completed application with your check made payable to **LIDA to:**

**LIDA Membership Committee
PO Box 507
Calverton, NY 11933**

YOUR CONNECTION TO THE
AMERICAN
DRESSAGE COMMUNITY



United States Dressage
Federation

30,000 STRONG

www.usdf.org





LIDA CLASSIFIED

Welcome to our classified section! If you have items you would like to list in our classifieds, please send all the details, including photos, to LIDA secretary Karin Schackne at info@lidressage.com. Listings are free for LIDA members. A \$5 donation is asked of non-members.



THE INTEGRATED RIDER

Improve your connection and confidence with certified yoga instructor and fellow rider Debbie Froehlich E-RYT

Discover how both Classical Horsemanship and yoga correlate and enhance one another as you bring your practice from the mat to the barn. See how an awareness of ones alignment, improvement of physical strength and endurance (body), intention and attention (mind), connected with ones

own life force (breath) can bring about a stronger union with ourselves and our horses. We ask our horses to be supple, strong and flexible, in both body and mind and we owe it to them to do the same.

All levels and disciplines are welcomed and encouraged to “think outside the box” towards developing harmony with our horses. For offerings and rates. Theintegratedrider@gmail.com or call 251-234-1350



LIDA BOARD MEMBERS

Mary Mulcahy, President

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Heather Baker, Treasurer

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We'd love to hear from you!

If you have something you'd like to share with other members, please contact LIDA secretary Karin Schackne at least one month prior to publication.

When sending pictures, please make sure to include the names of everyone in the image - both human and equine.