



# The LIDA Extension

Official newsletter of the Long Island Dressage Association

August 2022

## *President's Message*

Dear Members,

I'd like to start by thanking all the people that participated in the Summer Classic. We had a good turn out and a great batch of volunteers! Deb Cavalante, Jeannie Watson, Andrea Casey, and Jordan Bader. Thankfully the heat broke for the show. Special thanks to VP Dale Gifford and Secretary Karin Schackne for organizing things at the show. As always, a huge thank you to Sally Lynch for the use of the facility and her crew who helped us with set-up. I'd also like to once again thank the sponsors of the show - Dover Saddlery, North Fork Saddlery, Heather's Salon, Pal-O-Mine Equestrian, Phyllis MacConnell and Carol Potts.

We are planning a schooling show for October 23 so stay tuned for further info.

Before I go I'd like to recommend a book I started recently. If you're a fan of historic novels you're going to love HORSE by Geraldine Brooks. It centers on the great racehorse Lexington. It travels back and forth from the past to the present. I always thought that Cassius Clay was just Mohammed Ali's "slave" name, but I learned that Cassius Clay was an abolitionist and was appointed ambassador to Russia by Abraham Lincoln. Also did you know that races in the 1800s were generally 4 miles long. Makes a mile and a half Belmont Stakes look like a sprint. So if you're looking for a fun read, this is it.

Enjoy the rest of the summer.  
See you ringside.

***Mary Mulcahy***



I hope you and your 4-legged friends are staying safe and cool in this miserable weather.

Our NAYC team has been announced, and I think we have a great group! Congratulations to Juniors Leah Drew, Emily Jackowski, Quentin Sloan, Gabriel Epstein and Young Riders Megan Tursi, Gemma Starn and Brenna Donovan and their equine partners. If you want to make a donation to the team, you can write a check to USDF with a note that it is in support of the Region 8 NAYC team. Your contribution is tax deductible.

Upcoming dates/deadlines:

Regional qualification season is rapidly drawing to a close – the deadline to qualify is August 29th! The Regional Championships are September 22-25. The Opening Date for entries is August 1 and the Closing Date is August 29th. Detailed information on requirements for qualifying can be found at this link: <https://www.usdf.org/docs/ShowFlash/web/RegionalChamp/RCRules2022.pdf?t=6/30/2022%2011:59:31%20AM>. You can find a list of shows offering qualifying classes at this link: <https://www.usdf.org/calendar/competitions.asp>. And see below for the “last chance” shows.

The Regional Championship is a huge show, so when you submit your entry double check that all the required documentation is appropriately signed, your USEF/USDF numbers and Safe Sport are up to date, and all of your vet certificates are in your horse's show name. They won't be accepting barn names!

The last weekend to qualify is August 27-28 and there are 2 shows that weekend:

CDCT Dressage in Wine Country I and II – Opening date for entries is July 1 and the closing date is August 14.  
Mystic Valley Hunt Club Dressage by the Sea – Opening date for entries is July 16 and the closing date is August 13. Entries for both can be found at [www.horseshowoffice.com](http://www.horseshowoffice.com)

The Festival of Champions is August 22-29 at the Lamplight Equestrian Center in Wayne, Illinois. Entries close August 12.

The US Dressage Finals are November 10-13 at Kentucky Horse Park. **The Nomination deadline is September 29.** Go ahead and put in your nomination, its free! The Opening Date for entries is September 9 and the Closing Date is October 17.

The Annual Convention is on track to be IN PERSON this year. It will be held November 30 to December 3 in Lexington.

continued

## REGION 8 continued

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Finally, I am writing an article for the USDF Connection on the benefits and advantages of belonging to a GMO. I would love you hear from anyone about why they joined a GMO, what you love about it and any other thoughts you have. My deadline is August 15th, so get back to me soon at [vandeh13@gmail.com](mailto:vandeh13@gmail.com)!

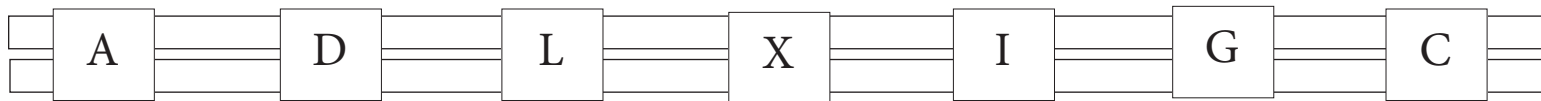
Useful links:

Region 8 Website: <http://www.usdfregion8.org/>

Volunteer Incentive Form: <https://www.usdf.org/clubs/gmo/gmo-volunteer-incentive-program.asp>

Dressage Spirit Award for Youth: <https://www.usdf.org/press/news/view-news.asp?news=982>

All the best!  
Helen



## Welcome to our newest member!

The Long Island Dressage Association would like to extend a big welcome to our newest members. Thank you for joining and helping us support and preserve dressage on the island through education and our competitions.

Chris Benz

## RAFFLE PRIZE WINNERS

**Dover Dressage Basket**  
Mary Mulcahey

**Dover Horse Care Basket**  
Regina Galoppi-Benfante

**North Fork Saddlery Dressage Basket**  
Ashleigh Tew

**Heather's Salon Moroccan Oil Hair Care Basket**  
Beth Rosner





The arena is ready for the start of the show.



Lynn Berry and Lucky Zoom relax before their class.



Left, Doreen Byrne riding Galana. High Score winners for the Open Division.

Photos courtesy of Jordan Bader and Jeannie Watson



**Jackie Cartesio and Corelone heading into the arena to ride FEI Intermediate 1.**



**Mary Mulcahey and Festivo RS performing their FEI Prix St. George test.**



**Carol Potts and Nathan during their First Level 1 test.**



**Heather Baker and Rio seizing a photo op!**





**Chris Benz and Maravilha carefully executing Training Level Test 3**



**Left to right, Jennifer Visconti, Joyce St. John and Ana Belo-O'Brien.**



**Dale Gifford carefully manicures the arena during the break.**



**Stacie Rosenblatt on her lovely chestnut Rec's Pearl**

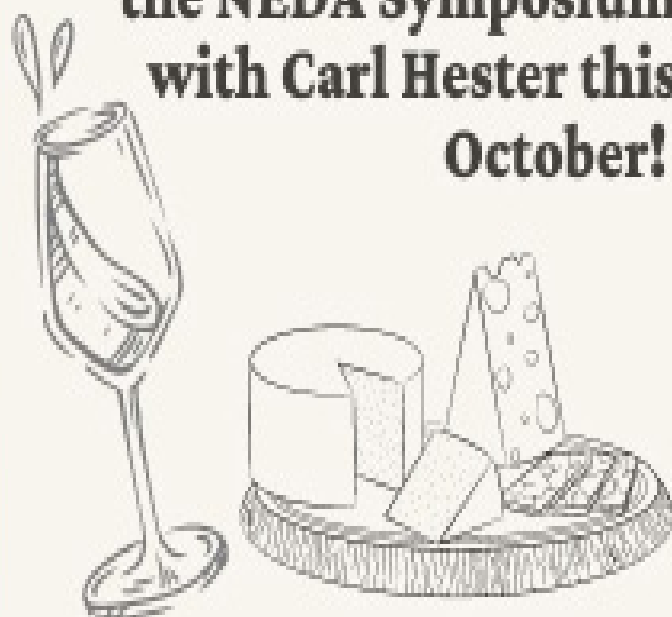
# NOTEWORTHY NEWS



BREAKING NEWS!

You heard it here first:

**I am so proud to be  
representing Markel  
Horse and sponsoring the  
Wine & Cheese event for  
the NEDA Symposium  
with Carl Hester this  
October!**



Stay Tuned!

We will be announcing an upcoming  
contest with the chance for two lucky  
winners of PATRON tickets!



@NaughtonEquine



YOUR CONNECTION TO THE  
**AMERICAN**  
DRESSAGE COMMUNITY



United States Dressage  
Federation



**30,000 STRONG**

[www.usdf.org](http://www.usdf.org)





# Long Island Dressage Association

## Be Part of the LIDA Movement – Join Today!

The 2022 LIDA membership year begins December 1, 2021 and ends November 30, 2022.

**Please Print:**

<b>Name:</b>		<b>Email:</b>
<b>Address:</b>		
<b>City/State/Zip:</b>		
<b>Phone:</b>	<b>Cell #:</b>	<b>D.O.B.:</b>
<b>USDF #:</b>	<b>USEF#:</b>	
<b>Trainer:</b>	<b>Referred By:</b>	
<b>Horse's Name &amp; Stable:</b>		
<b>Signature:</b>	<b>Date:</b>	<b>Amt:</b>

### ANNUAL MEMBERSHIP OPTIONS

**\*\*As of June 1st the GMO membership has increased by \$10.**

- |   |             |
|---|-------------|
| <b>GMO Membership:</b>  | <b>\$70</b> |
| <b>Schooling Show Only Membership:</b><br>(LIDA Member Only/Non GMO)                                      | <b>\$40</b> |
| <b>Youth Participating Membership:</b><br>(LIDA Member Only/Non GMO/Max. Age 21)                          | <b>\$40</b> |
| <b>Non-Competing Membership:</b><br>(LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards) | <b>\$30</b> |

*To be eligible for Yearly High Score Awards, the rider of the horse must be a current LIDA member prior to the first class of the show for which scores are to count.*

*Please review the rules!*

LIDA is a non-profit association run by volunteers and is dedicated to promoting dressage and combined training.

**As a member, you are entitled to:**

- Meetings, Clinics and Events
- Eligibility for USDF Rider Awards
- Discounts at USDF Events
- USDF Connection Magazine

**Remember, LIDA is your club and it takes the entire membership to keep it going and growing!**

**ANY MEMBERSHIP QUESTIONS - PLEASE EMAIL [info@lidressage.com](mailto:info@lidressage.com)**

**Submit your completed application with your check made payable to **LIDA** to:**

**LIDA Membership Committee  
PO Box 507  
Calverton, NY 11933**



# LIDA CLASSIFIED

Welcome to our classified section! If you have items you would like to list in our classifieds, please send all the details, including photos, to LIDA secretary Karin Schackne at [info@lidressage.com](mailto:info@lidressage.com). Listings are free for LIDA members. A \$5 donation is asked of non-members.



## THE INTEGRATED RIDER

Improve your connection and confidence with certified yoga instructor and fellow rider Debbie Froehlich E-RYT

Discover how both Classical Horsemanship and yoga correlate and enhance one another as you bring your practice from the mat to the barn. See how an awareness of ones alignment, improvement of physical strength and endurance (body), intention and attention (mind), connected with ones

own life force (breath) can bring about a stronger union with ourselves and our horses. We ask our horses to be supple, strong and flexible, in both body and mind and we owe it to them to do the same.

All levels and disciplines are welcomed and encouraged to “think outside the box” towards developing harmony with our horses. For offerings and rates. [Theintegratedrider@gmail.com](mailto:Theintegratedrider@gmail.com) or call 251-234-1350



## LIDA BOARD MEMBERS

**Mary Mulcahy, President**

phone: 516-318-5537 email: [president@lidressage.com](mailto:president@lidressage.com)

**Dale Gifford, Vice President**

phone: 631-921-2629 email: [vp@lidressage.com](mailto:vp@lidressage.com)

**Karin Schackne, Secretary**

phone: 631 619-6509 email: [info@lidressage.com](mailto:info@lidressage.com)

**Heather Baker, Treasurer**

phone: 631-827-0481 email: [admin@lidressage.com](mailto:admin@lidressage.com)

## We'd love to hear from you!

If you have something you'd like to share with other members, please contact LIDA secretary Karin Schackne at least one month prior to publication.

When sending pictures, please make sure to include the names of everyone in the image - both human and equine.