



THE LIDA EXTENSION

Official newsletter of the Long Island Dressage Association

January / February 2018

President's Message

Dear members,

It's 2018! Happy New Year everyone. The winter cold came early this winter. It was chilly the night of the awards dinner but that didn't keep us from celebrating the accomplishments of our members. Check out the photos in this issue. Some of our members are lucky enough to escape to the warmth of Florida. I usually try to tough it out, but this year I've moved my horse to Blue Ribbon where I can use the indoor. I have to say it is much better out of the winter weather.

The LIDA board is busy planning the schedule for the year. We are holding one **recognized show** at Old Field on **Sunday, July 29th**. Since there are now quite a few shows on Long Island, both recognized and schooling, LIDA is going to focus our energies on education. We would like to host some clinics. We have a few names in mind but if anyone has a suggestion for a clinician, feel free to contact any board member with your suggestion. Keep an eye on the calendar on our website for clinic and show dates.

Meanwhile, fingers crossed that the cold weather will end early this year. Hopefully we've had enough to kill the ticks! See you ringside!

President

Mary Mulcahy



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For USDF Participating Membership, members must apply directly to USDF.

Highlights from the 2018 LIDA Year End Awards Dinner



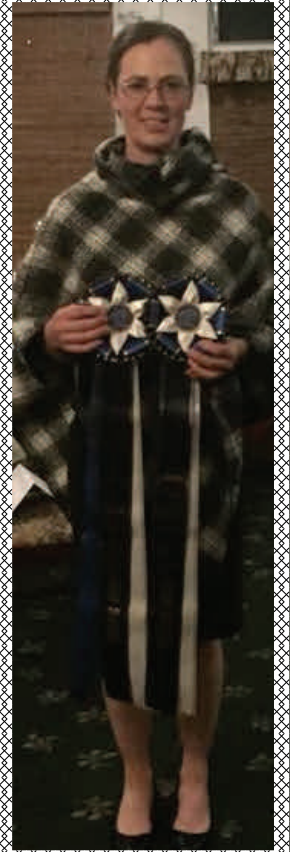
LIDA members enjoyed a lovely evening celebrating their achievements over the past year at our 2018 Year End Awards dinner held on December 10th at The Cooperidge Inn in Wading River. Beautifully decorated tables awaited our members when they arrived at the ceremony, adorned with LIDA Christmas ornaments made by our President Mary Mulcahy, fun gift bags filled with items donated by sponsors and colorful programs of the evening's agenda. Thank you

LIDA Treasurer Linda Erick for working so hard to put those together for all of us! Beautiful ribbons and commemorative dressage wooden stands were awarded to our year end winners. There were also two tables full of gift baskets for our raffle. The baskets helped raise money for our club, which will go towards holding our events in 2019. Thank you to everyone who participated in our raffle!

LIDA President Mary Mulcahy spoke at the beginning of the dinner to update all members on the latest club business. Then Lucille Sullivan reported back to members what she learned about recent USDF happenings when she attended the USDF Annual Convention in Kentucky in December. We were thrilled to welcome back Dan Osborn as our emcee once again. Thanks for another year of your witty horse humor, Dan! The evening just wouldn't be the same without it!

A big thank you once again to our Volunteers of the Year, Julie Cannova and Heather Rowson! Without the help of members like you, it would be much harder for us to run our club events. If any other members are interested in helping out at any of our events next year, please let a board member know. Who knows? You might receive a special thank you from us at next year's dinner! Until next year... ride on! We hope to see you all again at X!







CONGRATULATIONS

to the winner of our Tack Trunk Raffle

RENA BARNETT



Thank you once again to Ken Traino of "A Bay Pony" who handmade this beautiful tack trunk. Many of you had the pleasure of meeting Ken as he was a vendor at both of our recognized competitions at Old Field this past summer. Please visit Ken's website at www.abaypony.com to see more of his amazing work.

USDF Announces New Adult Amateur Musical Freestyle Awards



Lexington, KY (December 13, 2017) – The United States Dressage Federation™ (USDF) is pleased to announce the new Adequan®/USDF Adult Amateur Musical Freestyle Awards. These awards are designed to recognize adult amateur riders competing in musical freestyle, and will first be awarded in the 2018 competition year. Awards will be given at the following levels; First, Second, Third, Fourth, Intermediate I, and Grand Prix, with the champion and reserve champion winners at each level receiving a commemorative award, presented at the Adequan®/USDF Annual Convention.

USDF Executive Director Stephan Hienzsich stated, "USDF continues to look for ways to support adult amateur riders, and recognize them for their accomplishments in the competition arena. With adult amateur participation growing nationally, these new awards seemed like the perfect opportunity to provide well-earned recognition of their success."

For complete award requirements, as well as a list of all other USDF award and recognition opportunities, visit the USDF website, reference the *2018 USDF Member Guide*, or contact the USDF office at awards@usdf.org.

A black top hat with a white band sits on a white piano keyboard. A white cloth is draped over the keyboard next to the hat.

DANCING WITH YOUR HORSE

*It is a wonderful feeling
when you and your horse
"dance" together to music,
and people love watching it.*

Region 8 News



Debra Reinhardt

USDF Region 8 Director

region8dir@usdf.org

www.usdfregion8.org



The National Finals were a huge success for their fifth year! Region 8 was well represented. The BIG NEWS was that Region 8 took Reserve in the Regions Cup competition, beaten barely by Region 3. This was a competition where three riders from each region were selected from their scores at their Regionals, and their scores at the Finals were averaged to decide the Championship Region. It created a bit of cheering for the Region and made it more of a head to head competition. Again, I want to give a big THANK YOU to NEDA, WNYDA and Linda Mendenhall for donating towards the wonderful pads and hats. They were beautiful! The photo is on our Facebook page. I want to thank all the volunteers that came from Region 8 to US Finals Dressage. We cannot do it without you!

The USDF Convention was a great success in Lexington, KY. Our Region 8 meetings were very busy. Jane-Marie Law from Cayuga Dressage & CT Association presented a very good proposal about having our region sponsor year end awards for schooling shows. Jane is putting the final touches on a plan and we hope to vote on it at the spring regional meeting. It is a wonderful program and will really benefit the grass root riders in our region.

The Board of Governors meeting was very informative. The only hot topic was US Dressage Finals and if and when it should move west. The BOG voted on having the US Dressage Finals Organizing Committee report to the At-Large-Director so that information or questions regarding the finals should be available. The OC is also to look at the impact of including Jr/YR at the US Dressage Finals.

There is some important information regarding qualifying this year for Regional Championships. Starting last year you are allowed to ride more than one qualifying class per day at a show. So you can ride Training test 3 class as Qualifier and Training test of choice class as Qualifier if you ride Training Test 3 in that class. HOWEVER, only one qualifying score will count per show. This year the cost of that qualifier will be \$15 instead of \$10. This fee has not been raised since the conception of the USDF Regional Championships. Additional money will increase prize money and contribute to the travel stipend for the US Dressage Finals.

Speaking of US Dressage Finals, our region does wish to continue to give saddle pads and hats to the riders who go to the finals. This year we will not need as much as we have some left over, but we will still need \$800. So if you know anyone or any group or company that would like to help, please contact me, debra@centerlineevents.com.

I would like to announce that we welcome Sue McKeown to the Executive Board. Also, the Spring Meeting will be held April 22 at the Publick House in Sturbridge, MA at 2pm. At all the regional meetings I have made it clear that I am not going to be making the decisions of where activities are held or what activities are held or even what our region does. This is YOUR region and it is your decision. At these meetings, we will vote on issues. Delegates, both PM and GM, will carry the number of votes they carried at the convention. So it will be important for delegates to come for sure but even if you are not a delegate, it will be a huge education to learn what the region is doing. You will have a great opportunity to voice your opinion and to participate and get involved. I urge everyone to come.

Give hugs and kisses to your equine partners...and STAY WARM!

See you on the Centerline!

LIDA

BLAST

from the

PAST

This month's Long Island dressage memory is the cover of a LIDCTA newsletter from 1986 which highlighted LIDCTA High Score Year End Award winners. LIDA still acknowledges riders for this achievement. Several of our riders recently took home High Score Awards for the 2018 season! We're honored to continue this tradition.



This issue's entry was submitted by Darren Finkelman. Thank you Darren!



BUY A DRESSAGE LETTER MEMORIAL PLAQUE

Help support LIDA by purchasing a personalized memorial plaque! For a donation to LIDA of \$100.00, you can memorialize your love for a special equine partner, a special person or to just simply express your love of dressage. Each plaque may contain any message or inspirational quote that you would like to say, and upon completion, will be permanently mounted on one of the dressage letters of your choice surrounding the LIDA dressage ring. Anyone interested in purchasing a memorial dressage letter plaque, please contact our LIDA Treasurer Linda Erick at admin@lidressage.com or via Facebook.



YOUR CONNECTION TO THE
AMERICAN
DRESSAGE COMMUNITY



United States Dressage
Federation



30,000 STRONG

www.usdf.org



Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2017 LIDA membership year begins December 1, 2016 and ends November 30, 2017.

Please Print:

Name:		Email:
Address:		
City/State/Zip:		
Phone:	Cell #:	D.O.B.:
USDF #:	USEF#:	
Trainer:		
Horse's Name & Stable:		
Signature:	Date:	Amt:

ANNUAL MEMBERSHIP OPTIONS

Full Participating Membership: \$60
(Includes GMO Membership in USDF)

Schooling Show Only Membership: \$40
(LIDA Member Only/Non GMO)

Youth Participating Membership: \$40
(LIDA Member Only/Non GMO/Max. Age 21)

Non-Competing Membership: \$30
(LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards)

To be eligible for Yearly High Score Awards, the rider of the horse must be a current LIDA member prior to the first class of the show for which scores are to count.

Please review the rules!

LIDA is a non-profit association run by volunteers and is dedicated to promoting the art of dressage.

As a member, you are entitled to participate in and receive the following:

- Meetings, clinics and other club activities
- Automatically become a Group Member of the USDF
(Full Participating Membership Only)
- Year-end awards and dinner dance

ANY MEMBERSHIP QUESTIONS - PLEASE EMAIL info@lidressage.com

Submit your completed application with your check made payable to **LIDCTA** to:

LIDA Membership Committee
PO Box 507
Calverton, NY 11933



LIDA CLASSIFIEDS

Welcome to our classifieds section! If you have items you would like to list in our classifieds, please send all details, including photos, to LIDA secretary Doreen Rose at info@lidressage.com. Listings are per month and are free for LIDA members. A \$5 donation is asked of non-members.

STALLS AVAILABLE



Victamar Dressage in Manorville

Victamar Dressage has two stalls still available. One is temporary. Our boarders are going to train in Florida for the winter and will return April 1st. Our small 7 stall stable is never crowded. \$850 per month. Includes turnout, indoor arena, a large outside sand ring, feed three times a day, fantastic hay, blankets on and off. Farm is never closed. Open every day including holidays and nights. Board is negotiable. If you are willing to take in-house lessons during the winter, student's board is always discounted. Call: 516-840-9567.



LIDA BOARD MEMBERS

Mary Mulcahy, President

phone: 516-318-5537 email: president@lidressage.com

Lucille Sullivan, Vice President

phone: 631-252-3687 email: vp@lidressage.com

Linda Erick, Treasurer

phone: 631-220-6670 email: admin@lidressage.com

Doreen Rose, Secretary

phone: 516-849-3400 email: info@lidressage.com

We'd love to hear from you!

If you have information you would like to share with other members, please contact LIDA secretary Doreen Rose at least one month prior to publication.



ANKY 17 1/2 DRESSAGE SADDLE

ONLY USED 5 TIMES

GIRTH 32"

STAND INCLUDED

\$1,800.00

WILL NEGOTIATE ON PRICE

CONTACT RUTH AT

631.804.2218



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March / April 2018

President's Message

Dear members,

Spring is just around the corner and with it, show season 2018! If you haven't renewed your membership yet, now's the time. If showing is not on your agenda for this year, please consider continuing your support of your local USDF GMO by renewing as a **Supporting Member**. As a Supporting Member, you still get the newsletter and discounts on all LIDA events. Whether you renew as a Participating, Junior, Supporting or Schooling Show Member, your support ensures the continuation of quality dressage shows and educational events on Long Island.

Mark your calendars! **April 16th** is the date for our first **General Membership Meeting** of 2018. Blue Ribbon is hosting our meeting which will begin at 7:00 pm. Refreshments and nibbles will be offered. Come with your ideas and suggestions for our club. Plan on having some fun, too! Blue Ribbon is located at 361 Deep Hole Road in Calverton. I look forward to seeing you there.

I would also like to announce the **2018 LIDA MEMBERSHIP DRIVE**. We're on a mission to build up our membership. To that end, we are holding a membership drive. Any current member that brings two new Participating Members or one Supporting and one Participating Member into LIDA will receive \$10 off their membership for 2018. If you bring in two Supporting Members you get \$5 off your 2018 membership. Just ask those new members to fill out the box on their membership form that indicates which current member referred them to LIDA. We'll make sure you get your discount. So get busy everybody! Let's grow our club! The more the merrier!

Before I go, I'd like to thank Lucille Sullivan for her short but effective time as LIDA'S Vice President. Lucille is leaving Long Island for a new life in North Carolina. We wish her the best of luck at her new farm. I look forward to another great year for LIDA with your help!

President,

Mary Mulcahy

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2018 Recognized and Schooling Dressage Show Dates



- June 10th IHA Dressage Schooling Show - TBA
- June 24th Dressage at Stanhope - Debbie Rodriguez (S)
- July 1st Grey Horse Dressage Schooling Show - TBA
- July 8th IHA Dressage Schooling Show - TBA
- July 15th Dressage at Stanhope - TBA
- July 29th LIDA Summer Dressage - Sara Schmitt (S)
- August 12th IHA Dressage Schooling Show - TBA
- August 26th Dressage at Stanhope - Thomas Poulin (S)
- October 14th Grey Horse Dressage Schooling Show - TBA
- October 21st Dressage at Stanhope - Lisa Schmidt (S)

LIDA General Membership Meeting



Monday, April 16th at 7 pm

Blue Ribbon Farm in Calverton

361 Deep Hole Rd, Calverton, NY 11933





to Lucille Sullivan!

LIDA regrets to inform our membership that we have to say goodbye to our Vice President Lucille Sullivan. Lucille will be relocating to North Carolina over the next few months. The exciting news is that her new farm will be just a short distance from the Tryon International Equestrian Center and she will be lucky enough to be in her new home by the 2018 WEG! But unfortunately with Lucille's departure, LIDA will need to fill the position of Vice President of our board. If you are interested in serving, please email a board member and let them know.

Farewell, Lucille! Thank you for your service to LIDA. It has been a pleasure and a delight to work with you. We wish you the best of luck in the future and many, many more successful halts at X. Enjoy the WEG!!





LIDA is offering a scholarship of up to
\$300 for one of our **Junior or**
Adult Amateur members!

**Interested in furthering your
dressage education?**

**Want to attend a clinic with a
well-known clinician but find
yourself short on funds?**

Worry no more! We know this fun horse sport of ours can get expensive, but we don't feel you and your horse should be forced to stay at the barn!

LIDA is offering a scholarship of up to \$300 for one Junior or Adult Amateur LIDA member to use towards covering the costs associated with attending a dressage clinic of their choice.

We are currently in the process of finalizing the application and rules so keep an eye on our website for more specifics over the next few weeks. Good luck to all who apply!



UNITED
STATES
DRESSAGE
FEDERATION

2018 USDF Regional Adult Amateur Equitation Program

The USDF Regional Adult Amateur Equitation Program is designed to recognize adult amateurs competing in equitation and promote correct seat, position, and use of aids in dressage. An Adult Amateur Equitation Regional Final class will be held at each of the nine USDF Regional Dressage Championship competitions, providing adult amateurs with additional opportunity for recognition.

A. Membership and Horse Registration Requirements

1. Rider must have a USDF Participating Membership at the time the qualifying score is earned, and at the time of the Regional Final class.
2. Rider must be an adult amateur, in accordance with GR1306 of the USEF rules, and be designated with USEF as an adult amateur when the score is earned and at the time of the Regional Final class.
3. Owner must have a USDF Participating or Business Membership when the qualifying score is earned and at the time of the Regional Final class.
4. Horse must have a USDF Lifetime Horse Registration when the qualifying score is earned and at the time of the Regional Final class.

B. Eligibility

1. To be eligible for the USDF Adult Amateur Equitation Regional Final class, rider must have: A) earned a score of 70% or higher in any dressage seat equitation class within the qualifying period of the applicable regional championship or B) qualified to compete in any regional dressage championship class (excluding freestyles).
2. Any dressage seat equitation class (except walk-trot) held at a USEF-licensed/USDF-recognized dressage competition during the qualifying period may be used to qualify for that year's USDF Adult Amateur Equitation Regional Final class.
3. Qualifying periods for this program vary for each region. The period during which an adult amateur may qualify for a particular Regional Final class starts the day after the closing date of that region's 2017 championship and ends on the closing date of that region's 2018 championship.
4. A rider can elect to compete in any one of the nine USDF Adult Amateur Equitation Regional Final classes but may only compete in one USDF Adult Amateur Equitation Regional Final class per calendar year.

C. Regional Final Class Requirements

1. Current USEF Dressage Seat Equitation scoresheets must be used and all rules in the USEF Dressage Division section including USEF DR133.1 must be followed.
2. Two Federation Registered (R) or Senior (S) judges, one of who must have USEF Dressage Equitation certification, must officiate in each regional finals class using the same scribes and same class scoresheet.
3. Tied scores will be broken by requiring riders to perform an additional independent test, which will be scored by both judges together. The higher score on the additional independent test will receive the higher placing.
4. Competitors must comply with all rules pertaining to horses entered in regional championship classes, including but not limited to the rule that only the rider entered in the championship class may ride the horse.
5. Riders do not need to qualify for and compete in the Adult Amateur Equitation Regional Final class on the same horse.
6. All USEF rules apply. See USEF DR 133.1 for complete specifications of Dressage Seat Equitation.
7. Dress, saddlery, and equipment rules apply as required for First Level, except that horses also showing in dressage classes at Third Level and above, may warm up for the USDF Adult Amateur Equitation Regional Final class in a simple double bridle.
8. The rider's position, seat, use, and effect of the aids will be judged as described in USEF DR117.
9. Movements shall be performed simultaneously by all competitors, however judges may request for independent execution of certain exercises. All instructions must be publicly announced.
10. Riders must be judged at the medium walk, sitting and rising working trot, and working canter in both directions. When rising trot is requested, the rider should change the diagonal when changing directions, except during a lengthening. The correct diagonal is considered to be when the rider is sitting when the outside front foot and inside hind foot are on the ground.
11. In judging the position, seat, and use of aids, judges may include the following exercises to be ridden as a group, as required at Training and First Level: free walk, transitions from one gait to another, transitions from walk to halt and vice versa, change of direction via across the diagonal, down centerline, or half circle at the trot or walk.
12. Additional exercises from which judges may choose to request riders complete in small groups or independently include the following: transitions, leg yield, changes of lead through trot, serpentine at the trot, shallow loop serpentine with counter canter, trot and/or canter lengthening, and riding without stirrups.



Region 8 News



Debra Reinhardt

USDF Region 8 Director

region8dir@usdf.org

www.usdfregion8.org



Mother Nature has given a mixed bag of weather in the northeast. Hopefully, this means we have all been riding during the good weather and are ready for show season!

Since we are talking positively, we are thinking about the show season coming. As a show manager, I am getting everything ready and competitors, you should be, too! For those who were not in Florida showing, get your memberships, registrations and Coggins done now. Look and plan the shows you are thinking about. Set some realistic goals.

I would love to see some adult clinics in our region. USDF has a program that sets aside \$3000 per region to be used as funding toward this new program. Each clinic can receive up to \$1000 worth of funding. Contact Victoria Trout, vtrout@usdf.org, at USDF for more details.

On the Jr/YR scene, the NAJYRC will be held at Old Salem Farm, North Salem, NY, August 1-5, 2018. Region 8 teams will get the chance to host another welcome party in 2018 and 2019. As for you, Juniors and Young Riders, don't forget to declare if you are going to compete for a place on the team. If you have any questions, please contact Jen at Jen@dilloneq.com. Once you declare, she will contact you.

Nominations are still open for Participating Members to be delegates at the 2018 USDF convention. If you are interested or if you want to nominate someone, you need to contact Linda Mendenhall at HofMendenhall@verizon.net quickly. As a PM Delegate, you must attend the USDF convention next December and Linda can give you the scoop in more detail of what is expected. I would love to see some new faces!

REMEMBER another date! April 22nd will be our spring meeting at the Publick House in Sturbridge, MA. I know the agenda will have sub-committee reports on fundraising and discussions of possible off year adult clinics for the region. This is YOUR region and you will have the opportunity to voice your opinion, to participate and to get involved. I urge everyone to come.

That's all for now. Stay warm. Give hugs and kisses to all our equine friends!

See you on the Centerline!

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Long Island Dressage Association

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Please Print:

Name:		Email:
Address:		
City/State/Zip:		
Phone:	Cell #:	D.O.B.:
USDF #:	USEF#:	
Trainer:		
Horse's Name & Stable:		
Signature:	Date:	Amt:

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(Includes GMO Membership in USDF)

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(LIDA Member Only/Non GMO)

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Lucille Sullivan, Vice President

phone: 631-252-3687 email: vp@lidressage.com

Linda Erick, Treasurer

phone: 631-220-6670 email: admin@lidressage.com

Doreen Rose, Secretary

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May 2018

President's Message

Dear members,

I'd like to start this month's message with a big thank you to all those that came to our first **General Membership Meeting** of the year after having to cancel the originally scheduled one because of intensely heavy rain. Also a big thank you to Alice Peterson and Marie Banks of Blue Ribbon Farms for hosting. The meeting was very productive! Everyone had an opportunity to meet our new **VP Dale Gifford** who helped brainstorm some creative ideas for clinics for 2018. Of course the pizza was a big hit and possibly the reason for the large attendance. Quite a few topics were discussed so check out the minutes on our website for a more detailed synopsis. Just click the **NEWS** tab.

Show season has begun so if you haven't renewed your LIDA membership, now's the time. If you're only joining the USDF as a **GMO** member, then you need to renew quickly if you want your USDF number. The USDF wants us to update our rosters quarterly so there is a lag time between joining LIDA and receiving your number. This is why we suggest that you renew by January so there's plenty of time to get you into the USDF system.

May is not bringing only flowers this year. **Stanhope Stables** is presenting a clinic with one of America's most successful FEI riders, **LAURA GRAVES**. Ms. Graves is an accomplished international competitor and a USDF Gold Medalist. She's a former trainer of Knoll Farm and currently resides in Florida. **The clinic dates are May 24th and 25th.** The clinic is already full but you can audit for \$25. This is a wonderful opportunity to watch her in action. I highly recommend people go if they can. To RSVP for auditing, contact Nancy Henderson at rehend007@aol.com.

Remember, if you want to know what's going on in dressage on Long Island, check out our **Calendar of Events** at lidressage.com or our Facebook page. LIDA is here for its members but also for the dressage community as a whole. Not to overstate the obvious, but we are on an island, a very long island, which tends to isolate us from the "mainland" and from each other. Our club is the bridge to unite us into one community. If you haven't already, come join us. See you ringside!

President,

Mary Mulcahy

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June 24 th	Dressage at Stanhope – Debbie Rodriguez (S)
July 1 st	Grey Horse Dressage Schooling Show – TBA
July 8 th	IHA Dressage Schooling Show – Margaret Boyce (R)
July 15 th	Dressage at Stanhope – Axel Steiner (S)
July 29 th	LIDA Summer Dressage – Sara Schmitt (S)
August 12 th	IHA Dressage Schooling Show – Danielle Toscano (R)
August 26 th	Dressage at Stanhope – Thomas Poulin (S)
October 7	Grey Horse Dressage Schooling Show – TBA
October 21 st	Dressage at Stanhope – Lisa Schmidt (S)

Welcome Dale Gifford, our new LIDA Vice President

We are pleased to announce that we have filled the position of Vice President on the LIDA board! Dale Gifford generously stepped up to the plate and offered to fill in for the remainder of Lucille Sullivan's term. Dale is an upper level dressage rider who has been training dressage on Long Island for many years. She brings to our club extensive experience and valuable insight into the world of our sport. In Dale's own words:



“Twenty-two years ago I bought a crazy OTTB mare named Emma. That was some ride! Then came the love of my life, my big man, Kvasir, better known as Fig. Together we just touched Prix St. George before he was side-lined with an injury. Now I am thrilled to be a part of the new LIDA and I look forward to helping dressage on Long Island prosper.”

USDF Announces New Certified Instructors

Lexington, KY – The United States Dressage Federation (USDF) is pleased to announce and congratulate Reese Koffler-Stanfield, Georgetown, KY, as its newest USDF FEI Level Certified Instructor. Reese joins a handful of instructors who are certified at the highest level of the sport.

Congratulations also go out to the following instructors who were recently certified at Training – First Level: **Emma Davern, Blue Point, NY**; Alexandra Gainer, N. Canton, OH; Laura Ashley Killian, Loxahatchee, FL; Jessica Paine, Mayfield Heights, OH; Amanda Perkowski, Cream Ridge, NJ; and Hannah Walters, Snow Camp, NC.



“It is our pleasure to recognize these accomplished individuals and we are proud to have them as representatives of the USDF Instructor/Trainer Program,” stated USDF Education Department Manager Kathie Robertson.

The USDF Instructor/Trainer Program is designed to set a standard of excellence in dressage training and instruction in the United States, and to educate dressage riders, instructors, and aspiring instructors.

For more information on the USDF Instructor/Trainer Program, to view a calendar of workshop or testing dates, or to obtain details on hosting a workshop or testing session, please visit the USDF website at www.usdf.org or contact the USDF education programs department at instructorcertification@usdf.org.

Congratulations LIDA member Emma Davern!

We hope you had an amazing experience training down in Wellington this winter.

Congratulations on your certification.

You worked hard for it!

Welcome home





LIDA

MEMBERSHIP DRIVE

2018

LIDA is offering \$5 off of a member's 2018 membership fee if they welcome into our club two new supporting members, or \$10 off if they bring in one new participating and one new supporting member. Just tell your friend to put your name on the "Referred by" portion of their membership application so you get credit. Tell all your friends!

Come join the rest of the herd!





LIDA is offering a scholarship of up to
\$300 for one of our **Junior or**
Adult Amateur members!

**Interested in furthering your
dressage education?**

**Want to attend a clinic with a
well-known clinician but find
yourself short on funds?**

Worry no more! We know this fun horse sport of ours can get expensive, but we don't feel you and your horse should be forced to stay at the barn!

LIDA is offering a scholarship of up to \$300 for one Junior or Adult Amateur LIDA member to use towards covering the costs associated with attending a dressage clinic of their choice.

If you are interested in applying, we will soon be posting the scholarship form on the LIDA website. You will have to tell us the name and a little about the clinician you are interested in training with and all relevant information relating to that clinic. Good luck to all who apply!

Region 8 News



Debra Reinhardt

USDF Region 8 Director

region8dir@usdf.org

www.usdfregion8.org



Spring is here! OR NOT!!! Three major snow storms within ten days and if that was not enough seven inches on April 2nd! I do not like mud season either but it is better than snow!

Hopefully the weather has not slowed you down in getting ready for show season. Our first shows in Region 8 are open. Have you prepared yourself? Do you have a current Coggins? Are your memberships all up to date? Do I sound like a show secretary? Sorry but I know how those first shows are so be proactive and get the paperwork done.

Many of you know that Lendon offers a Winter Program on a weekend in CT. She also has a Winter Intense Program in Florida. A small group of students are given the opportunity to study, ride, and take in the Florida equestrian scene. I was asked to talk to these students who range from 14 to 21 yrs, and this year's group was really awesome. I got a bunch of great questions! It is wonderful to have this type of program.

A reminder to Nominated PM Delegates – please send in your acceptance. As a Participating Member, you are represented by delegates that you vote into that position. Last year, our region was able to pay something to each delegate who was not getting funded using the Fern Feldman PM Travel Fund. They did the hard work of holding a silent auction. These delegates have agreed to go to the convention, taking time out of their busy schedule, and vote on issues at the BOG (Board of Governors) meeting for you. Plus, if you would like to donate something to the silent auction, please contact Kate O'Connor, Nativeross@charter.net. More news to come!

Our website is becoming more and more important. We have many notices and a lot of information on the site. So please check once or twice a month. If you want to get Regional notices, please contact us on www.usdfregion8.org and give us your email address. We are also keeping our Facebook page updated with posts. So if you have not 'liked' us yet, please do!

See you on the Centerline!



The

DRESSAGE FOUNDATION

Building U.S. Dressage Through Your Generosity

FINANCIAL SUPPORT FOR ADULT AMATEURS

Adult Amateurs are the heart of the sport. Take a short break from your work and personal life and check out the opportunities that The Dressage Foundation has for amateurs of all levels.

Visit www.dressagefoundation.org for application information.

Help us continue to support your dressage community — donate today.



Photo Credit: Suzanne Fischer

Gifted Memorial Fund:

Applications Due 9/15

Up to eleven \$1,000 grants are available each year to enable the adult amateur rider to set aside time to work with their horse and a trainer of choice. These grants will give adult amateurs an opportunity for concentrated training away from home.

Spanish Riding School Heldenberg Training Center Fund:

Applications Due 6/1

The Grant is offered to non-professional dressage riders to attend one-, three-, or five-day classical dressage theory seminars at the Spanish Riding School in Austria.

Evie Tumlin Fund for Region 9 Adult Amateurs:

Applications Due 3/1

Provides financial assistance to Adult Amateur riders who currently reside in USDF Region 9, to aid in their development in dressage. Grants will be used for educational experiences that will further the applicant's knowledge of dressage and are in addition to the applicant's typical training plan.



THE DRESSAGE FOUNDATION
1314 'O' Street, Suite 305
Lincoln, NE 68508

402-434-8585
info@dressagefoundation.org
www.dressagefoundation.org

YOUR CONNECTION TO THE
AMERICAN
DRESSAGE COMMUNITY

United States Dressage
Federation

30,000 STRONG

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Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2018 LIDA membership year begins December 1, 2017 and ends November 30, 2018.

Please Print:

Name:		Email:
Address:		
City/State/Zip:		
Phone:	Cell #:	D.O.B.:
USDF #:	USEF#:	
Trainer:	Referred By:	
Horse's Name & Stable:		
Signature:	Date:	Amt:

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(Includes GMO Membership in USDF)

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(LIDA Member Only/Non GMO)

Youth Participating Membership: \$40
(LIDA Member Only/Non GMO/Max. Age 21)

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(LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards)

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Please review the rules!

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LIDA Membership Committee
PO Box 507
Calverton, NY 11933



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BUY A DRESSAGE LETTER MEMORIAL PLAQUE



Help support LIDA by purchasing a personalized memorial plaque! For a donation to LIDA of \$100.00, you can memorialize your love for a special equine partner, a special person or to just simply express your love of dressage. Each plaque may contain any message or inspirational quote that you would like to say, and upon completion, will be permanently mounted on one of the dressage letters of your choice surrounding the LIDA dressage ring. Anyone interested in purchasing a memorial dressage letter plaque, please contact our LIDA Treasurer Linda Erick at admin@lidressage.com or via Facebook.



LIDA BOARD MEMBERS

Mary Mulcahy, President

phone: 516-318-5537 email: president@lidressage.com

Dale Gifford, Vice President

phone: 631-921-2629 email: vp@lidressage.com

Linda Erick, Treasurer

phone: 631-220-6670 email: admin@lidressage.com

Doreen Rose, Secretary

phone: 516-849-3400 email: info@lidressage.com

We'd love to hear from you!

If you have information you would like to share with other members, please contact LIDA secretary Doreen Rose at least one month prior to publication.



ANKY 17 1/2 DRESSAGE SADDLE

**ONLY USED 5 TIMES
GIRTH 32"**

STAND INCLUDED

\$1,800.00

**WILL NEGOTIATE ON PRICE
CONTACT RUTH AT
631.804.2218**



THE LIDA EXTENSION

Official newsletter of the Long Island Dressage Association

June / July 2018

President's Message

Dear members,

IT'S HEEEEERE! Show season is upon us! LIDA'S SUMMER CLASSIC is July 29th at beautiful Old Field Farm in Setauket. Entries open June 23rd. The judge is Sara Schmitt. The prize list is available on lidressage.com or on our show manager's website www.dressageexperiencesms.com. This is the only recognized show we'll be hosting this year.

If you're interested in advertising in the Show Program, please go to lidressage.com and click on **Sponsorship** for forms and rates. The format should be a PDF. Another way you can support the LIDA shows is by sponsoring a class or ribbon. That information can also be found on the Sponsorship page. We still have all the ads that were included in our 2017 program, so unless you want to change it, we can use your previous ad. Just let us know your preference. All artwork should be sent to me at president@lidressage.com. Send your form with payment to LIDA at PO Box 507, Calverton, NY 11933.

We look forward to seeing everyone! Remember LIDA is your go to place for all things dressage! Make sure to check our Calendar of Events on our website or our Facebook page for the dates of shows and events on Long Island.

See you ringside!

President,

Mary Mulcahy

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2018 Recognized and Schooling Dressage Show Dates



- June 10th IHA Dressage Schooling Show – Jerilyn Nieder (r)
- June 24th Dressage at Stanhope – Debbie Rodriguez (S)
- July 1st Grey Horse Dressage Schooling Show – TBA
- July 8th IHA Dressage Schooling Show – Margaret Boyce (R)
- July 15th Dressage at Stanhope – Axel Steiner (S)
- July 29th LIDA Summer Dressage – Sara Schmitt (S)
- August 12th IHA Dressage Schooling Show – Danielle Toscano (R)
- August 26th Dressage at Stanhope – Thomas Poulin (S)
- October 7 Grey Horse Dressage Schooling Show – TBA
- October 21st Dressage at Stanhope – Lisa Schmidt (S)

Vote now for your USDF PM Delegates!



It's that time once again!

Voting is now open for the Participating Member (PM) Delegates you would like to represent your region! Go to www.usdf.org and login to place your vote or click on the "Vote" icon. If you would like to request a paper ballot be sent to you in the mail, e-mail or call the USDF office directly. Voting ends June 30th.

Prize List now open for the 2018 LIDA Summer Classic!

Judge: Sara Schmitt

Date: Sunday, July 29th

Location: Old Field Farm, Setauket



If you are interested in advertising in our show program, please let us know! We still have the artwork from those of you who advertised last year. We can use that same artwork or you can supply us with something else.

All artwork should be sent directly to LIDA President Mary Mulcahy at president@lidressage.com. Send your form with payment to LIDA at PO Box 507, Calverton, NY 11933. PDF format preferred.

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Help support LIDA by purchasing a personalized memorial plaque! For a donation to LIDA of \$100.00, you can memorialize your love for a special equine partner, a special person or to just simply express your love of dressage. Each plaque may contain any message or inspirational quote that you would like to say, and upon completion, will be permanently mounted on one of the dressage letters of your choice surrounding the LIDA dressage ring. Anyone interested in purchasing a memorial dressage letter plaque, please contact our LIDA Treasurer Linda Erick at admin@lidressage.com or via Facebook.





LIDA

MEMBERSHIP DRIVE

2018

Be sure to join LIDA in order for your 2018 scores to count towards Year End Awards. Also, don't forget that this year LIDA is offering \$5 off of a member's 2018 membership fee if they welcome into our club two new supporting members, or \$10 off if they bring in one new participating and one new supporting member. Just tell your friend to put your name on the "Referred by" portion of their membership application so you get credit. Tell all your friends!





STEPHEN HAYES

A UNIQUE OPPORTUNITY

FEI British Dressage rider and trainer now available on Long Island.

Stephen Hayes has competed through to FEI level and has trained with some of the worlds leading European Olympic riders and judges including Olympian Beatrice Ferrer Salat. He holds regular clinics in the US, Europe, Australia, Malaysia and Singapore. His most recent clinic was at one of the countries largest equestrian events of the year, the Equine Affaire in Ohio.

His particular areas of expertise are coaching professionals and he is now becoming more involved and popular with adult amateurs across the world. Stephen Hayes has also partnered with Perfect Harmony making regular trips back to Europe to view a range of quality dressage horses to bring back to the US. Be sure to contact him directly to assist you in finding you your ideal horse.

561 517 6618 / 917 685 5181 - StephenHayesDressage.com



IMPORTANT ANNOUNCEMENT

Coming Soon!



Did you hear?
In The News. . .

**LIDA is offering a scholarship of up to
\$300 for one of our Junior or
Adult Amateur members!**

**Interested in furthering your
dressage education?**

**Want to attend a clinic with a
well-known clinician but find
yourself short on funds?**

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Region 8 News



Debra Reinhardt

USDF Region 8 Director

region8dir@usdf.org

www.usdfregion8.org



Lots of updates for Region 8!

Our show season is well under way! A lot is going on in the region besides shows. There is a variety of judge's programs, certified instructor's workshops and clinics. The USDF JrYR Clinic with Charlotte Bredahl held May 12 & 13 was a huge success! Thank you to Jen Dillon for making sure it happened and Liz Caron for giving us her lovely facility. The opportunities in Region 8 are totally endless. Remember if you do not want to be a participant, these programs offer auditing which is huge benefit. You can see how judges score, what they are looking for and learn the instructor's education process to get certified. I sure hope you are watching the calendars and taking advantage of these opportunities in your back yard.

As a reminder, (and where I may sound like a broken record) the US Dressage Finals is for each Regional Open and Adult Amateur Champion and Reserve Champion to compete head to head with the other regional champions. There's also the wild card option for someone to go to finals if they receive a wild card score at the regional championships. **IMPORTANT NOTE:** Please remember you will have to declare that you are willing to go to the finals if invited. This declaration must be done before the first day of our Regional Championships.

On June 1st Participating members received an email from USDF to say that the voting for the PM delegates that will be attending the USDF Convention in December has begun and will be concluded on June 30th. In the last few years, Region 8 has had the lowest PM Delegate voting turnout among the regions. So PLEASE find that email, go to the USDF website or use this link: <http://www.usdf.org/about/about-usdf/governance/vote/index.asp>. Then login in to your USDF account and VOTE. This is very important!!!!!!

Attention GMOs: Newsletter, website, photography, and volunteer of the year nominations close August 30th. So before your summer gets under way, please submit them! It is a great way to get recognition for your GMO, an outstanding volunteer and for Region 8! Here is the link with all the information: <https://www.usdf.org/awards/service/gmo.asp>.

We will hold our next regional meeting on October 21, 2018, at 1 pm at the Publick House in Sturbridge, MA. We do like meeting face to face and I hope you can spare the time to make it. However, we have been given the opportunity to use the NEDA conference hub and number for those of you too far away to attend so that you can call in. So no excuses! But you will miss the great food at Publick House and the great company. This is it for now!

See you on the Centerline!



We need volunteers for our 2018 LIDA Summer Classic!

If you can scribe, please let us know! We also need runners and help setting up the dressage ring. If you are interested, please contact a LIDA board member.

See you at the show!



YOUR CONNECTION TO THE
AMERICAN
DRESSAGE COMMUNITY

United States Dressage
Federation

30,000 STRONG

www.usdf.org





Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

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Please Print:

Name:		Email:
Address:		
City/State/Zip:		
Phone:	Cell #:	D.O.B.:
USDF #:	USEF#:	
Trainer:	Referred By:	
Horse's Name & Stable:		
Signature:	Date:	Amt:

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Brennan's (Boot and Batchelor) Masters Dressage Saddle

Excellent condition and very well-cared for. Has surge on panels underneath and wool flocking. Will include Prestige stirrup leathers, Herm Sprenger Stirrups, and beautiful 32" Hennig Girth. Tree size is wide. Saddle was made and flocked regularly by Brennan's / Boot and Batchelor in Bridgehampton and they regularly travel to reflock their saddles all over the island. Retails new for \$5500+. Asking \$2800. Please call 631-521-0884 or email ars.ridetolive@gmail.com.



LIDA BOARD MEMBERS

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phone: 516-318-5537 email: president@lidressage.com

Dale Gifford, Vice President

phone: 631-921-2629 email: vp@lidressage.com

Linda Erick, Treasurer

phone: 631-220-6670 email: admin@lidressage.com

Doreen Rose, Secretary

phone: 516-849-3400 email: info@lidressage.com

We'd love to hear from you!

If you have information you would like to share with other members, please contact LIDA secretary Doreen Rose at least one month prior to publication.



ANKY 17 1/2 DRESSAGE SADDLE

ONLY USED 5 TIMES
GIRTH 32"
STAND INCLUDED
\$1,800.00
WILL NEGOTIATE ON PRICE
CONTACT RUTH AT
631.804.2218



THE LIDA EXTENSION

Official newsletter of the Long Island Dressage Association

August 2018

President's Message

Dear members,

We're in the dog days of summer now! Years ago a man who grows palm trees here on Long Island told me that we live in a tropical zone. I was slightly skeptical but this summer certainly substantiates that claim!

In this issue of The LIDA Extension are some tips on how to keep our horses comfortable in this heat and humidity. There are also tips on staying cool when riding. My biggest tip is ride early!

Those of you who rode in the LIDA Classic at the end of July may have noticed an announcement on the back cover of the show program. For those of you not in the know, LOL, on November 3rd and 4th LIDA will be hosting a clinic at Liz Schaffner's Norwest Farm with JJ TATE. JJ had been on the island before many years ago and LIDA is pleased to welcome her back. Details will be announced shortly so keep an eye on your email.



The World Equestrian Games are around the corner. Tickets for the dressage portion of the games are on sale now. The games are taking place at the beautiful Tryon Equestrian Center in North Carolina. I plan on being there. I hope to see some LIDA members there, too. I went to the WEG in 2010 in Kentucky and I had a wonderful time. The

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highlight of those games for me was Fuego's musical freestyle. What a performance! Team USA has been competing in Europe preparing for the games. We have a very strong team this year, once again anchored by top rider Steffen Peters. I'm looking forward to cheering them on. GO TEAM USA!

If you live under a rock you may not be aware of the special guest for the NEDA FALL SYMPOSIUM, **CHARLOTTE DUJARDIN**. I'm not even sure if there are tickets left for the event but there is a waiting list. If you want to go I suggest you go on the NEDA website fast!

We are launching a new column in The LIDA Extension this month highlighting LIDA members and their achievements. This month we include an interview with Alexandria Economou, a para rider from Blue Ribbon Farms.

Before I go, I want to say thank you to those that helped out at the LIDA Dressage Classic, a small but mighty group! First and foremost is the crew from Dressage Experience, Ellen Brindle-Clark, her daughter Jessica and assistant Julia Reed. Ladies, you do a fabulous job and you're a big reason why our shows run so smoothly. Also, a big thank you to our volunteers Heather Baker and our fabulous "drag" queen Marie Banks and her trusty assistant Macy. If you're interested in volunteering for LIDA, we can always use a hand. Just contact any board member.

See you
ringside!

President,

Mary Mulcahy



U.S. DRESSAGE TEAM
FEI WORLD EQUESTRIAN GAMES™ TRYON 2018

			
LAURA GRAVES VERDADES	ADRIENNE LYLE SALVINO	KASEY PERRY GLASS GOERKLINTGAARDS DUBLET	STEFFEN PETERS ROSAMUNDE

Highlights from

LIDA's Dressage Summer Classic

July 29th, 2018



A special thank
you once again
to Marie Banks
for dragging
our ring!



OVERHEARD IN THE TACK ROOM



A big congratulations goes out to LIDA member **Lizbeth Marano** for earning her USDF Bronze Medal! Lizbeth earned her medal while riding both of her horses, Vistoso and Concerto. We wish you guys best of luck at the Region 8 Championships later this season. Congratulations on this major accomplishment!



Another huge congratulations goes out to LIDA Member Megan Zureck for earning her USDF Gold Freestyle bar, yet another amazing accomplishment for Megan and her dance partner Sam. We knew you two could do it!

Have you overheard something special that one of our members has done? If so, let us know! We'd love to share it with everyone. Just drop an email to LIDA Secretary Doreen Rose at info@lidressage.com.



An interview with Long Island para dressage rider Alexandria Economou



Alexandria riding Harley at the July 29th LIDA Dressage Classic at Old Field Farm

“This has been my first venture outside of therapeutic riding and I just never know how I will be perceived or received in a new situation. LIDA and all of the competitors have been nothing less than welcoming and supportive and I am so grateful to be able to participate in your incredible sport and to be shown that there is a place for me.”

- Alexandria Economou

Several of you may have seen Alexandria ride at our LIDA Dressage Classic. She shared with us her story, described the path that led her to dressage and told us what it's like to compete as a para rider. Read on!

LIDA: Tell us about your riding background.

Alexandria: I was born with serious medical issues and spent much of my childhood in the hospital or in recovery. I had a kidney transplant, orthopedic surgeries and used a wheelchair, not much fun for a kid. When I was eight, I started therapeutic riding and the first time I was on a horse, I screamed and cried in absolute terror. Many years later I realized it had also been the first time I was moving, really moving my body, something you just don't do in a wheelchair.



I rode with Pal-O-Mine, HorseAbility and the LIHSSRD show series with finals at the Hampton Classic. I had won Grand Champion and Reserve Champion in the leadline division at very meaningful times in my life. It was clear that riding was life changing, it became my measure of how well I was doing and what I could do even when it seemed impossible. I'm sure that riding gave me the inner strength to face many challenges. When I won Grand Champion again I knew it was time for some soul searching, I needed to challenge myself. Equitation had become a dead end because I would never jump and I was ready for dressage. An expert

recommended Blue Ribbon Farm in Calverton. Marie Banks had a lot of work to do with me, beginning with teaching me to post, helping me to find strength, coordination and endurance. I have only been able to walk for about eight years so this was very, very challenging. We have a good working relationship with realistic expectations. We learn from each other. We find ways to work around my weaknesses and we both keep going.

LIDA: Tell us about the horse you competed with at the LIDA show.

Alexandria: I have ridden therapeutic horses, trail horses, jumpers and a barrel racer! They all had their quirks and there always had to be compromise. Harley is a calm, mature Morgan Cross dressage lesson horse that is far more skilled than I am and a patient teacher. His training allows me to fully concentrate on my skills. He is the first horse I have known with one owner and I see a real difference in personality. I need minimal input at the trot and prefer small horses so he is a perfect partner.

LIDA: Why did you become interested in dressage?

Alexandria: Dressage has always intrigued me because it seemed that there was very little movement, something you are really good at in a wheelchair! Of course it's incredibly hard mental and physical work and you realize this the minute you give it a try. I liked that there was less bend in the knee and that my naturally good seat would be helpful. I wanted to be challenged and now I sure was!

LIDA: What made you decide to show as a para rider?

Alexandria: I am a person with disabilities so showing as a para rider is the only way. I am in the process of being classified with considerations for my legal blindness and orthopedic status. Why does any rider show? For me it is my strongest self competing against my disabilities. I like the clearly defined goals, the discipline, focus and those little rituals that go into all of the preparation for show day.

LIDA: How did you do at the Old Field show?

Alexandria: I didn't know if I could manage the ring until I entered it. Talk about pressure! I scored a 58.125 with comments that we expected, needing to strengthen my posting, work on accuracy and keep Harley moving. The positive comment was that we are a "capable pair" and that motivates me to keep working. I won an easy blue ribbon as the only Intro Test A rider!

LIDA: What are your future goals in dressage?

Alexandria: Marie and I understand life's unexpected surprises and take a day by day approach. She builds my endurance, adds skills, refines and knows when I'm ready. We work hard and hope to continue showing and moving forward.



Congratulations Alexandria!
You definitely earned your blue ribbon!

Best of luck to you in all your future riding endeavors. We hope to see you again at next year's LIDA show!

Celebrating 20 years... thank you to our Committee members Alice Petersen and Marie Banks!

From Lendon Gray and Dressage4Kids

Alice Petersen has been a Committee member since 2002. After bringing some of her students to the Youth Dressage Festival in 2000, Alice heard that Lendon held weekly clinics and started bringing her students. Lendon invited her and her sister to come to meetings and help with the show and D4K. As a Committee member, Alice helps plan and run D4K events and runs the schooling show on Friday at the Youth Dressage Festival. An FEI rider and trainer who runs her own farm, Alice believes in the importance of educating young riders and helping to form good riders who also know about horse care. Working with D4K has helped Alice learn so much. “I have learned about riding, training, teaching. I have learned about diplomacy, tolerance, and how good it feels to help people. I am still involved because I still believe it’s an important program. I am amazed at what the other members of the Committee accomplish. I am amazed at the generosity of supporters. I am amazed at the dedication of many of the riders that D4K helps.”

Riding since the age of two, Alice has ridden hunter/jumpers and fox hunted. Her full-time obsession is now dressage. A piece of advice she would pass on: “You’re always one half halt away from perfection. This means use your half halts to help improve the horse’s movement in everything. Everything!”



Marie Banks got involved with D4K when she brought students to the Youth Dressage Festival when it was still held at Ox Ridge! She thought it was the greatest show she'd ever been to. When she and her sister started bringing their students to the Youth Dressage Festival and youth clinics that Lendon was having at her farm, they knew they wanted to be a part of this fantastic organization. When they were asked if they wanted to help and join the Committee, of course, they said yes. They were so motivated by the refreshing sense of community, education and team work being promoted to young riders. At the Youth Dressage Festival Marie and her sister, Alice Petersen, work the schooling show, oversee ring stewards, run the in-hand classes, organize the parade of teams and help hand out the team awards.

Because of her experience at horse shows and as a trainer, Marie knows how important it is to have everything run on time and on schedule. Marie says, "I am still a



part of this organization because I am so proud to be a small part of such an amazing team that does so much of what I think is very important. I also feel an obligation to give back to the horse community that has given to me and feel that it is imperative to set an example to young riders to participate within the horse community, help others, create a learning environment and to encourage each other because we all need that."

Marie is a lifelong rider and has ridden hunter/jumpers, eventing, fox hunting, polo, dressage, and Western dressage, but dressage is her main focus and passion. She owns and runs a farm on Long Island with her sister, Alice Petersen, where they both ride, teach, train and compete. Her advice is: "If you always ride or ask the same way, you will keep getting the same result. If you are not happy with what you are getting, you have to change what you are doing."

**Alice and Marie, LIDA salutes you for all
your service and hard work and for helping shape
our dressage stars of the future!**



TIPS *from* the TACK ROOM

Sometimes the best horse care tips come from a friend while chatting in the tack room. So LIDA is happy to announce our own Tips From The Tack Room. Members will be asked to share their favorite care suggestions. We want to do a seasonal approach, starting with this incredible wave of heat and humidity.

Moisture can wreak havoc on a horse's skin, coat and feet. There is a fine balance to the endless rounds of fly spray, shampooing and hosing. Each horse can react differently to fly spray. Some of the more oily sprays can clog pores, attract dust and actually accelerate the chances of sunburn. Others, if applied too often, can cause "scurf", a sloughing off of the skin. You must experiment and find the product that works best for your horse. However, no matter which spray you use, VP Dale Gifford finds a vinegar rinse after hosing very useful to remove oils and mildly disinfect. Constant hosing will weaken hooves. Try applying a hoof treatment such as RainMaker before you wash to act as a barrier to the water.

A brand new member to LIDA and Training Level Champion at our recent Dressage Classic, Kristen Rehm, fights "Sweet Itch" on one of her horses. It occurs every summer, scabs and all. She uses Equiderma at the first sign of itching and alternates with Belly Balm after a case has presented. This helps to alleviate the itching and puts a protective layer between bugs and skin. She also uses this instead of Swat on boobos and bug bites.

Finally, our president Mary Mulcahy focuses on the human. She says to stay hydrated. Drink lots of water. Clothing can really make a difference. The new Icefil technology really helps her stay cool while riding and working around the barn. The material wicks away moisture and dries quickly. She prefers it over cotton. In this humidity, she finds using a non talcum based powder helps to mitigate heat rash that may occur in more sensitive areas. Another new technology is thermo-regulating cooling towels. Soak in cold water for 2 -3 minutes, wring out and put around your neck for hours of relief.

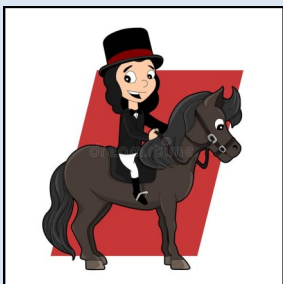
We hope these hints do indeed help! Fall is right around the corner. If you have any ideas or suggestions for horse care for the fall that you would like to share, please email them to LIDA to be included in future Tips From The Tackroom.



Dressage at Devon Announces New Breed Classes for Ponies

Devon, PA (July 10, 2018) – Melanie Sloyer, chair of the Dressage at Devon Breed Division, announced that new classes for ponies will be introduced at the 2018 show. “These classes will ‘mirror’ the breed division in-hand classes. While ponies were included, we felt that classes specifically for ponies would open the field. Classes will include the Colt, Filly, Foal, Mare, Stallion Championships – based on qualifier classes – just as we have held for the horses,” said Sloyer. To view the complete prize list, visit www.dressageatdevon.org/index.php/competitors/prize-list.

“Plus, as a result of our partnership with the National Dressage Pony Cup, points earned at Dressage at Devon will count towards year end awards, ” added Sloyer. Judges include Christel Carlson, Janet Foy, Gwen Ka'awaloa, and Janine Malone. “More and more people are riding ponies in the dressage ring and we can't wait to provide the opportunity for them to participate in the Breed divisions as well,” said Robbie Kankus, Chair of the Board of Dressage at Devon and the owner of a Dales Pony who will be in the Dixon for the new classes.



To enter, or for more information, visit <https://www.dressageatdevon.org/pdf/DADPrizeList.pdf> or contact Melanie Sloyer, Chairman of the Breed Show. The 2018 Show will take place September 25-30. For more information, visit www.dressageatdevon.org.

About Dressage at Devon

Dressage at Devon has been a premier North American Equestrian event since its founding in 1975. It combines world-class dressage competition and the world's largest open breed show with the international Fall Festival show and special activities for the entire family. The six-day event attracts hundreds of riders from around the world and thousands of spectators. Dressage at Devon is a 501(c)(3) PA non-profit organization, benefiting equine education.

BUY A DRESSAGE LETTER MEMORIAL PLAQUE

Help support LIDA by purchasing a personalized memorial plaque! For a donation to LIDA of \$100.00, you can memorialize your love for a special equine partner, a special person or to just simply express your love of dressage. Each plaque may contain any message or inspirational quote that you would like to say, and upon completion, will be permanently mounted on one of the dressage letters of your choice surrounding the LIDA dressage ring. Anyone interested in purchasing a memorial dressage letter plaque, please contact our LIDA Treasurer Linda Erick at admin@lidressage.com or via Facebook.





STEPHEN HAYES

A UNIQUE OPPORTUNITY

FEI British Dressage rider and trainer now available on Long Island.

Stephen Hayes has competed through to FEI level and has trained with some of the worlds leading European Olympic riders and judges including Olympian Beatrice Ferrer Salat. He holds regular clinics in the US, Europe, Australia, Malaysia and Singapore. His most recent clinic was at one of the countries largest equestrian events of the year, the Equine Affaire in Ohio.

His particular areas of expertise are coaching professionals and he is now becoming more involved and popular with adult amateurs across the world. Stephen Hayes has also partnered with Perfect Harmony making regular trips back to Europe to view a range of quality dressage horses to bring back to the US. Be sure to contact him directly to assist you in finding you your ideal horse.

561 517 6618 / 917 685 5181 - StephenHayesDressage.com

**Long Island Dressage Association
Presents**

JJ TATE



November 3 & 4

**Norwest Farm
Aquebogue NY**

Region 8 News



Debra Reinhardt

USDF Region 8 Director

region8dir@usdf.org

www.usdfregion8.org



This year Region 8 sent two full teams to the NAYC which was held at Old Salem Farm in Old Salem, New York, and they did well. It is a young team and many first timers went to this event. Meagan Davis, Chef d' Equipe for the Junior Team, and Liz Caron, Chef d' Equipe for the Young Rider Team, did the most amazing job. A simple thank you is not enough.

Remember that qualifying for Regional Championships ends on August 27, 2018. There are many shows you can still get those two scores from. Also, don't forget to get your entry into the NEDA Fall Festival. I will remind you again that the US Dressage Finals is for the Open and Adult Amateur Champion and Reserve Champion from the Regional Championships, and also to riders who reach a certain score (information on the USDF website). These riders will be invited to Lexington, KY to compete head to head with the other regional champions. I am hoping for a big showing from Region 8 again. **IMPORTANT NOTE!** Please remember you will have to declare that you are willing to go to the 'finals' if invited. This declaration must be done by the day before our Regional Championships. The USDF website will have more information.

I would like to welcome the newly elected USDF PM Delegates. They are Cynthia Wylie, Regina Cristo, Kathy Hickerson, Stan Horton, Sophia Chavonelle, Jane-Marie Law, Darian Quinn, Daniela Valentgas, Fie Anderson, Diane Holston, and Linda Mendenhall. Some are returning delegates and others are new. I look forward to working with you this next year as it will be a big one for Region 8! I also want to thank those who decided to step down for all the work you have done for Region 8.

Remember, we will hold our next regional meeting on October 21, 2018, at 1pm, at the Publick House in Sturbridge, MA. We do like meeting face to face and I hope you can spare the time to make it. However, we have been given the opportunity to use the NEDA conference hub and number for those of you too far away so that you can call in. So no excuses! But you will miss the great food at Publick House and the great company!

See you on the Centerline!

YOUR CONNECTION TO THE
AMERICAN
DRESSAGE COMMUNITY



United States Dressage
Federation



30,000 STRONG

www.usdf.org



Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2018 LIDA membership year begins December 1, 2017 and ends November 30, 2018.

Please Print:

Name:		Email:
Address:		
City/State/Zip:		
Phone:	Cell #:	D.O.B.:
USDF #:	USEF#:	
Trainer:	Referred By:	
Horse's Name & Stable:		
Signature:	Date:	Amt:

ANNUAL MEMBERSHIP OPTIONS

Full Participating Membership: \$60
(Includes GMO Membership in USDF)

Schooling Show Only Membership: \$40
(LIDA Member Only/Non GMO)

Youth Participating Membership: \$40
(LIDA Member Only/Non GMO/Max. Age 21)

Non-Competing Membership: \$30
(LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards)

To be eligible for Yearly High Score Awards, the rider of the horse must be a current LIDA member prior to the first class of the show for which scores are to count.

Please review the rules!

LIDA is a non-profit association run by volunteers and is dedicated to promoting the art of dressage.

As a member, you are entitled to participate in and receive the following:

- **Meetings, clinics and other club activities**
- **Automatically become a Group Member of the USDF**
(Full Participating Membership Only)
- **Year-end awards and dinner dance**

ANY MEMBERSHIP QUESTIONS - PLEASE EMAIL info@lidressage.com

Submit your completed application with your check **made payable to LIDA to:**

LIDA Membership Committee
PO Box 507
Calverton, NY 11933

LIDA CLASSIFIEDS



Welcome to our classifieds section! If you have items you would like to list in our classifieds, please send all details, including photos, to LIDA secretary Doreen Rose at info@lidressage.com. Listings are per month and are free for LIDA members. A \$5 donation is asked of non-members.

Brennan's (Boot and Batchelor) Masters Dressage Saddle

Excellent condition and very well-cared for. Has surge on panels underneath and wool flocking. Will include Prestige stirrup leathers, Herm Sprenger Stirrups, and beautiful 32" Hennig Girth. Tree size is wide. Saddle was made and flocked regularly by Brennan's / Boot and Batchelor in Bridgehampton and they regularly travel to reflock their saddles all over the island. Retails new for \$5500+. Asking \$2800. Please call 631-521-0884 or email ars.ridetolive@gmail.com.



LIDA BOARD MEMBERS

Mary Mulcahy, President

phone: 516-318-5537 email: president@lidressage.com

Dale Gifford, Vice President

phone: 631-921-2629 email: vp@lidressage.com

Linda Erick, Treasurer

phone: 631-220-6670 email: admin@lidressage.com

Doreen Rose, Secretary

phone: 516-849-3400 email: info@lidressage.com

We'd love to hear from you!

If you have information you would like to share with other members, please contact LIDA secretary Doreen Rose at least one month prior to publication.



ANKY 17 1/2 DRESSAGE SADDLE

ONLY USED 5 TIMES

GIRTH 32"

STAND INCLUDED

\$1,800.00

WILL NEGOTIATE ON PRICE
CONTACT RUTH AT
631.804.2218



THE LIDA EXTENSION

Official newsletter of the Long Island Dressage Association

September 2018

President's Message

Dear members,

It's the middle of September and we're bracing for a hurricane! Florence is coming to the World Equestrian Games in Tryon, North Carolina. It looks like we're getting some rain and wind, a typical Long Island day. Thankfully the WEG is not in the direct path of Florence.

The dressage qualifier finished today (Thursday) with Germany winning the Gold, USA Silver and Great Britain Bronze. The competition was close. Just a few percentage points separated USA and Great Britain. Isabelle Werth gave Germany a bit of a cushion which they were able to maintain. It was an exciting two days! Tomorrow is the Grand Prix Special. It's going to be 91° and humid. A tough day for horses, riders and spectators! In fact the Endurance competition was cancelled because of the humidity. The horses were overheating.

Back at home, LIDA is preparing for our Schooling Show on September 30th at Norwest Farm in Aquebogue. The prize list is available on the LIDA website and Dressageexperiencesms.com. Please do not mail your entries to LIDA. They should be sent to the show manager Ellen Brindle-Clark. You'll notice we have added a new class. It's something I've been wanting to do for many years. We're starting at Training level, but if there's a good response we'll include other levels next year. It's called the Training Level Challenge. The day of the show a test will be posted that includes elements from training level but it is not a standard test. Riders may have a reader. No one will know what the test is until it is posted. Much like a jumping class, without advanced knowledge of the test, it will truly test how well the horse and rider have learned their level. I hope some of you will give it a try.

See you ringside!

President,

Mary Mulcahy

LIDA is a USDF Group Member Organization (GMO) and all members are automatically USDF Group Members (GM's).

For USDF Participating Membership, members must apply directly to USDF.

HIGHLIGHTS

from the 2018 WEG

Dressage Competition



Charlotte Dujardin and Mount St. John Freestyle



Laura Graves and Verdades





Long Island Dressage Association

Dressage Schooling Show

Sunday, September 30th, 2018

At Norwest Farms, 1046 Union Ave., Aquebogue, NY

Judge Heidi Lemack "L"



Opening Date: September 4th / Closing Date: September 24th

The prize list can be found at <http://www.lidressage.com/events>

Introducing

for the first time ever...

The LIDA Training Level Challenge

How proficient are you in riding Training Level? Do you have good memory retention? If so, then take the LIDA Training Level Challenge! LIDA has decided to add a little fun, combined with a bit of skill, to our September Dressage Schooling Show by adding “The Training Level Challenge” to our Prize List.

What is it, you ask? It will be a Training Level test made up by us (the LIDA Board) which will contain all the elements of Training Level Tests 1 through 3.

The test will be kept in a secret vault until the morning of the show (wild horses couldn't drag it out of us!), where it will be posted for the first time.

Anyone who has entered the challenge class (class #23 in our Prize List) will get to see it for the first time and will ride it in the challenge class at their designated time. Don't panic, you will be allowed a reader for the test, we aren't totally heartless!

Open to all JR, A/A and Open Riders!

**Take the
Training Level Challenge!**



OVERHEARD IN THE TACK ROOM



Congratulations to LIDA member Chelsea Staal who recently earned her USDF Bronze Medal with the help of Wendi Schnittjer's fabulous horse, Hermoso. Congratulations Chelsea! This is a HUGE accomplishment! Read on to learn more about Hermoso's special story.



Congratulations to trainer Marie Banks who recently won Champion Northeast Level 1 at the Northeast Western Dressage Championships in Hadley, Massachusetts with scores in the 70's. Marie rode Eileen Matz's Nu Soldier of Fortune. She also won the Materiale class!



Have you overheard something special that one of our members has done? If so, let us know! We'd love to share it with everyone. Just drop an email to LIDA Secretary Doreen Rose at info@lidressage.com.



Long Island dressage trainer and LIDA member Wendi Schnittjer tells us a little more about her history with Hermoso.

"I've had Hermoso since he was four years old. I've been training him and bringing him up the levels and Chelsea had started riding him with me seven years ago. She competed Hermoso at First and Second level but then, due to a divorce situation, he was taken from me for over a year and a half, at which time I learned through some bizarre circumstances that the person who had him had stopped paying board and had basically abandoned him. I contacted the people that had him at their barn and worked out an arrangement to pay the back board and was able to get him. Nine months later, Chelsea had qualified him and was competing him in the Regional Championships at First and Second level.



This year, Chelsea has competed him at Second and Third level and they are qualified for the Regional Championships at both levels!

Chelsea also earned the final scores for her USDF Bronze Medal with him this year. I'm so happy to have him back and to see Chelsea come so far with him, especially after having lost him and thinking that I would never have him back ever again."



An interview with LIDA member Kristen Rehm



A newcomer to dressage, LIDA member Kristen Rehm discusses with us her background in equitation and hunter and jumpers and what led her down a new trail with her equine partner, a Gypsy Cob named Bo!

What is your previous riding background?

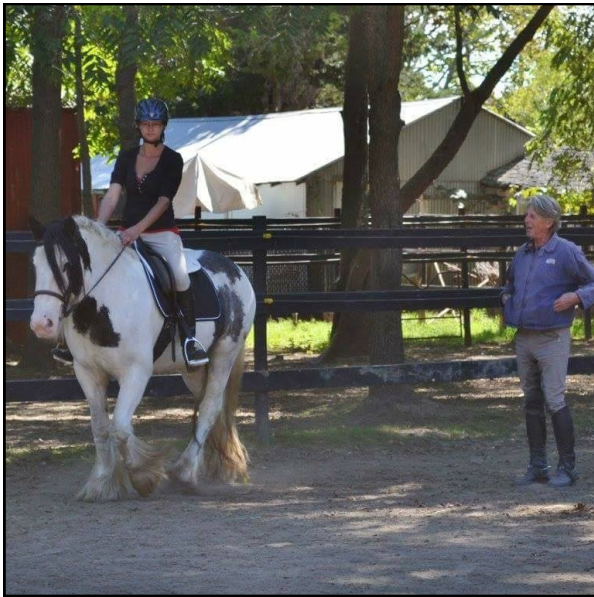
Previous to the dressage adventure that I am currently on, I was taught and showed in equitation, hunters, and jumpers. Though I had horses schooled in dressage they didn't much like it but that was okay because I found things they did like such as pacing and jumping.

What sparked your interest in dressage?

I actually accidentally found dressage. I got my current horse, Bo, as a 2 year old and he had not even been broke out prior to my ownership. I vowed to make him the kind of horse he wanted to be thinking that any horse that was good at their job really loved their job! We started with natural horsemanship and western



tack when he was first broke out but it became very clear he was a not a fan of the western saddle at all. (He would run away when he saw that saddle come out!) That was fine with me and instead I pursued the type of riding I have done for the past 20 years. We started to butt heads a bit under saddle but not out of bad behavior, more like frustration. I ran into a few obstacles that with a little determination and repetition he came around on, but bending became a major obstacle and I was at a loss. At this point, I was working for Mary Mulcahy and her trainer at the time, Ed Borresen, was giving her a lesson. We got into a conversation



**Kristen and Bo in their first dressage lesson
with Ed Borresen**

about my horses and he offered to come help me the following week after he finished with Mary. Within twenty minutes of that first lesson he was able to help me fix a problem I had been struggling with for weeks and I was hooked then and there!

What are the main differences you have noted in dressage from the previous riding you have done?

Communication! My riding became more of a dialogue between myself and my horse and that was thrilling! It was less of me telling my horse what to do and expecting him to do as I wished and became more of me asking him and then him giving me what he thought was correct and then from there it became a give and take relationship. I finally understood why dressage riders describe this discipline as a dance between horse and rider.

Tell us about your horse.

Bo (aka Bohemian Rhapsody) was the first horse I ever bought. I had rescued all my other horses over the years (3 thoroughbreds, a mini, and a quarter horse) but I became fascinated with the Gypsy Cob after working for a breeder for a few months. I loved their level headed composure and their people oriented dispositions. When I looked further into the breed, I saw how incredibly athletic and versatile they can be. My original plan was to have him be part of a therapeutic riding program but as he aged, he quickly told me he was NOT into that, so from there my dressage career began!



Kristen and Bo appeared at Equine Affaire in Massachusetts.

Have you seen positive changes in your horse and in your riding since you began riding dressage?

It's been an incredibly humbling experience to be a rider for over 20 years and then become a dead beginner again. It was very overwhelming and difficult at first but I have found it to be incredibly rewarding and exciting. I am thoroughly enjoying learning something new again and seeing where this can go!

Tell us about your experience at the LIDA Summer Classic.

Well, this was a very exciting day for me! I hadn't been to a horse show in 15+ years and never once had any of them been a dressage show. So I was nervous from the get go. This was also Bo's first official show. He had been on off-property trips including Equine Affaire in Massachusetts but nothing where we were judged. First, I want to say how amazing the location was and how incredibly supportive the staff of the show was when I had no idea where to go or what I was doing or what I was missing, as it happened to be. In the end, Bo and I came home with two blue ribbons in Training Level tests one and two and when I saw the Champion ribbon was also handed to me, I just about fell over with shock and excitement! I am pretty sure I did a little happy dance where I stood! I am beyond proud of my boy Bo. He really stepped up to the plate and represented himself and the breed well.



Who are you training with?

As we know, Ed has sadly passed away but his lessons have stuck with me to this day. Each ride I remember him telling me to stop throwing my reins away. (ie, I was loosening my contact.) But I am happy to say I have found a wonderful teacher in Stephen Hayes. Within six short weeks, he got me and Bo ready for our first horse show, really fine tuning us as a team and, for me specifically, helping me with my position, as my hunter/equitation position is so ingrained in me.

I was super excited to work with a trainer that had a higher level of experience working with Cobs as they are abundant overseas but still very new to America. Within my first lesson with Stephen, he knew right away how to change my approach to riding Bo and even said that technically what I was doing would work with thoroughbreds or warmbloods but because I was on a different type of horse with a different way of looking at things, we would need to use a different approach. For that reason alone, I was excited from the get go. His kind nature, encouraging disposition and his way of challenging us without frying either of our minds only sealed the deal for me.

What are your future riding goals and how will dressage fit in with those plans?

I am very interested in seeing how far I can take Bo in dressage. This is a very exciting endeavor for the two of us and I have no doubts that we can continue to train and work at whatever comes next. When we need a mental break, we will trail ride and blast around the cross country course at the farm, train over a few jumps, or go bareback

riding. I really have no doors to close from here on out. I am just excited to see what the future has in store for us and I'm very much hoping that means more dressage in our future together!



**Special LIDA
Fall Event
For Members!**

**psychic
night**



Have you ever wondered what your horse is really thinking?

Ever wished you could convey an important message to your pet?

Now could be your chance!

LIDA is hosting a psychic night! Join us the weekend before Halloween at Baiting Hollow Vineyard for an exciting evening with fellow members and psychic medium / animal communicator Patricia Payne. Bring a photo of your horse (or another beloved pet) and be prepared with one specific question you would like Patricia to communicate with your animal about. You can pay online at *lidressage.com* under the EVENTS tab or email LIDA President Mary Mulcahy at *president@lidressage.com*. SPACE IS LIMITED.

Wednesday, October 17th

7:00 - 10:00 pm

Baiting Hollow Vineyard

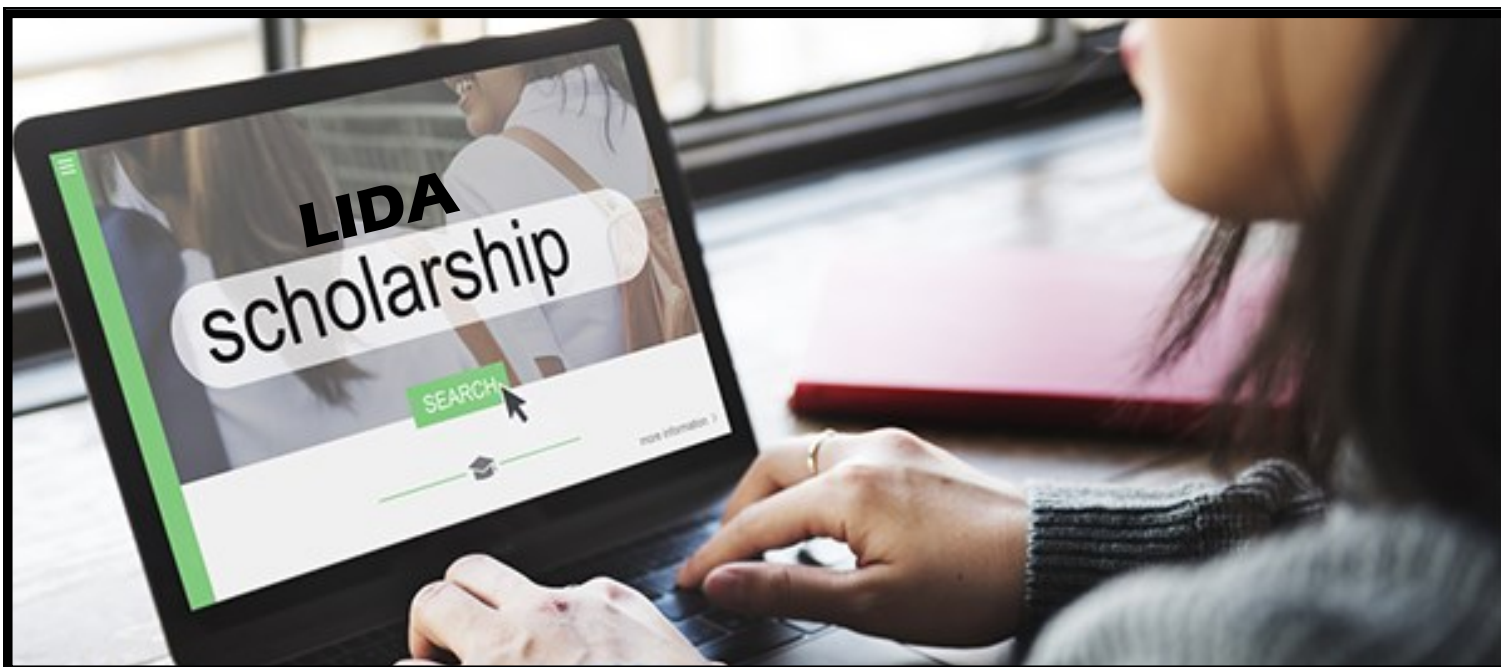
\$20 for LIDA members

\$30 for non members

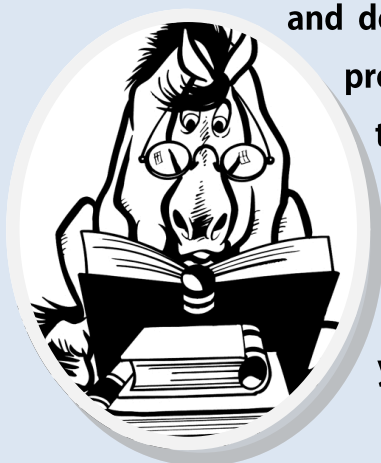


Learn more about Patty at her website:

<https://www.pattyspetservices.com/>



LIDA is offering a scholarship of \$300 to its members for the 2019 season. This scholarship is designed to help our members attend clinics and work with trainers they otherwise would not have the opportunity to train with. It is for Adult Amateurs and Junior/Young Riders. The scholarship may be used for any number of lessons, clinics etc. during the term of the scholarship. Applicants must meet the criteria indicated on the application. The recipient will be announced at our Year End Awards Dinner. Application for the LIDA Scholarship is open to all members as determined by the criteria. Applications have a firm deadline of December 1st. To apply for the scholarship, fill out the application form and submit it with the required materials and documentation. Each scholarship applicant is rated on the information provided with an emphasis on service to LIDA (volunteering, etc.) and how this experience relates to your goals and future plans. Applicants not documenting sufficient experience will be determined ineligible for the current year. LIDA scholarships cannot be used for professional training of your horse or to supplement show fees for a professional rider to ride your horse or extraneous expenses such as trailering, gas, food, tack, etc.



NOTE: There is still time to complete volunteer hours for LIDA if you have not done so already. We need help at this year's awards dinner so please contact a board member to find out what you can do!

**Long Island Dressage Association
Presents**

JJ TATE



The JJ Tate Clinic will be held on Saturday, November 3rd and Sunday, November 4th at Norwest Farm in Aquebogue. The cost is \$225 for LIDA members, \$250 for non-LIDA members. Auditing will be free for LIDA members and \$35 for non-members. Lunch is available at a separate price. If you would like to attend, email Mary Mulcahy for more information at president@lidressage.com.

Region 8 News



Debra Reinhardt

USDF Region 8 Director

region8dir@usdf.org

www.usdfregion8.org



Mother Nature is sure having a lot of fun with us! It is September and we are in another heat wave. Warmest summer on record! Sure hope it will break soon as it takes a lot out of riders and horses.

As most of you know, I entered 'NEDA Jail' on July 30th as the show secretary. Sadly (LOL) I ONLY received 134 entries (we had over 200 last year in 2016 and 189 in 2017) on opening day for NEDA Fall Festival aka Region 8 Championships. The opening week we finished up with 308 entries and the front barns being nearly full. The show closed August 27th, with entries at 581 which are 143 down from last year's 724 entries processed. We still have a full show of 8 rings for four days, but our wait list has only 25 rides on it. What this tells us is our Regional championships are greatly influenced by the location of the Region 1 Championships. Last year, we had 128 Region 1 people declare Region 8 when Region 1 Championships were in North Carolina, and we had over 20 from Region 2 declare Region 8 as their championships were in Minnesota. This year, the Region 1 Championships are in Virginia and Region 2 is at the Kentucky Horse Park, and the number who changed regions was less than 50. HOWEVER, it will be a huge success thanks to NEDA and all their tireless hours of planning and work. NEDA has been lucky these past few years so I want everyone to do the anti-rain dance! Did YOU all declare for the Nationals? If not, you have still have time. We want a huge Region 8 presence!

Remember Region 8 still has some shows in October. Mystic Valley Hunt Club will hold their show which includes the Northeast Adult Amateur Dressage Competition. This is team competition AND individual for Adult Amateurs only. Sperry View Farm will hold the annual CT Level 1 Championships on October 28th so there are plenty of shows to continue your competition urges!

Speaking of the USDF Annual Convention, this year it will be held in Salt Lake City, Utah from November 28th to December 1st. I hope many will come and visit a new interesting location.

Also, remember we will hold our next regional meeting on October 21, 2018, 1pm, at the Publick House in Sturbridge, Massachusetts. We do like meeting face to face and I hope you can spare the time to make it. However, we have been given the opportunity to use the NEDA conference hub and number for those of you too far so that you can call in. So no excuses! But you will miss the great food at the Publick House and the great company!

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Trainer:	Referred By:	
Horse's Name & Stable:		
Signature:	Date:	Amt:

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Calverton, NY 11933

LIDA CLASSIFIEDS



Welcome to our classifieds section! If you have items you would like to list in our classifieds, please send all details, including photos, to LIDA secretary Doreen Rose at info@lidressage.com. Listings are per month and are free for LIDA members. A \$5 donation is asked of non-members.

Brennan's (Boot and Batchelor) Masters Dressage Saddle

Excellent condition and very well-cared for. Has surge on panels underneath and wool flocking. Will include Prestige stirrup leathers, Herm Sprenger Stirrups, and beautiful 32" Hennig Girth. Tree size is wide. Saddle was made and flocked regularly by Brennan's / Boot and Batchelor in Bridgehampton and they regularly travel to reflock their saddles all over the island. Retails new for \$5500+. Asking \$2800. Please call 631-521-0884 or email ars.ridetolive@gmail.com.



LIDA BOARD MEMBERS

Mary Mulcahy, President

phone: 516-318-5537 email: president@lidressage.com

Dale Gifford, Vice President

phone: 631-921-2629 email: vp@lidressage.com

Linda Erick, Treasurer

phone: 631-220-6670 email: admin@lidressage.com

Doreen Rose, Secretary

phone: 516-849-3400 email: info@lidressage.com

We'd love to hear from you!

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SADDLE FOR SALE

IMMACULATE PRE-OWNED



All Black Wintec Isabell Werth Adjustable Dressage Saddle CAIR Air System Black 16.5" with Easy Change Riser System. Used only for showing one season. \$750 neg. Contact Cate:

Catherinekwasnik1@gmail.com
347-418-6431

Located in Flanders.



THE LIDA EXTENSION

Official newsletter of the Long Island Dressage Association

October 2018

President's Message

Dear members,

First, I'd like to thank all those that came out for our Schooling Show on September 30th. It was a beautiful day and everyone had a great time. Thanks again to Elizabeth Schaffner for letting us use Norwest for the show. Kudos to LIDA member Wendi Schnittjer who had over 12 rides that day as well as coaching her clients. An impressive feat!

Big doings are on tap for the upcoming weeks. Our big upcoming event is the JJ Tate clinic to be held at beautiful Norwest Farm November 3rd & 4th. There are a couple of spots still open. If you can't ride, I hope you come and audit. Auditing is FREE for LIDA members so you have no excuse not to take advantage of this opportunity. Riders should know that we have kept the price for LIDA members at cost to make it more affordable. I hope to see everyone there!

The information for the **2019 LIDA Scholarship** is now up and available on the website. This is a \$300 scholarship available to Adult Amateur and Junior/Young Riders that are LIDA members. The scholarship may be used for any number of lessons, clinics, etc. during the term of the scholarship. Applicants must meet the criteria indicated on the application. The recipient will be announced at the Year End Awards Dinner. Each scholarship applicant is rated on the information provided with an emphasis on service to LIDA and how this experience relates to his or her goals and future plans. Applicants not documenting sufficient experience will be determined ineligible for the current year. There's still time to volunteer! We always need help with the Year End Awards Dinner. For further information and the application, go to lidressage.com.

See you ringside!

President,

Mary Mulcahy

LIDA is a USDF Group Member Organization (GMO) and all members are automatically USDF Group Members (GM's).

For USDF Participating Membership, members must apply directly to USDF.

Congratulations LIDA!

We are proud to announce that LIDA recently received several honors from the United States Dressage Federation as part of the 2018 USDF GMO Awards program. Both our newsletter and our website received nods for professional appearance and positive user experience. Way to go LIDA!



GMO Website Awards Honorable Mention



First Place GMO Newsletter General Interest Article

"The Value of Showing Locally" by Lucille Sullivan



The Value of Showing Locally

By Lucille Sullivan

The third week of September is marked by the Region 8 Dressage Championships held as part of the NEDA Fall Festival of Dressage. This is a huge competition held at the FRS on the Hudson show grounds in Sagerties, New York. There are six competition rings and four schooling rings accommodating a C2, Regional Championships, Regional show and Breed Show simultaneously. So, you ask yourself, as a member of the Long Island Dressage Association (LIDA), what do the regional championships have to do with me? I never intend to show at that level. Or, I would love to make that a goal of mine. How can I prepare myself and my horse for that? This, my friends, is precisely where the local, one-day shows that are being sponsored by LIDA and some of our local farm owners have tremendous value for you.

Showing your horse successfully requires that the basic training of your horse to correct and that you develop the skill set necessary to attain that basic training in front of a judge and spectators. Exposure and practice are key in developing these skills. Often, we find ourselves underprepared and underwhelmed when we arrive at the larger competitions. The hard reality of life is that we have limited resources to accomplish our goals. When I speak of resources, I am referring to time, to our horses, but also our time off from work, time away from our husbands, time away from our children, time with our child and not another if it is our child that is the competitor, etc. Your horse's time is also a resource, and that you, as a rider, must pay for. To bring the show, the more time the trainer spends away from their other clients and family, and the higher your expense. Our horse's energy is a resource as well. This combination of the show environment for every horse and part of ourselves playing actively fighting out what works best for your partner. There are all components that can be figured out through the act of the local show. The local one-day show is a building block to success at the regional level. If that is your eventual goal, if that is not your goal, the experience of the local show is absolutely essential for your participation in the sport of dressage.

Let me speak for a moment to the professionals that are part of our GMO. It is to the benefit and the convenience of our sport and the professional in our region that we band together and support the local shows, both schooling shows and recognized shows. The nature of dressage is difficult and best accomplished in an environment that is friendly, encouraging and willing to all involved. If we encourage and respect one another we will all improve. "I can be an old stage" "I'm going to take all day!"

So, let's try to reduce this to dollars and cents. As a consumer, how much can I save by showing locally as opposed to going to Connecticut or New Jersey for a two-day show and continuing to Sagerties, New York for that four or five-day show? Here are the basic assumptions for the sake of this example:

- You own your own horse. Of course, if you don't, you must add a daily horse rental fee.
- You ride in on six days per day. Remember your horse's energy is one of your resources.
- If the show is in a place that you can get to from your home by train or by car, you can avoid the expense of staying in a hotel and the expense of your horse, we are going to take that option. After a weekend, your horse's energy is one of your resources.
- You do not own your own trailer, so either a professional or your trailer must get your horse to the competition.
- You are not a wonder woman, so you will be bringing a groom to your arrival at the show ring on time looking incredible.
- Your horse charges you \$200 per day to coach. I assume you this is a deal, and you pay for his or her support for the duration of the show.

So here it is:

The cost to attend a one-day show:	
Class fee	\$ 65
USDF drug fee, qualifying fees, administration fees, etc.	65
Transportation to the show	100
Grooming	100
Coaching	100
Bringing	50
Total cost for a one-day show	\$ 580

The cost to attend a two-day show:

(This is assuming you arrive the day before to school your horse and settle in, the show is about 100 miles away and the transporter charges you \$1.50 per mile.)

Class fees	\$ 130
USDF drug fee, qualifying fees, administration fees, etc.	70
Transportation to the show	300
Ferry, 2 ways (This charge is customary in addition to the mileage charge)	300
Grooming, show days	300
Coaching, show days	300
Hotel for yourself and your groom, 2 nights	300
Hotel for your horse	300
Meal for your horse	200
Meals (breakfast (\$10), lunch (\$15) and dinner (\$25) for 3 people	400
Bringing	100
Total cost for a two-day show	\$ 2,750

You and your horse have successfully earned the scores necessary to qualify for regional championships. You are both sufficiently comfortable at the one-day local shows, the faster multi-ring two-day shows and you have made the choice to compete at the regional level. In this example, the ferry doesn't make sense so we are going to travel the 100 miles and leave at 5 am to try and minimize the traffic and wear and tear on our horse. Here we go:

The cost to attend Regional Championships:	
Class fees	\$ 300
USDF drug fee, qualifying fees, administration fees, etc.	125
Transportation to the show	600
Tolls, 2 ways	75
Grooming, five days	500
Coaching, five days	500
Hotel for yourself and your groom, 4 nights	600
Hotel for your horse	600
Meal for your horse	400
Feedback for your horse	200
Meals (breakfast (\$10), lunch (\$15) and dinner (\$25) for 3 people	750
Bringing	100
Total cost for a four-day show	\$ 4,850

Again, I realize that everyone's situation is different. Some of us own trailers and have supportive husbands that come and groom for us. Some of us set goals to only show locally. Others of us want to compete at regional and even national. The sport of dressage is an individual as each of us and each of our horses are but what we do all have in common is that the local one-day show holds a tremendous value for all of us. Let's all get out and support our local shows. It shouldn't be costing farm owners or GMOs to host them!


Happy and successful showing to all!!



Honorable Mention GMO Newsletter Personal Experience Article

"My New Life" by Mary Mulcahy





My New Life

By Mary Mulcahy

One of the greatest joys of life is the ability to change. I was 30 years old and the cold and ice took a toll on me. I was contemplating how I would live without my friend. This one day I walked into the barn and found Penny dead. From what we could tell she had a heart attack. Kate was there about her last and my dear Aley kept her company for another month before she passed Penny across the Atlantic Bridge. I wasn't expecting Penny to be but what happened next really knocked me for a loop.

I had decided that before the winter of 2016 kicked in I would say goodbye to Kate. She was 30 years old and the cold and ice took a toll on me. I was contemplating how I would live without her friend. This one day I walked into the barn and found Penny dead. From what we could tell she had a heart attack. Kate was there about her last and my dear Aley kept her company for another month before she passed Penny across the Atlantic Bridge. I wasn't expecting Penny to be but what happened next really knocked me for a loop.

It turned out that the winter of 2016 was quite mild. I was able to ride most of the winter. In early April I had had my horse's feet trimmed and Ace came up to little school. I figured he was trained a little closer as I walked about a week but there was no change. I called the vet. Ace was flourishing. Probably had been since January, which was really odd since he had been hardly used right through the winter. He had had BMSO treatments and icing. Incurable shoes were put on the rebound again. I felt pretty good. We caught it in the end. But when he started to deteriorate, we tried everything. He was in all the vet's hands and experienced support given in those cases. He tried very hard to be okay, but to no avail. Then in July I heard those awful words. "You have to put him down."

I'm 62. I've been practicing dressage for about twenty years. Ace and I was supposed to go off the year together. I taught him when he was four. We were working on 4th Level and doing great! But now I lose a best friend. I also lost the rest of my riding career. I was distraught. I decided that was it. I'm too old anyway. I might as well hang it up. I can finish my life gardening and painting and find riding. Quirky. I couldn't quite myself up to being another beloved animal in my life. I kept repeating this. It was my old lady repeats.



Then one day while perusing Facebook I saw a post from a friend who was selling her beautiful Andalusian stallion. She got him when he was three. He was her baby. I knew this was hard for her. I hugged a friend of mine who was looking for horses. But Penny 85 was calling me. What was I thinking? This horse is perfect for me! I knew him and his owner. Vets treated to good. His gait was perfect. I thought no further. Immediately, I contacted my friend, Emily Crawford, and made arrangements to go to Texas. North Carolina to try him out. He had green spots a bit like me. I first met him which was a bit of a surprise. I tend to like my horses on the smaller side since the show is in place, he was a dream to ride. I rode him twice and was sold. A month later Penny 85 arrived at my barn.

I'm learning to let with Penny 85. Every time I ride him I have a big smile on my face. I don't know how to explain it but I feel in my heart that Penny was brought to me by Ace. He knew I wasn't done yet. I think of Ace every day and am thankful for our time together. Now I can continue my journey with this wonderful horse. Emily Crawford, and make arrangements to go to Texas. North Carolina to try him out. He had green spots a bit like me. I first met him which was a bit of a surprise. I tend to like my horses on the smaller side since the show is in place, he was a dream to ride. I rode him twice and was sold. A month later Penny 85 arrived at my barn.

Congratulations! Mary on your new journey!





Highlights from the 2018 LIDA Schooling Show

LIDA held its 2018 Schooling Show at Norwest Farm in Aquebogue on September 30th. It was our first time at this venue and the feedback we received from everyone was overwhelmingly positive! As always, Ellen Brindle-Clark of *Dressage Experience Show Management Services* did a great job as our show manager. The show was well run and everything went smoothly throughout the day. There were several exciting and different classes offered to those who wanted to challenge themselves with something new.

We offered the Training Level Challenge for the first time and had two participants, Monique Genchi and Wendi Schnittjer. Congratulations ladies on a successful completion of the Training Level Challenge! We also had a Prix Caprilli rider, Vickie Bert, on her horse Man of the Unknown. For those of you who are unfamiliar with Prix Caprilli, they are dressage tests with small jumps worked into the pattern. Thank you to judge Heidi Lemack for joining us for the day. We hope you will all attend our schooling show next year!





TIPS *from* the TACK ROOM

Fall is such a beautiful season, full of change, most especially the weather. As winter storms approach, we need to attend to certain aspects of horse care. Temperatures fluctuate and we all need to adjust accordingly. Some days swing from a sweaty ride with fans at night to a frosty morning with heavy dew.

Lorraine McNerny, past president of LIDA, put together a comprehensive set of tips to prepare for and to ride through the fall and winter. But before you do any of her suggestions, she wants you to renew memberships in LIDA, NEDA, USDF, USEF, IHA, and your Breed Affiliations.

If you are going to ride during the colder months, consider clipping your horse. This will help with cool down after riding. I usually do a body clip on mine but leave the legs and he's blanketed.

During the winter, I will ride in a quarter sheet for our warmup. Once he's warmed up, I'll remove the quarter sheet but if the temps are frigid, I will leave the quarter sheet on for the entire ride. Before and after our rides in cold weather he has a full cooler on (over the saddle) to and from the indoor and then again during the cool down. This is in addition to the quarter sheet.

Blankets - I use a light uninsulated sheet, a mid weight blanket and a heavy weight blanket. Last year I found that if I kept the light sheet on my horse underneath the medium or heavy blanket, the inside of the blankets stayed cleaner and I could wash the sheet when it got dirty. I bought two lightweight sheets so I could swap out when one was in the wash.

Water - super important - Make sure your horse has access to plenty of clean water. In the cold months we top off our water buckets (multiple buckets for each horse) with hot water so there's access to warm water at all times. You can get insulated buckets, heated buckets, and insulated covers that go over the bottom of the bucket to keep the water warm.

Feed plenty of hay. Horses use a lot of energy keeping warm. Hay is especially helpful if your horse has limited turn out or no turn out due to ice and snow. It will keep them occupied and hopefully not too bored.

If you're a barn owner make sure you have enough feed, hay and shavings put aside for the winter months. Things happen and it's not always easy to get a delivery. If you always have supplies on hand, you won't have to worry.

Shoeing - Consider snow ball pads (pops out the snow and ice from the hoof), rim pads and/or small studs during the snowy months. I will get the studs put on in November and hopefully by the March shoeing we can remove them.

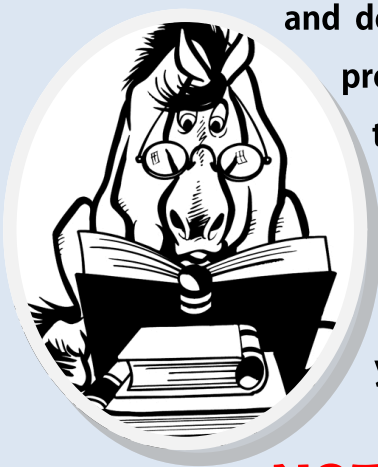
Let your horse have fresh air even if the temps are low. Stick to a regular turn out schedule or a limited turn out if the temps are really cold or if footing is too dangerous. Keep the stall window open for fresh air. Your horse will appreciate it!

For the rider - Dress in layers, layers, layers!! I usually start out bundled up and then the layers come off. There are lots of technical fabrics that will evaporate sweat as you ride so you're not freezing and wet when you're finished riding. It would also be good to find a thin beanie type hat that will fit under your helmet to cover your ears and keep your head warm. There are also polar fleece helmet covers that go over the helmet and your ears to help keep you warm.

And most important, have fun during the winter months! If you can't ride, it's fun to do ground work with your horse, clean your tack, plan for the next show season, or even watch You Tube videos - horse-related, of course!



LIDA is offering a scholarship of \$300 to its members for the 2019 season. This scholarship is designed to help our members attend clinics and work with trainers they otherwise would not have the opportunity to train with. It is for Adult Amateurs and Junior/Young Riders. The scholarship may be used for any number of lessons, clinics etc. during the term of the scholarship. Applicants must meet the criteria indicated on the application. The recipient will be announced at our Year End Awards Dinner. Application for the LIDA Scholarship is open to all members as determined by the criteria. Applications have a firm deadline of December 1st. To apply for the scholarship, fill out the application form and submit it with the required materials and documentation. Each scholarship applicant is rated on the information provided with an emphasis on service to LIDA (volunteering, etc.) and how this experience relates to your goals and future plans. Applicants not documenting sufficient experience will be determined ineligible for the current year. LIDA scholarships cannot be used for professional training of your horse or to supplement show fees for a professional rider to ride your horse or extraneous expenses such as trailering, gas, food, tack, etc.



NOTE: There is still time to complete volunteer hours for LIDA if you have not done so already. We need help at this year's awards dinner so please contact a board member to find out what you can do!

**Long Island Dressage Association
Presents**

JJ TATE



The JJ Tate Clinic will be held on Saturday, November 3rd and Sunday, November 4th at Norwest Farm in Aquebogue. The cost is \$225 for LIDA members, \$250 for non-LIDA members. Auditing will be free for LIDA members and \$35 for non-members. Lunch is available at a separate price. If you would like to attend, email Mary Mulcahy for more information at president@lidressage.com.

Region 8 News



Debra Reinhardt

USDF Region 8 Director

region8dir@usdf.org

www.usdfregion8.org

Fall is here! After that hot beginning in September (or really, the whole summer) the cool nights will be refreshing. Before too long our equine friends will be growing a winter coat and body clipping will begin!

Let's start with our region's championship! NEDA's Fall Festival was another successful year and the weather cooperated. However, going from the 90 degrees to fall temps did give the horses some spirit! As I mentioned in last month's letter, entries were down. We had 601 entries compared to 724 in 2017. Total rides were 1442 (1546 in 2017), and Championship rides were 512 (572 in 2017). The breed show was down to one ring and done early each day, and the CDI had only six riders. However, this year we did not have the influx from Region 1 or Region 2 riders declaring Region 8 as we did last year. So to me this was a much more truly Region 8 championship. The numbers still make Region 8 one of the largest Regional Championships and still make NEDA's Fall Festival the largest show in the world.



The US Dressage Finals are just around the corner in November. I hope to see many of you there! There were many Wild Card scores this year giving riders the opportunity to come! Our riders will get a Region 8 saddle pad and hat again. However, we are a bit short of funds. So if anyone would like to fund them, let me know. It is tax deductible.

During this month, NEDA will be hosting the Charlotte Dujardin Symposium at Mt. Holyoke. Tickets have been sold out and I do hope everyone enjoys and learns.

Also, October usually signals the end of the year for awards for GMOs. So take a look at your GMOs award criteria and see if you are eligible. I find it as rewarding, if not more rewarding, than a national award. Plus, they are certainly more achievable!

Our regional meeting will be held on October 21st at the Publick House in Sturbridge, Massachusetts starting at noon. Discussion topics will be show attendance in 2018, gearing up for 2019 NAYC, GMO proposed increase dues from USDF, Executive Board elections and ideas in general for 2019. The food is awesome and the conversations are great. I hope you will be coming!

Remember to put November 28th through December 1st on your calendar. The convention is just around the corner and will be in Salt Lake City, Utah this year. I am hoping to see many new and old faces!

See you on the Centerline!

YOUR CONNECTION TO THE
AMERICAN
DRESSAGE COMMUNITY



United States Dressage
Federation



30,000 STRONG

www.usdf.org



Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2018 LIDA membership year begins December 1, 2017 and ends November 30, 2018.

Please Print:

Name:		Email:
Address:		
City/State/Zip:		
Phone:	Cell #:	D.O.B.:
USDF #:	USEF#:	
Trainer:	Referred By:	
Horse's Name & Stable:		
Signature:	Date:	Amt:

ANNUAL MEMBERSHIP OPTIONS

Full Participating Membership: \$60
(Includes GMO Membership in USDF)

Schooling Show Only Membership: \$40
(LIDA Member Only/Non GMO)

Youth Participating Membership: \$40
(LIDA Member Only/Non GMO/Max. Age 21)

Non-Competing Membership: \$30
(LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards)

To be eligible for Yearly High Score Awards, the rider of the horse must be a current LIDA member prior to the first class of the show for which scores are to count.

Please review the rules!

LIDA is a non-profit association run by volunteers and is dedicated to promoting the art of dressage.

As a member, you are entitled to participate in and receive the following:

- Meetings, clinics and other club activities
- Automatically become a Group Member of the USDF
(Full Participating Membership Only)
- Year-end awards and dinner dance

ANY MEMBERSHIP QUESTIONS - PLEASE EMAIL info@lidressage.com

Submit your completed application with your check made payable to **LIDA** to:

LIDA Membership Committee
PO Box 507
Calverton, NY 11933



LIDA CLASSIFIEDS

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IMMACULATE PRE-OWNED



All Black Wintec Isabell Werth Adjustable Dressage Saddle CAIR Air System Black 16.5" with Easy Change Riser System. Used only for showing one season. \$750 neg. Contact Cate:

Catherinekwasnik1@gmail.com
347-418-6431

Located in Flanders.



THE LIDA EXTENSION

Official newsletter of the Long Island Dressage Association

November / December 2018

President's Message

Dear members,

The holidays are around the corner! I can't believe 2018 is almost behind us. This year went so fast! (I probably said the same thing last year. LOL) LIDA Election time is here. The vote this year is for President and Secretary. Doreen Rose is staying on as Secretary but we are looking for someone to take over the newsletter. I intend to continue as President unless someone else steps up to run for the office. If anyone is interested in running for these positions or any of the other board positions that are open, please contact any board member.

The **YEAR END AWARDS** are upon us! This year we're trying something a little different. Instead of a dinner we will host a luncheon at the Little Birchwood in Riverhead. The date is **December 8** from 2 to 5 pm. We sent out an email with the information. There is no formal invitation. People can go to lidressage.com on the AWARDS page to pay for tickets. The price is \$40. Please sign up by **December 3rd**. I look forward to seeing everyone!

The **JJ Tate Clinic** was a great success! We lost a few rides at the last minute so the club covered the empty slots enabling the clinic to go on. Everyone learned and laughed a lot. Check out our Facebook page for pictures. Riders and auditors asked LIDA to invite JJ again so we're looking at a date in the spring.

LIDA wishes everyone a happy holiday season!

See you ringside!

President,

Mary Mulcahy

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For USDF Participating Membership, members must apply directly to USDF.

OVERHEARD IN THE TACK ROOM



Congratulations to LIDA member **Renee Kazel** and her horse **Xander** on their recent success at the 2018 US Dressage Finals held at the Kentucky Horse Park in Lexington, Kentucky. Renee was joined on the trip by her trainer, Regina Galoppi-Benfante and fellow Long Island dressage rider Linda Grasso on her horse Ruby. How exciting to see Long Island so well represented at nationals! Well done, ladies!

LIDA would like to wish a Happy Retirement to **Linda Erick's beloved pony Dublin**. Dublin will live out the rest of his days on acres of beautiful pasture in Delaware, enjoying the good life!

Rider Renee Kazel
Horse Xander K
Town Yaphank NY



Happy Retirement
Dubby!



Have you overheard something special that one of our members has done? If so, let us know! We'd love to share it with everyone. Just drop an email to LIDA Secretary Doreen Rose at info@lidressage.com.



LIDA Clinic with JJ Tate

LIDA hosted a very successful dressage clinic with JJ Tate November 3rd and 4th at Norwest Farm in Aquebogue. Her exuberance in teaching all our riders seemed to rub off everywhere and was enjoyed by all. Everyone seemed to come away with something helpful they will be able to apply to their riding in the future. We hope we'll be able to have JJ back with us again in 2019!

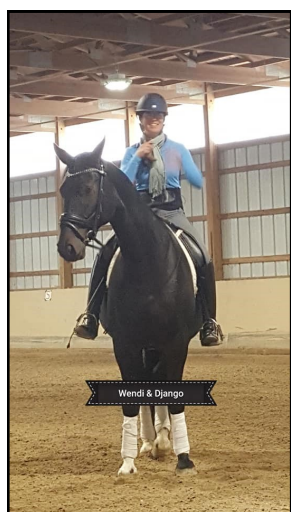


Who is JJ Tate?

Jessica Jo "JJ" Tate began to take her place among the country's riding elite early, making her FEI debut at just 16 years old. Earning numerous national and regional titles, JJ has trained and competed over 29 horses at the FEI levels, including eight at Grand Prix. Known for her classical education and elegant riding, she is a top competitor who's devotion to the very highest standards of horsemanship and integrity make her a positive role model in the contemporary dressage world. JJ has been long-listed for the World Equestrian Games and has represented the United States in many competitions abroad.



Special Moments from LIDA's Clinic with JJ Tate



Get involved! Board members needed!



It's that time again!

The LIDA Board has two positions open. If you are interested in running for **President** or **Secretary**, please inform Doreen Rose via email at info@lidressage.com. Elections will be held shortly.

GET
ON
BOARD

WE NEED
YOUR HELP



**Become a
LIDA Board
Member!**

O What Fun It Is To Ride.....



*Long Island Dressage Association
Annual Awards Dinner & Fundraiser*

SATURDAY, DECEMBER 8TH, 2018

\$40.00 PER PERSON

FROM 2:00PM TO 5:00PM

THE LITTLE BIRCHWOOD, 512 PULASKI ST., RIVERHEAD, NY

**BUFFET DINNER WITH DESSERT BAR
UNLIMITED SOFT DRINKS, COFFEE, TEA
CASH BAR**

PLEASE RSVP BY DECEMBER 3RD



LIDA is now accepting items for its 2018 Year End Awards Dinner & Fundraiser!



Items can be anything but horse related items are the most sought after. However, any type of non-perishable item would be greatly appreciated (ex. wine, any type of snacks, chocolate, gift certificates, etc.) Since it's December, Christmas ornaments and related holiday items are good, too! We need anything that can be used as fillers for our raffle baskets or door prizes (especially bags of horse treats!)

We do request that all donated items be new and not used prior. If anyone is interested in donating some items, please contact Linda Erick at admin@lidressage.com or via Facebook.



2018 Adequan®/USDF Annual Convention



DRESSAGE ELEVATED

November 28-December 1 • Salt Lake City, UT

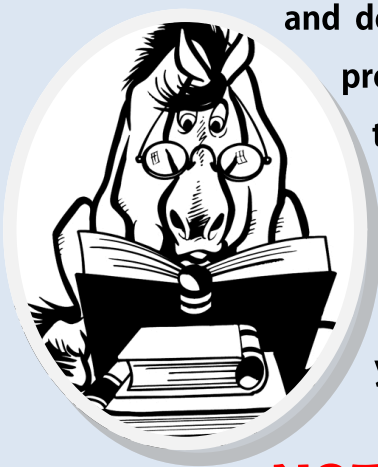
The 2018 Adequan®/USDF Annual Convention will be held in Salt Lake City, UT, November 28th through December 1st. The host hotel is the Salt Lake Marriott Downtown at City Creek. Learn about the latest developments in our sport through various forums, education sessions, and roundtable discussions. At the end of the week, we invite you to join us at the *Salute Gala & Annual Awards Banquet* as we recognize the 2018 award recipients. Rooms in the host hotel are still available in the USDF block.

**Register online by Friday, November 23rd to
receive the advance registration discount.**

YOUR CONNECTION TO DRESSAGE
EDUCATION • COMPETITION • ACHIEVEMENT



LIDA is offering a scholarship of \$300 to its members for the 2019 season. This scholarship is designed to help our members attend clinics and work with trainers they otherwise would not have the opportunity to train with. It is for Adult Amateurs and Junior/Young Riders. The scholarship may be used for any number of lessons, clinics etc. during the term of the scholarship. Applicants must meet the criteria indicated on the application. The recipient will be announced at our Year End Awards Dinner. Application for the LIDA Scholarship is open to all members as determined by the criteria. Applications have a firm deadline of December 1st. To apply for the scholarship, fill out the application form and submit it with the required materials and documentation. Each scholarship applicant is rated on the information provided with an emphasis on service to LIDA (volunteering, etc.) and how this experience relates to your goals and future plans. Applicants not documenting sufficient experience will be determined ineligible for the current year. LIDA scholarships cannot be used for professional training of your horse or to supplement show fees for a professional rider to ride your horse or extraneous expenses such as trailering, gas, food, tack, etc.



NOTE: There is still time to complete volunteer hours for LIDA if you have not done so already. We need help at this year's awards dinner so please contact a board member to find out what you can do!

YOUR CONNECTION TO THE
AMERICAN
DRESSAGE COMMUNITY



United States Dressage
Federation



30,000 STRONG

www.usdf.org



Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2018 LIDA membership year begins December 1, 2017 and ends November 30, 2018.

Please Print:

Name:		Email:
Address:		
City/State/Zip:		
Phone:	Cell #:	D.O.B.:
USDF #:	USEF#:	
Trainer:	Referred By:	
Horse's Name & Stable:		
Signature:	Date:	Amt:

ANNUAL MEMBERSHIP OPTIONS

Full Participating Membership: \$60
(Includes GMO Membership in USDF)

Schooling Show Only Membership: \$40
(LIDA Member Only/Non GMO)

Youth Participating Membership: \$40
(LIDA Member Only/Non GMO/Max. Age 21)

Non-Competing Membership: \$30
(LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards)

To be eligible for Yearly High Score Awards, the rider of the horse must be a current LIDA member prior to the first class of the show for which scores are to count.

Please review the rules!

LIDA is a non-profit association run by volunteers and is dedicated to promoting the art of dressage.

As a member, you are entitled to participate in and receive the following:

- Meetings, clinics and other club activities
- Automatically become a Group Member of the USDF
(Full Participating Membership Only)
- Year-end awards and dinner dance

ANY MEMBERSHIP QUESTIONS - PLEASE EMAIL info@lidressage.com

Submit your completed application with your check made payable to **LIDA** to:

LIDA Membership Committee
PO Box 507
Calverton, NY 11933



LIDA CLASSIFIEDS

Welcome to our classifieds section! If you have items you would like to list in our classifieds, please send all details, including photos, to LIDA secretary Doreen Rose at info@lidressage.com. Listings are per month and are free for LIDA members. A \$5 donation is asked of non-members.

Brennan's (Boot and Batchelor) Masters Dressage Saddle

Excellent condition and very well-cared for. Has surge on panels underneath and wool flocking. Will include Prestige stirrup leathers, Herm Sprenger Stirrups, and beautiful 32" Hennig Girth. Tree size is wide. Saddle was made and flocked regularly by Brennan's / Boot and Batchelor in Bridgehampton and they regularly travel to reflock their saddles all over the island. Retails new for \$5500+. Asking \$2800. Please call 631-521-0884 or email ars.ridetolive@gmail.com.



LIDA BOARD MEMBERS

Mary Mulcahy, President

phone: 516-318-5537 email: president@lidressage.com

Dale Gifford, Vice President

phone: 631-921-2629 email: vp@lidressage.com

Linda Erick, Treasurer

phone: 631-220-6670 email: admin@lidressage.com

Doreen Rose, Secretary

phone: 516-849-3400 email: info@lidressage.com

We'd love to hear from you!

If you have information you would like to share with other members, please contact LIDA secretary Doreen Rose at least one month prior to publication.

SADDLE FOR SALE

IMMACULATE PRE-OWNED



All Black Wintec Isabell Werth Adjustable Dressage Saddle CAIR Air System Black 16.5" with Easy Change Riser System. Used only for showing one season. \$750 neg. Contact Cate:

Catherinekwasnik1@gmail.com
347-418-6431

Located in Flanders.

SCHLEESE SADDLE FOR SALE

Schleese saddle for sale in excellent condition. Asking \$1600. Two 24-inch dressage girths also for sale at an additional fee. If you are interested, contact Ann at 631-327-2451 or by email at diamond@optonline.net.



We have come to the close of the 2018 LIDA membership year. Don't forget to renew your membership for 2019!