



THE LIDA EXTENSION

Official newsletter of the Long Island Dressage Association

March/April 2020

President's Message

Dear Members,

It's very difficult to sit down and write my message when the world is in the grip of the devastating COVID 19 Corona virus. Somehow the goings on of our little dressage club don't seem terribly urgent or important. Still there are some things we'd like to let you know about. Life goes on. Everybody keep washing your hands and hanging at the barn.



I want to welcome **Heather Baker Rowsom** to the LIDA board. Heather is our new Treasurer. The board is looking forward to working with Heather. **WELCOME!**

The first Winter Work clinic with **Heidi Lemack** was a resounding success. We had a full day of rides. Heidi's observations were thoughtful and accurate. Her instruction was clear and observable results were seen during the ride. Heidi is returning to Blue Ribbon Farms on **March 22**. Check our Facebook page for schedule and times. Before I move on I want to give a special thank you to the folks at **Blue Ribbon Farms** for hosting the clinic and making all welcome. Also a special thank you to **Dona Just** and **Lucille** for supplying the nibbles. Very tasty.

Exciting news. I've been in touch with **J.J. Tate**. Depending on what happens with the virus, J.J. should be back to Long Island in June. Mark your calendars and stay tuned for further info.

Looking outside it appears spring is almost here. Get ready for show season. Make sure your memberships are up to date. Did you take the Safe Sport test? **Don't forget, it's a must.**

See you ringside.

Mary Mulcahy
President

Heidi Lemack Clinic at Blue Ribbon Farm



The cold morning air did not deter riders and auditors from attending Heidi Lemack's clinic on February 29th.

Heidi grew up on Long Island and became an avid competitor and breeder until she relocated to New Jersey and opened Rhythm & Blues Stables. There, she and her husband Jason, conduct a successful lesson and training program. Heidi has an extremely positive approach to her coaching and it was well received.

Thank you again to Blue Ribbon Farms for hosting.



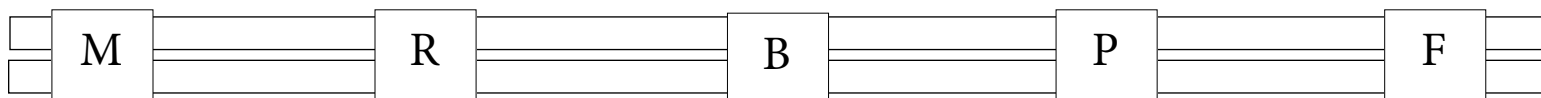
Marie Banks and Star



Doreen Rose and Gambler



Alice Petersen and Carrots



NOTEWORTHY NEWS

PLANNED LIDA EVENTS

SCHOOLING SHOW

Norwest Farm
June 28th

J. J. TATE CLINIC

June date to TBA

THE SUMMER CLASSIC

Old Field Farm
Judge-Heather Mason
July 26

For the 2020 Show Season IHA will be hosting its shows at the Bohemia Equestrian Center in Bohemia on Sycamore Ave.

June 14
July 19th
August 23rd

This year, for the first time, our schooling show series is including leadline walk, walk/trot and leadline walk, walk/trot para dressage classes. We also offer Western Dressage classes.

For More Information
Contact Angela at
haygal@haygal.com



LOOKING FOR A GOOD READ?

I don't know about you, but I find the winter months the best time to catch up on my reading. Here are a few interesting and educational reads I'd like to recommend for your library.

THE ART OF CLASSICAL HORSEMANSHIP by Egon von Neindorff.

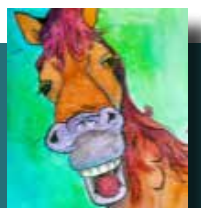
If you're unaware of the German classical master Von Neindorff this book will acquaint you with his training philosophy. Neindorff was one of the most influential trainers of the 20th century. No dressage riders' library should be without it.

Another must have book is **THE GYMNASIUM OF THE HORSE** by Gustav Steinbrecht. One of **THE** training bibles, this book will become your go to when faced with a training problem.

Finally, for Christmas I received **DRESSAGE FOR NO COUNTRY** by Paul Belasik. Mr. Belasik is one of my personal favorites. I had the opportunity to ride with him years ago and am still digesting the information he imparted. This book delineates the various Dressage Schools of history. "He weaves us through the varying faces of classical dressage and how it intertwines between cultures and schools of thought on a search for where collection truly resides."

I hope you will check out these books as they will definitely assist and enlighten your Dressage journey

Have you overheard something special that one of our members has done? If so, let us know! We'd love to share it with everyone. Just drop an email to LIDA Secretary Doreen Rose at info@lidressage.com.



The New England Dressage Association

is thrilled to welcome back

Olympic Gold and Silver Medalist

Carl Hester MBE



This will be his only U.S. East Coast appearance in 2020!

The symposium will take place October 17-18, 2020

at

Mount Holyoke College Equestrian Center



2020 LIDA SCHOLARSHIP

This scholarship is designed to help our members attend clinics and work with trainers they otherwise would not have the opportunity to take advantage of.

APPLY ON LINE AT:
www.lidressage.com

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ANNOUNCING

HorseLinc SCHOLARSHIPS

View eligibility requirements and apply online at HorseLinc.com

Incoming
College
Freshmen

College
Undergraduate
Students

Graduate
Students &
Beyond

HorseLinc, a popular mobile application that revolutionizes invoicing and payment processing for equine professionals, is proud to announce their new scholarship program.

Offering three scholarship opportunities, HorseLinc's initiative was designed to recognize dedicated collegiate equestrians who are incoming college freshman, undergraduate students or graduate students.

“The biggest enemy to the partnership of dressage is impatience and the human nature to dominate other creature”

- Charlotte Dujardin



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LIDA CLASSIFIED

Welcome to our classified section! If you have items you would like to list in our classifieds, please send all the details, including photos, to LIDA secretary Doreen Rose at info@lidressage.com. Listings are free for LIDA members. A \$5 donation is asked of non-members.

Brennan's (Boot and Batchelor) Masters Dressage Saddle

Excellent condition and very well-cared for. Has surge on panels underneath and wool flocking. Will include Prestige stirrup leathers, Herm Sprenger Stirrups, and beautiful 32" Hennig Girth. Tree size is wide. Saddle was made and flocked regularly by Brennan's / Boot and Batchelor in Bridgehampton and they regularly travel to reflock their saddles all over the island.

Retails new for \$5500+. Asking \$2800. Please call 631-521-0884 or email ars.ridetolive@gmail.com.



LIDA BOARD MEMBERS

Mary Mulcahy, President

phone: 516-318-5537 email: president@lidressage.com

Dale Gifford, Vice President

phone: 631-921-2629 email: vp@lidressage.com

Doreen Rose, Secretary

phone: 516-849-3400 email: info@lidressage.com

We'd love to hear from you!

If you have information you would like to share with other members, please contact LIDA secretary Doreen Rose at least one month prior to publication.

SADDLE FOR SALE

IMMACULATE PRE-OWNED

All Black Wintec
Isabell Werth
Adjustable Dressage
Saddle CAIR Air
System Black 16.5"
with Easy Change Riser
System.

Used only for showing
one season. \$750 neg.



Contact Cate:
Catherinekwasnik1@gmail.com
347-418-6431
Located in Flanders.



Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2020 LIDA Membership begins December 1, 2019 and ends November 30, 2020.

Please Print:

Name:		Email:
Address:		
City/State/Zip:		
Phone:	Cell #:	D.O.B.:
USDF #:	USEF#:	
Trainer:	Referred By:	
Horse's Name & Stable:		
Signature:	Date:	Amt:

ANNUAL MEMBERSHIP OPTIONS

Full Participating Membership: \$60
(Includes GMO Membership in USDF)

Schooling Show Only Membership: \$40
(LIDA Member Only/Non GMO)

Youth Participating Membership: \$40
(LIDA Member Only/Non GMO/Max. Age 21)

Non-Competing Membership: \$30
(LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards)

To be eligible for Yearly High Score Awards, the rider of the horse must be a current LIDA member prior to the first class of the show for which scores are to count.

Please review the rules!

LIDA is a non-profit association run by volunteers and is dedicated to promoting the art of dressage.

As a member, you are entitled to participate in and receive the following:

- **Meetings, clinics and other club activities**
- **Automatically become a Group Member of the USDF**
(Full Participating Membership Only)
- **Year-end awards and dinner dance**

ANY MEMBERSHIP QUESTIONS - PLEASE EMAIL info@lidressage.com

Submit your completed application with your check **made payable to LIDA to:**

LIDA Membership Committee
PO Box 507
Calverton, NY 11933



THE LIDA EXTENSION

Official newsletter of the Long Island Dressage Association

SEPTEMBER 2020

President's Message

Dear Members,

Well here we are, eight months in to the pandemic. We took a break. Canceled our shows and plans. Many of us couldn't ride for months. Perhaps some of us took time to reflect on our equestrian goals. I know I did. This was the year I was hoping to go to Devon. Oh well. We all had plans for the upcoming season. Some folks have carried on and are showing again. Others, like myself, look at 2020 as a "wash". For me, horses are essential, showing isn't. That said we would like to congratulate LIDA member WENDI SCHNITTJER for her first Grand Prix ride on Elizabeth Schaffner's Django getting a 60.7. Congratulations to you both! Wendi is the subject of our first Professional Profile column in this issue.

Besides an historical election and a global pandemic, 2020 marks a first for LIDA. Those of you that follow our Facebook page may have noticed that a photo of LIDA Vice President, Dale Gifford, following mask protocol with her horse FIG, who is wearing a pink bra for a mask, went viral. It was seen by 1,651,458 people with 20,000 shares. Hundreds of people responded with comments and mask pics of their own. We even got new followers from it. IT WAS A HIT! I had it sent to me a couple of times from people that didn't know it came from us.



As of this date we don't have anything on the calendar. Although the state is mostly reopened now, we are remaining on hold through the next couple of months to be safe. We had thought about virtual shows or other programs but in the past the response to such events has been tepid at best. We await the time we can gather again and celebrate dressage and horses together. In the meantime we wish you all health and happiness.

See you ringside, maybe...

Mary Mulcahy
President



I can actually say we have had a few shows happen this past month. Competitors have braved it out and I hope you felt safe. We are starting August which is only the second month of showing and we sadly only have a few shows that are still not cancelled.

Remember our qualifying for regional championships ends on August 24, 2020. This date is important for many reasons. **One**, it is the last day that you can earn a qualifying score. Remember you need two scores that can be the same show and same judge. **Two**, if you earned a Qualifying score on a designated qualifying class before June 1st and you did not mark it as qualifying at the time, you can pay the \$15 directly to the USDF and it will count as a score. But needs to be done by August 24th. **Finally**, August 24th is closing for the Region 8 Championships. So get your entry in.

I will remind you again the US Dressage Finals open to the Open and Adult Amateur Champion and Reserve Champion from the Regional Championships, and also to riders who reach a certain score (information on the USDF Website). These riders will be invited to Lexington, KY to compete head to head with the other regional champions. IMPORTANT note, please remember you will have to declare that you are willing to go to the 'finals' if invited. This declaration must be done by day before our Regional Championships, September 16th. The USDF website will have more information.

I would like to welcome the newly elected USDF PM Delegates. They are Cynthia Wylie, Regina Cristo, Kathy Hickerson, Stan Horton, Sophia Chavonelle, Anke Ott-Young, Angela Rice, Fie Anderson, Susie Kent, and Linda Mendenhall. Some are returning as delegates and others are new. I look forward to working with you this next year as it will be a big one for Region 8! I also want to thank those who decided to step down for all your work you have given Region 8.

I have to do one more pitch for the GMO awards...

Attention GMOs: newsletter, website, photography, and volunteer of the year nominations close August 30th. So before your summer gets under way, please submit them! It is a great way to get recognition for your GMO or an outstanding volunteer plus for Region 8! Here is the link with all the information....

<https://www.usdf.org/awards/service/gmo.asp>

We will hold our next regional meeting on October 6, 2020, at 7:30pm. This will be a Zoom meeting if I can get an account to set it up. I hope you can spare the time to join us. More information will follow.

See you on the Centerline...

Debra Reinhardt

USDF Region 8 Director



As of August 22, 2020, the prize list is available and declarations are now open for the 2020 US Dressage Finals presented by Adequan®. This year's event will be held November 5-8, at the Kentucky Horse Park, in Lexington, KY. Visit USDressageFinals.com for more information.

Key Dates:

Opening Date for Declarations: August 22, 2020

Opening Date for Nominations: September 17, 2020

Opening Date for Entries: September 17, 2020

Closing Date for Entries: October 19, 2020 (midnight ET)

*Nomination Deadlines Vary by Region – See Prize List



Dressage at Devon Hosts Virtual Silent Auction: Includes Training from Top Dressage Riders September 18 - September 25, 2020

Last year's Silent Auction was so well received, we decided to do it again - virtually - and with a twist.
All items are geared towards excellence in your riding.

Here's just a sample of the services that will be on the auction "block":

One Day of Judging by Anne Moss- Anne is a USEF "r" Dressage Sport Horse Judge, a USEF 'R' dressage Judge and a USEF 'R' Western Dressage Judge.

Lessons from:

1 lesson with Dr. Cesar Parra at his farm in Whitehouse Station, NJ.

3 Lesson package including stabling with Felicitas von Neumann Cosel in Woodbine, MD.

1 Lesson with top rider and trainer, Michael Bragdell of Hilltop Farm.



1 virtual lesson with two-time Olympian, Jacqueline Brooks.

5 virtual lessons with Robert Dover, a 6-time Olympian and Technical Advisor and Chef d'Equipe for the Dutta Corp., US Dressage Team since 2013.

Fantastic Breeding opportunities include:

One Breeding offered by Hilltop Farm

Two season Breeding contract to ISF (cooled semen breeding).

Choice of ISF top stallions including:

Sir Sinclair	Brend 413
Florianus II	Meinse 439
Uno Don Diego	Teade 392
Tjalbert 460	



Additional services and items will also be available to help you improve your riding. Plus there are additional unique experiences and jewelry items as well. To view these items, please keep an eye on our newsletter and our social media, where we will be published the auction website. Bidding will begin on Friday, September 18 and close Friday, September 25.

For questions, contact: onlineauction@dressageatdevon.org.



NEW COLUMN

PROFESSIONAL PROFILE

*This is the first installment of our new column, **PROFESSIONAL PROFILE**. Each issue we will learn a little about the dressage professionals here on Long*

Island. We are beginning with Wendi Schnittjer who just rode her first Grand Prix test on Elizabeth Schaffner's horse, Django. Wendi is based at Norwest Farm in Aquebogue.

1. WHEN DID YOU START RIDING? My mom rode until 3 weeks before I was born and then she put me on her horse in front of her as soon as I could sit up. My first pony Lonesome, was one that didn't want to be caught but I was 2 yrs. old and did not remember, but my second pony was 20 yrs old my mom bought him for \$100. People laughed at her but I rode him everywhere bareback and could tack him myself at 3yrs old. My next pony was one I could show, he was my 5 yr old Christmas present he was \$500 -times have changed.

2. WHAT ATTRACTED YOU TO HORSES? I grew up with horses, I never knew any other way of life. I loved horses and riding and I rode as much as I could and as many horses as I could all day.

3. WHAT WAS THE FIRST HORSE YOU RODE? I don't remember the first horse I rode but the first horse I owned was Niki. He was my genuine quarter horse he was 1/4 QH 1/4 TB 1/4 Arab 1/4 Morgan he was an amazing mover and I started on my dressage "bug" with him. Starting in 4-H we won the state and regional championships with a 76%.

4. HAVE YOU RIDDEN IN OTHER DISCIPLINES? I started riding dressage at 16 before that I rode in those open shows where you paid \$2 a class and rode all day. I rode my pony in hunter flat, hunter over fences classes, western classes trail and barrel racing, and of course the ride a buck class where you could pay for your whole day if you won, and don't forget the costume class we had so much fun!

5. IF YOU COULD RIDE ANY HORSE FROM YOUR PAST WHO WOULD IT BE AND WHY? There is a saying "I wish I knew then what I know now". Many

of you who have watched the dressage world for many years now will possibly remember the name Liberty and Anna Karinina both ridden and short listed for the Olympics by Tina Konyot I rode and showed Liberty and rode Anna a few times I wish I could have ridden them knowing what I know now.

6. WHERE'S THE MOST UNIQUE PLACE YOU'VE RIDDEN? I have ridden at the Biltmore estate. It was a hunter/jumper show. I often schooled the horses for the trainer for which I groomed. I groomed on the hunter circuit for 6 years.

7. WHO'S YOUR FAVORITE TRAINER? I can't say that I have a favorite trainer. I have ridden with a lot of people over the years and learned many good things as well as many things not to do. I take the approach that you can learn from everyone and anyone. I try to always think that I can learn more and learn from anyone no matter who they are or what their credentials are.

8. WHAT IS YOUR GO TO EXERCISE? My go to exercise is shoulder in / turn on the forehand - everything comes from the properly ridden shoulder in - it is a must for all my horses.

9. WHAT IS YOUR BEST/WORST MEMORY FROM SHOWING? My worst although funniest memory showing was when I was riding in a ring that was a bit down the road from the main show grounds. This particular ring was partway down a hill and at one end the rest of the hill went down sharply right behind the judge. The "runner" used a golf cart to get the tests and came flying up the hill right behind the judge as I was doing my canter lengthening in 1st level 3 and my horse saw that pop up the hill and did a 180 and took off. It took two circles to recover - the judge was kind and only gave me one error - all I could think of was - "*at least stay in the ring, at least stay in the ring.*"

Another one was at the regional championships where I was showing 2 horses and it rained the entire 3 days, shed row barns everything was soaked and never dried out - I had splatters on my helmet.

continued

PROFESSIONAL PROFILE . . . continued

My best memory from showing was in a team competition where my home bred, self trained, 15.1' hand 3/4 Arab was 3rd overall among all the big fancy warmbloods. I was very proud.

10. WHAT IS THE FUNNIEST THING THAT EVER HAPPENED WHEN YOU WERE RIDING? The funniest thing that happened when I was riding I could make quite a list haha - I was three and my pony went into the pond and laid down I came out crying my mom asked if I was ok and all I could say was my new boots got all wet!

11. WHAT'S THE BEST ADVICE YOU CAN GIVE TO A RIDER? The best advice I can give a rider is to sit level in the saddle with a quiet mind. My favorite poem a student gave me once says "keep one leg on one side one leg on the other and your mind in the middle" this is the best advice for the beginner and for the most advanced rider.

12. WHAT'S THE ONE THING YOU WOULD TELL A RIDER TO NEVER DO? The one thing I would tell a rider to never do is to ride with emotions - it never works only frustrates you and the horse.

13. WHO'S YOUR FAVORITE HORSE/RIDER COMBINATION? My favorite horse rider combination is Laura Graves on Verdades.

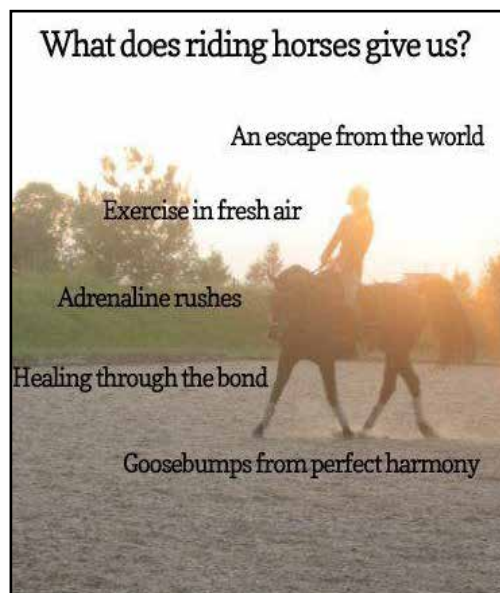
14. THE FUNNIEST OR NAUGHTIEST THING YOU'VE EVER SEEN A HORSE DO? We had a horse named "Maybe" we called him our "Houdini" he opened stall doors, let other horses out, untied knots and many other amusing things. One day my mom tied him to a post on our stocks by our tack room she turned to look at him as she went into the tack room and he was walking away, he had untied himself. She tied him again better only to have him do the same thing so she tied a square knot thinking "well now try to untie that" she looked back this time to see him walking away again the knot still tied in the rope he lifted it up over the top of the 6 ft post and walked off again.

15. WHAT IS THE HARDEST THING TO TEACH A RIDER? The hardest thing to teach a rider is to "let go" and sit quiet.

16. WHAT IS YOUR FAVORITE SHOW? My favorite shows to compete at are the shows at the HITS show grounds in Saugerties NY.

17. WHAT DO YOU LOOK FOR IN A DRESSAGE MOUNT? What I look for in a dressage horse, a balanced body with a good shoulder and hip angle, fluid movement, especially in the shoulder and back, and overall look of relaxation and softness, a soft kind eye and of course good feet!

18. AFTER BREAKING YOUR ANKLE. WHAT IS THE BIGGEST CHALLENGE YOU'VE FACED RETURNING TO RIDING? My first challenge in breaking my ankle last December was not being able to do anything for myself. I'm used to doing everything for myself and not asking for help. In returning to riding, the most difficult thing was the realization that I could not put my leg in the proper place and that trotting and cantering was excruciating, thankfully I quickly realized it wasn't so bad if I didn't use the stirrup, but I had to stick my foot out in front of me to keep it from hurting too bad. Of course later I learned this was because it wasn't healing and was still broken. The greatest challenge is that 7 months later I still cannot use my leg absolutely no kicking at all. However this has proved to be the silver lining also - while I always teach to and try to sit quiet in the saddle its so easy to start getting busy and carrying the horse but I can not with my leg so I have had to really stay quiet and let the horse do the work instead of trying to make it happen, this is when the true beauty of the fluid balance shines and the rider melds into the horse as one.



NOTEWORTHY NEWS

Centerline Show at HITS

Well done Chelsea Staal and Hermoso (right)

Congratulations team WS Dressage so, so proud of this pair **Chelsea Staal** and my boy **Hermoso** coming home with a 63% in the PSG clenching their final score to earn her USDF silver medal
They also won the Grand Prix with a 68.8%



(left) Congratulations **Wendi Schnittjer** aboard **Cloud 9** who is living up to his name coming home reserve champion in the training level **East Coast Riders Cup** and winning another class with 73.7%



2020
Great American/USDF
Regional Championships

Great American/USDF Regional Dressage Championships

- Check your scores on USDFScores.com
- Check qualifications on the Preliminary Qualified Horse/Rider List



Verne Batchelder Instructor Fund

\$2,500 Grant for
Dressage Instructors from
USDF Regions 1, 3, or 8

To assist in broadening
the instructor's base of
knowledge to then share
with their students.

Due September 10th

Application Information:
www.dressagefoundation.org





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FACE MASKS

\$15.00

GAITERS

\$20.00

shopusef.org



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phone: 516-318-5537 email: president@lidressage.com

Dale Gifford, Vice President

phone: 631-921-2629 email: vp@lidressage.com

Doreen Rose, Secretary

phone: 516-849-3400 email: info@lidressage.com

Heather Baker, Treasurer

phone: 631-827-0481 email: admin@lidressage.com

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SADDLE FOR SALE

2018 Prestige Dressage Saddle

2018 Prestige X Helen K Monoflap 17/33

\$3,600 · Huntington, NY

Perfect Condition

Black - Soft Calfskin

Monoflap - XS Flap

Tree Currently set to 33 cm

Local Trials Welcome



Contact:

Ana O'Brien
631-335-9982

ParaEquestrianAthletes@gmail.com

YOUR CONNECTION TO THE
AMERICAN
DRESSAGE COMMUNITY



United States Dressage
Federation



30,000 STRONG

www.usdf.org



Long Island Dressage Association

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Please Print:

Name:		Email:
Address:		
City/State/Zip:		
Phone:	Cell #:	D.O.B.:
USDF #:	USEF#:	
Trainer:	Referred By:	
Horse's Name & Stable:		
Signature:	Date:	Amt:

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