

The LIDA Extension

Official newsletter of the Long Island Dressage Association

May 2021

President's Message

Dear Members,

What a difference a year makes. This time last year we were cancelling our shows and events, hunkering down for a year of isolation. I am feeling optimistic about 2021. Shows are being scheduled. If we stick to the plan and get vaccinated and follow protocols we should be able to operate almost as normal. I for one can't wait. I know Brado is definitely suffering from not being able to show. He is the consummate showman and loves an audience.

So get ready. The season is upon us. That being said this is a call for volunteers. We need to check our ring at Old Field to make sure it's ready to go. In an effort to save money we're looking for people that would like to learn how to correctly set up a dressage arena. Our show manager, Ellen Brindle-Clark has offered to train a crew. This would be most helpful not to mention a handy thing to know. I know I'd like to know how to do it properly even though I might not be able to help every time, it's valuable knowledge to have. So if you want to learn the correct way to set up a dressage arena contact me or any other board member for details.

Don't forget about our Ladies of LIDA calendar. Start thinking about those clever photos of your mares. I have a couple of anxious stallions awaiting the 2022 edition.

Remember, if you're looking for the latest in dressage events happening on Long Island go to our website lidressage.com. See you ringside

Mary Mulcahy President



COVID-19 continues to be the major news headlines. With the vaccinations in full swing, States are starting to open up more and more. Fingers crossed.

Several shows are open and some are filling at a rapid rate. Certainly different from this time last year when shows were shutdown. USEF will be making changes to their COVID action plans such as there will limited spectators. So all should read the new plan to make sure you are updated on the changes.

Kate O'Connor, Region 8 Representative to Nomination Committee, did an awesome job rounding up the nominated delegates to get their acceptance in. Please remember to vote in June for these delegates. Region 8 has had the lowest percentage of voting on record for many years. It would be nice to blow them away and get more than 8% of PM to vote!!!!....

The USDF Executive Board held our spring meeting via zoom sessions. We did this in several 3 hour sessions finishing last Wednesday. We had our normal policies and procedures to edit which were 90% housekeeping items, approval of 2022 Regional Championship locations, and reports from task force committees. USDF is in very good shape financially and yes they certainly took advantage of the government's help. We did not have to lay off any employees or even give them pay cuts. The office worked EXTREMELY hard to cut costs where ever possible. KUDOS!

There is no decision regarding the Convention at this point but I will say there are many awesome educational programs proposed. So many the board accepted them all thinking some would be live at the convention and others via zoom! This is very exciting.

Our Regional Spring Meeting which was scheduled for May 5th at 7pm we will hold a Zoom Meeting. I have send out the zoom meeting information and the agenda. If you have not received it contact me ASAP. Everyone is invited.

See you on the Centerline... Debra Reinhardt USDF Region 8 Director





NEW COLUMN

PROFESSIONAL PROFILE

MEET STEPHEN HAYES

- 1. **WHEN DID YOU START RIDING?** I started riding at 7 years old, in a absolutely none horsey family.
- 2. WHAT ATTRACTED YOU TO HORSES? I suppose I've always loved animals, there was a donkey that lived down the road from our house, was the first time I became fascinated. We'd go feed him carrots everyday when walking home from school. He was a nasty lil thing though haha.
- 3. WHAT WAS THE FIRST HORSE YOU RODE? His name was Barney, a 14.1 welsh pony, he belonged to one of my dads clients (he is a driving instructor). This pony went on to teach my sister and I many other young kids after. He was a little angel.
- 4. YOU RIDE DRESSAGE, HAVE YOU RIDDEN IN OTHER DISCIPLINES? I trained race horses for one year, I would take them on the Gallop tracks (never again, I want to live a long life). I've also dabbled into show jumping but dressage was always my main love. There's something about the dance, the Harmony and relationship that to me is like no other discipline.
- 5. IF YOU COULD RIDE ANY HORSE FROM YOUR PAST WHO WOULD IT BE AND WHY? I'd love to have ridden Totilas in his prime. That horse in my opinion is the greatest horse to have walked this planet.
- 6. WHERE'S THE MOST UNIQUE PLACE YOU'VE RIDDEN? I love riding at Global in Wellington FL, I love riding at Dressage at Devon. I've also taught clinics in some very unique places such as the USET head quarters (that was a special clinic and an honored do). I've also cliniced in Singapore, South Africa, Malaysia, Dubai, Australia and New Zealand.

- 7. WHAT IS THE FUNNIEST THING THAT EVER HAPPENED WHILE YOU WERE RIDING? There's not a single day I don't laugh at least once in the saddle. I always remind my riders (and myself) there are only three emotions allowed in the saddle, laughter, joy and patience.
- 8. WHAT IS YOUR GO TO EXERCISE? Shoulder in on a circle and shoulder in transitions walk trot and trot canter are the equivalent of Harry Potter wizardry.
- 9. WHAT IS YOUR BEST/WORST MEMORY FROM SHOWING? So many good memories, I suppose one of my favorite memories was my first big show in the USA. It was at global in the inter 1, and I was up against some pretty big names, and I won with a 71%. When ever I feel my horse and I have ridden a really harmonious test, it's just the best feeling in the world and to be rewarded for it and have some strong competition, and then win, it's hard to beat that feeling. The worst would probably be the flip side to that, sometimes in showing you feel like it was a hot mess and you wish you'd of taken up tennis lol.
- 10. WHAT'S THE ONE THING YOU WOULD TELL A RIDER TO NEVER DO? Never do something that you feel in your heart and soul is wrong or dangerous to you or your horse. That little voice in your head. Listen to it, they know what their talking about 99% of the time.
- 11. WHAT'S THE BEST ADVICE YOU CAN GIVE A RIDER? Strive for progression not perfection. Nothing created by mother nature is or can be perfect, it does not exist. So don't put that pressure on yourself or your horse



NEW COLUMN

PROFESSIONAL PROFILE

Stephen Hayes - CONTINUED

12. WHO'S YOUR FAVORITE HORSE/RIDER COMBINATION? Gal and Totilas. I'm a MEGA fan of Carl Hester, he's my absolute idol. But the Gal and Totilas combination was just magical.

13. THE FUNNIEST/NAUGHTIEST THING YOU'VE EVER SEEN A HORSE DO? Having ridden race horses, I've seen it all. There is nothing anymore that can shock me I don't think. I've seen and dealt with flips, rears, bolts, Bronx's, bucks, trampling, head stands. You name it. One thing that always makes me need a Xanax is horses doing the wall of death (galloping around an arena so fast and blind with a rider on top). That scares me.

14. WHAT IS THE HARDIEST THING TO TEACH A RIDER? Hmm, good question. Patience. A rider with no patience is a difficult student to work with.

15. WHAT DO YOU LOOK FOR WHEN SEARCHING FOR A DRESSAGE MOUNT? A desire to work, a good quality walk and canter, (trot can always be made so it's not a priority) shorter coupled horses with a elegant longer neck really catch my eye.





Ladies of LIDA Calendar

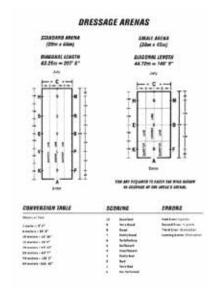
Is your mare photogenic and perhaps a bit of a Diva?

Does she glance at herself as you glide by the mirrors in the arena?

Perhaps every stallion turns his head in her direction as she steps gracefully off the trailer.

Well then, you should consider submitting her photo for the LADIES OF LIDA Calendar!

More details will be forthcoming, so stay tuned!



EDUCATIONAL OPPORTUNITY

Ellen Brindle-Clark has offered to train a crew on the proper set up for a dressage arena. This is a wonderful chance to increase your knowledge and awareness of where the letters are placed and how to navigate the arena when riding a test.

We will also be seeking volunteers who can help out at the shows. We are really looking forward to having shows again this year! If you are available to help, please contact one of the board members to sign up.

NOTEWORTHY NEWS

IHA Raul de Leon Clinic - April 24th





Doreen Rose and Gambler took part in the IHA Clinic with Raul at the Bohemia Equestrian Center.

Congratulations to LIDA member Wendi Schnittjer for overcoming the setbacks for a successful season







LIDA CLASSIFIED

Welcome to our classified section! If you have itens you would like to list in our classifieds, please send all the details, including photos, to LIDA secretary Karin Schackne at info@lidressage.com. Listings are free for LIDA members. A \$5 donation is asked of non-members.





FACE MASKS \$15.00 GAITERS \$20.00



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LIDA BOARD MEMBERS

Mary Mulcahy, President

phone: 516-318-5537 email: president@lidressage.com

Dale Gifford, Vice President

phone: 631-921-2629 email: vp@lidressage.com

Karin Schackne, Secretary

phone: 631 432-4563 email: info@lidressage.com

Heather Baker, Treasurer

phone: 631-827-0481 email: admin@lidressage.com

We'd love to hear from you!

If you have information you would like to share with other members, please contact LIDA secretary Karin Schackne at least one month prior to publication.

SADDLE FOR SALE

2018 Prestige Dressage Saddle

2018 Prestige X Helen K Monoflap 17/33

\$3,600 · Huntington, NY Perfect Condition Black - Soft Calfskin Monoflap - XS Flap Tree Currently set to 33 cm

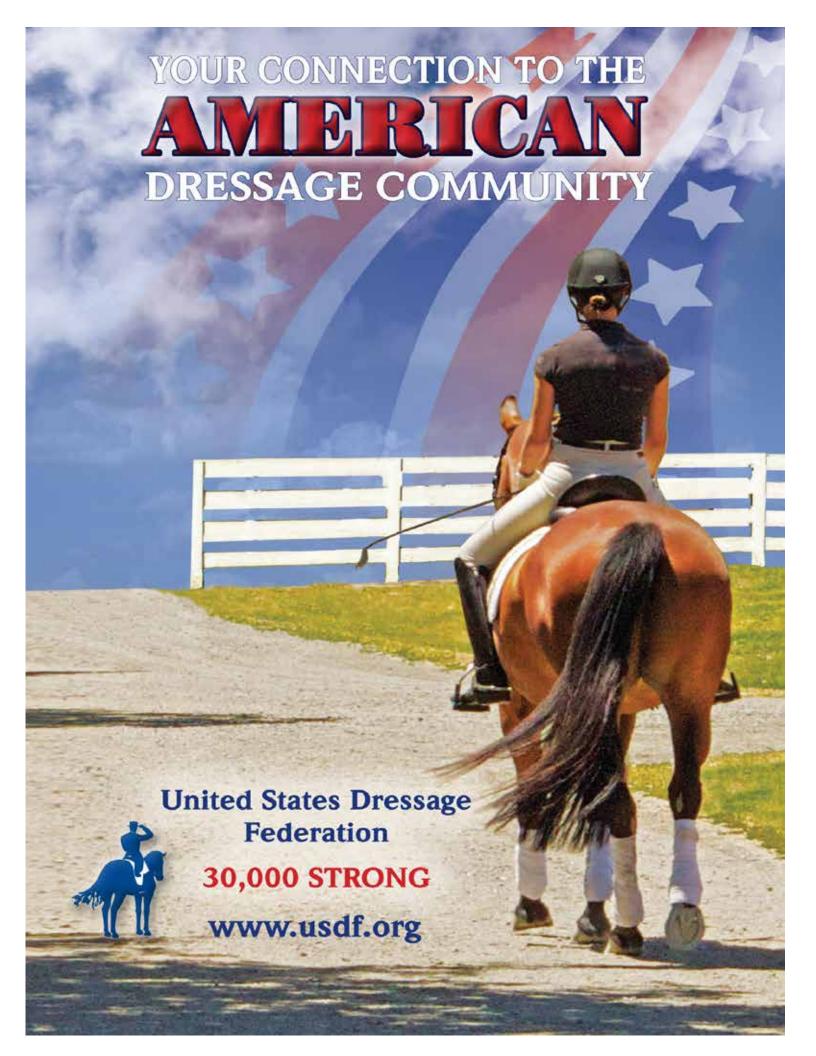
Local Trials Welcome



Contact:

Ana O'Brien 631-335-9982

ParaEquestrianAthletes@gmail.





Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2021 LIDA Membership begins December 1, 2020 and ends November 30, 2021.

Please Print:

Name:	Email:						
Address:							
City/State/Zip:							
Phone:	Cell #:		D.O.B.:				
USDF #:	USEF#:						
Trainer:	Referred By:						
Horse's Name & Stable:							
Signature:		Date:		Amt:			

ANNUAL MEMBERSHIP OPTIONS

Full Participating Membership: \$60

(Includes GMO Membership in USDF)

Schooling Show Only Membership: \$40 (LIDA Member Only/Non GMO)

Youth Participating Membership: \$40

(LIDA Member Only/Non GMO/Max. Age 21)

Non-Competing Membership: \$30 (LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards)

To be eligible for Yearly High Score Awards, the rider of the horse must be a current LIDA

member prior to the first class of the show for

which scores are to count.

Please review the rules!

LIDA is a non-profit association run by volunteers and is dedicated to promoting the art of dressage.

As a member, you are entitled to participate in and receive the following:

- Meetings, clinics and other club activities
- Automatically become a Group Member of the USDF

(Full Participating Membership Only)

Year-end awards and dinner dance

ANY MEMBERSHIP QUESTIONS - PLEASE EMAIL info@lidressage.com

Submit your completed application with your check made payable to LIDA to:

LIDA Membership Committee PO Box 507 Calverton, NY 11933



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Official newsletter of the Long Island Dressage Association

June/July 2021

President's Message

Dear Members,

Show season is upon us! Hope you are ready! We're starting with a schooling show on June 27 at Norwest Farm, Aquebogue. Our judge once again is Susan Jones-Sinelnik (r). Go to dressageexperiencesms.com for prize list. This show is a fundraiser for LIDA so your participation will support the club. You don't have to ride to take part. Come and cheer on your friends. Buy some raffle tickets. We have some beautiful LIDA pillows and other items to raffle.

SO COME AND HAVE SOME FUN! It's been a long time since we've been able to gather, I hope you'll come and join us.

See you ringside!

Mary Mulcahy





What a difference a year makes! Masks are no longer mandated, spectators are allowed, and everything is getting back to the new 'normal'.

Our show season is well under way! Many shows are filled to capacity with a wait list. NEDA Spring will be doing their debut at Fieldstone with a 5 ring show. Fingers crossed that it will be awesome weather for them. A lot is going on in the region besides shows. The opportunities in Region 8 are totally endless with variety of judge's programs and clinics. Remember if you do not want to be a participant, these programs offer auditing which is huge benefit! You can see how judges score or what they are looking for OR instructor's education process to get certified. I sure hope you are watching the calendars and taking advantage of these opportunities in your back yard.

The US Dressage Finals is for each Regional Open, Adult Amateur AND new for 2021 Jr/YR Champion and Reserve Champion to compete head to head with the other regional champions. There is also the wild card where you can go to the finals if you have received a wild card score at the regional championships. Remember at 2021 US Dressage Finals the eligible riders (Open and Adult Amateur) from the 2020 regional championships will be allowed to participate this year. You will need to nominate and nominations will start July 1st to August 31st if you are coming using your 2020 eligibility. Declarations and Nominations are the same deadlines as in the past for 2021 championships, ie declared before the start of your regional championships and nominate within 72 hours after the championships.

IMPORTANT!!!! On June 1st Participating members received an email from USDF to say that the voting for your

PM delegates that will be attending the USDF Convention in December has begun and will be concluded on June 30th. So PLEASE go look for that email, go to the USDF website or use this link, http://www.usdf.org/about/about-usdf/governance/vote/index.asp, login in to your USDF account and VOTE. This is very important!!!!!!! These delegates will be voting for the new USDF President and your new Regional Director.

Attention GMOs: newsletter, website, photography, and volunteer of the year nominations close August 30th. So before your summer gets under way, please submit them! It is a great way to get recognition for your GMO or an outstanding volunteer plus for Region 8! Here is the link with all the information...https://www.usdf.org/awards/service/gmo.asp

See you on the Centerline... Debra Reinhardt USDF Region 8 Director





First Schooling Show of the season for LIDA

JUNE 27th

at Liz Schaffner's

Norwest Farm in Aquebogue.

JULY 27th Recognized Show Old Field

AUGUST 25th Recognized Show Old Field

Check dressageexperiencesms.com for prizelists



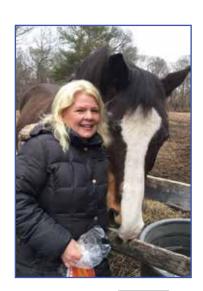
NEW COLUMN

PROFESSIONAL PROFILE

MEET 2019 LIDA TRAINER OF THE YEAR - ROBIN LEVITON

- 1. WHEN DID YOU START RIDING? When I was 5 years old.
- 2. WHAT ATTRACTED YOU TO HORSES? I always had a love for them.
- 3. WHAT WAS THE FIRST HORSE YOU RODE? A trail horse rented from a stable in Queens
- 4. YOU RIDE DRESSAGE, HAVE YOU RIDDEN IN OTHER DISCIPLINES? Yes, I've shown jumpers, equitation and show hunters.
- 5. IF YOU COULD RIDE ANY HORSE FROM YOUR PAST WHO WOULD IT BE AND WHY? Larry, he was a rescue horse from Florida that became an award winner show jumper in Wellington.
- 6. WHERE'S THE MOST UNIQUE PLACE YOU'VE RIDDEN? Tampa Fairgrounds.
- 7. WHO'S YOUR FAVORITE TRAINER? I've had many great trainers through the course of my career I would say these four Dorita Konyot (a dressage riding master), George Morris (who started my career by sending me to be a working student with Debby Spear) and my current trainer Steve Kannikkeberg
- 8. WHAT IS YOUR GO TO EXERCISE? Shoulder in.
- 9. WHAT IS YOUR BEST/WORST MEMORY FROM SHOWING? Winning the McClay at Rotary International in Branchville, NJ. Training a horse named Nathan to become the LIDA Horse of the Year!

- 10. WHAT'S THE ONE THING YOU WOULD TELL A RIDER TO NEVER DO? Lose patience.
- 11. WHAT'S THE BEST ADVICE YOU CAN GIVE A RIDER? Stay positive and focused.
- **12.** WHO'S YOUR FAVORITE HORSE/RIDER COMBINATION? Charlotte Dujardin and Valegro.
- **13. THE FUNNIEST/NAUGHTIEST THING YOU'VE EVER SEEN A HORSE DO?** In Florida a horse that was being trained to sit on a bench with big glasses on and holding a newspaper on his front legs (it was hysterical)
- 14. WHAT IS THE HARDEST THING TO TEACH A RIDER? Patience. Patience. Patience.
- **15. WHAT DO YOU LOOK FOR WHEN SEARCHING FOR A DRESSAGE MOUNT?** A good walk, a good canter and sharp mind
- **16. WHAT'S YOUR FAVORITE HORSE SHOW?** The National Horse Show at MSG





Saturday May 22nd, 2021, was a day for the record books and an opportunity to spread awareness on Para Dressage!

With great effort and collaboration our equestrian community came together to support, organize, and share in a very special event, the **Lloyd Harbor Equestrian Center's 'Spring Fling' schooling dressage show.**

Caumsett State Park provided the picture-perfect background for well-behaved horses and ponies. The event organizers. Dr. Lisa Toaldo, USEF Technical Delegate (L and L Equestrian) and USEF Para Dressage Coach Ana Belo O'Brien (Para Equestrian Athletes LLC) ensured every detail was attended to, and our volunteers, show administration and competitors were thrilled to finally be reunited for such an event after a long Covid hiatus.

Dressage, fondly described as 'dancing with your horse' is an Olympic sport where horse and rider compete as one in a test of specific movements. These movements are executed seamlessly as riders perform precise geometric patterns at exact letter points within a 60x20 or 40x20 metered rectangle called a dressage court. Movements are judged and scored with emphasis on harmony between horse and rider, accuracy of the test and purity of all gates.



Janie Panagi's horse, Dante's Perfect Storm is a versatile Gypsy Vanner with an extensive resume ... From dabbling in equitation and trails, to being a fantastic therapeutic horse for riders with special needs!



Para Equestrian Athletes LLC (P.E.A.) is devoted to promoting, educating and advocating for the para-equestrian community. P.E.A. has introduced an Adaptive Children's Dressage Program where youths as young as 5 years old are taught to develop their

dressage theory. Knowing the intricacies of a 20-meter circle and straight lines is the foundation to all dressage movements and basic to all riding disciplines.

For many Pony Clubbers, this was their first dressage show. Our seasoned competitors added to the training scale, competing well through the levels with many taking high score awards.

However, the spotlight, also covered by Newsday, was on USEF classified **Grade IV blind Para Dressage Athlete, Dr. Suzanne Ament,** a history professor at Virginia's Radford University. One may ask, 'how can a blind equestrian ride a test accurately?' Suzanne's techniques are Living Letters which call out the letters as the rider is approaching. With echo-location she direct herself, kinesthetics and biomechanical feel of her horse as well as stride counting enables her to order to 'see' her way around the dressage court. Working with Suzanne was Coach Ana Belo O'Brien. It was a moment to remember as Suzanne navigated a near perfect second test and horse and rider truly became a harmonious team.

With only 2 practice rides on Dante's Perfect Storm, Suzanne rode her FEI Intro Test A Grade II and positioned herself under tough competition as the lead rider, early in the show, with a total score of 77.50. She earned the Show's High Score and overall Champion out of 54 other competitive scores!

Suzanne saw an opportunity to spread awareness that riding, whether competitive or recreational, is for everyone including those with special needs and vision impairments. And for a sweet moment in time, and with the help of her trusted borrowed mount, Dante, Suzanne proved that riding is for everyone!



Ladies of LIDA Calendar

Is your mare photogenic and perhaps a bit of a Diva?

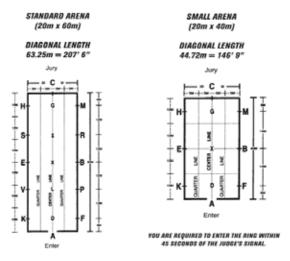
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More details will be forthcoming, so stay tuned!

DRESSAGE ARENAS



EDUCATIONAL OPPORTUNITY

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We will also be seeking volunteers who can help out at the shows. We are really looking forward to having shows again this year! If you are available to help, please contact one of the board members to sign up.

NOTEWORTHY NEWS



Join us at Golden Gait Farm on June 26th and June 27th for a 2 day clinic with international dressage star

Shelly Francis

Come learn from a true horsewoman who specializes in developing young horses to successful Grand Prix horses. All level of riders and horses welcome!

Cost per ride is \$350 plus \$20 trailer in fee Ride 1 or 2 days, but priority given to those riding both days. Auditors welcome 1 day for \$25 or 2 days for \$40

Register here: https://forms.gle/sc6pMmPWmsAiTdhJA Questions please contact Mel Montagano at 609-602-6346 or prestigeperformancehorses@gmail.com



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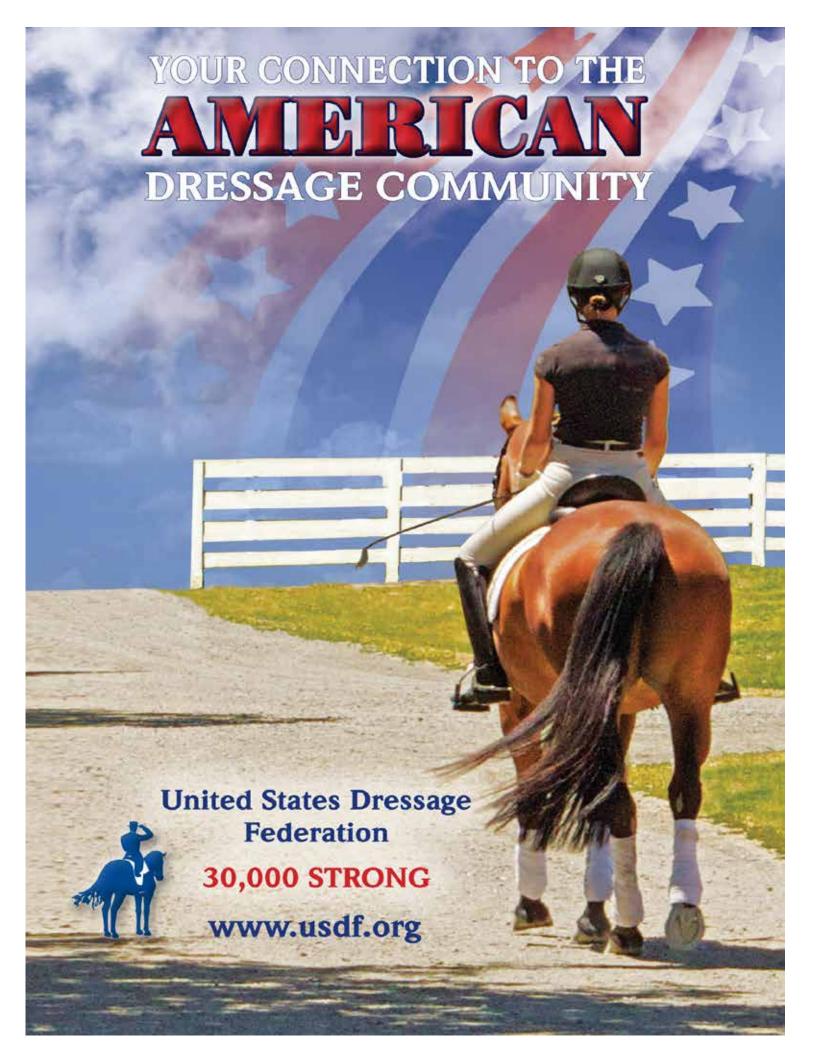




Contact:

Ana O'Brien 631-335-9982

ParaEquestrianAthletes@gmail.





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Please Print:

Name:	Email:						
Address:							
City/State/Zip:							
Phone:	Cell #:		D.O.B.:				
USDF #:	USEF#:						
Trainer:	Referred By:						
Horse's Name & Stable:							
Signature:		Date:		Amt:			

ANNUAL MEMBERSHIP OPTIONS

Full Participating Membership: \$60

(Includes GMO Membership in USDF)

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(LIDA Member Only/Non GMO)

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July 2021

President's Message

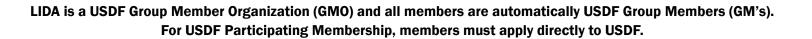
Dear Members.

As I sit here waiting for entries to come in for the Summer Classic I'm reflecting on how there's been a very slow start to the season for many of us. Obviously this has much to do with coming out of the pandemic. Perhaps our priorities have changed a bit as well. Maybe some of us don't feel the need to show is as important as in the past. These are not bad things. I've read several articles by top trainers that feel the down time has been very beneficial for either themselves or their horses or both. This is something I understand, I myself do not feel ready to get out there and start showing.

I hope as the summer continues our malaise will disappear. We do have entries for the Summer Classic. Our judge is Sara Schmidt. As I write this entries are still open so if you want to jump start your season come and join us. Old Field is a beautiful location and it's local. You won't have to leave the island to have a terrific day at a top notch show ground. We'll be there.

I hope to see you ringside.

Mary Mulcahy





WOW! We have had some crazy weather. Memorial Day Weekend was rainy and freezing, and the following weekend was 90 degrees with 150% humidity! I hope our equine friends made it through that as that is 'asking for colic' weather.

The show season is in full swing and actually the NAYC Qualifying period ended on June 21, 2021. Our Teams will be picked soon and prepare for the trip to Traverse City which August 11-15, 2021. Bobbi Carleton, our Regional Coordinator, will be busy getting the entries done and in to the FEI. The top four riders in each division will be members of the team. If a rider/horse is unable to compete, the next ranked rider/horse is allowed to step in. As it is not official yet who will be on the teams, I will not put them in this newsletter but watch for the announcement from USDF! Good luck to our teams!

Is this really impossible? We just get out of spring and into the summer and NEDA Fall Festival opens this month on August 2nd. Unbelievable! NEDA Show Committee along with Kathy Grisolia, the show manager, has been hard at work for this year's show. Watch that opening date as most shows have been really full this year and I anticipate the regionals will be back to the 8 rings.

Of course, if you are Champion and/or Reserve Champion in the Regional Championship AND you have declared or you have reached a certain score call wild card (information on the USDF Website), you will be invited to the US Dressage Finals in Lexington, KY, November 11-14. This is a head to head competition with the other regional champions, and NEW this year is all three divisions, ie Open, Adult Amateurs, and JrYR, will be invited. This is VERY exciting!!!

Speaking of which.... DECLARATIONS are open now for the US Dressage Finals. Please remember you will have to declare that you are willing to go to the 'finals' if invited. This declaration must be done by the day before our Regional Championships start or September 22, 2021. The USDF website will have more information. By declaring, you are only saying you would consider going, and it costs nothing to declare. If you are one of the invited, you will need to commit by nominating and pay the non-refundable class fee within 72 hours after the NEDA Fall Festival.

NOW if you were Champion and/or Reserve Champion in the 2020 Regional Championship AND you did declared or you had a wild card score, you will be allowed to compete in the 2021 US Dressage Finals. Your invite will be sent out and you have from July 1 to August 31, 2021 to nominate and pay the non-

refundable class fee.

Attention GMOs: newsletter, website, photography, and volunteer of the year nominations close August 30th. So before your summer gets under way, please submit them! It is a great way to get recognition for your GMO or an outstanding volunteer plus for Region 8! Here is the link with all the information...https://www.usdf.org/awards/service/gmo.asp

Remember we will hold our next regional meeting will be in October, but I am waiting for the PM Delegate election results to get input on picking a date. I would like to try to do conference call again as it was a huge success! I should have more information in the next newsletter.

See you on the Centerline... Debra Reinhardt USDF Region 8 Director



- LIDA RECOGNIZED SHOWS -

JULY 25th Recognized Show Old Field

AUGUST 29th Recognized Show Old Field

Check dressageexperiencesms.com for prizelists



USDF Launches New Online Video Feedback Portal

Lexington, KY (July 12, 2021) – The United States Dressage Federation™ (USDF) is excited to announce the launch of its new online video feedback portal for young horses. This portal offers a unique opportunity for riders, owners, and trainers of under-saddle dressage sport horse prospects (must be three or four years old as of January 1 of the current year), to obtain feedback from members of the USDF Sport Horse Prospect Development Forum faculty. Currently, this faculty is made up of Scott Hassler, Willy Arts, Michael Bragdell, and Craig Stanley, all leaders in the industry in assessing, developing, and training dressage prospects.

Upon receipt of the video, required application, and appropriate fee, each applicant will have their video randomly assigned to a faculty member. Faculty members will then review the video submission and provide detailed feedback to the applicant. Select videos along with faculty feedback will also be used to develop additional sport horse education to be offered through USDF University.

Founding faculty member Scott Hassler stated, "we are excited to offer this online platform as a meaningful outreach project, focused on the continued importance of education and development of young horses."

To access the online portal, submit videos, or learn more, visit the USDF website. For questions related to this, or other USDF offerings related to sport horse, please contact the USDF office at sporthorse@usdf.org or call (859) 971-2277.



SOME HELP FROMStephen Hayes

CLEARING UP THE CONTACT CONTROVERSY

Hi, I'm Stephen Hayes, FEI Dressage Rider and trainer from Great Britain, based at Perfect Harmony Dressage in New York and Florida, USA. This is an article I've felt brewing for a while now. Having taught many clinics around the world, I feel like I've had a really good share of many different types of riders.... there are the brave and bold, the shy and timid, the rider that has a little devil on their shoulder constantly tearing them apart, the rider who attends my clinic already knowing everything there is to know about Dressage (even the best of the best will admit there is lifetimes of more knowledge to be learned), there are the diamonds in the rough, the adult amateurs who put their heart and soul into every second in the saddle, the die hard professionals, riders triple my age and being an amazing role model. There isn't a day that I'm not trying to improve my teaching style and methods, but there are always a couple of subjects which repeat time after time in each clinic. Here is just one!

'BUT I'M NOT SUPPOSED TO USE MY INSIDE REIN? I FEEL LIKE I AM BEING ROUGH WITH MY HANDS, AM I PULLING HIM? I NEED TO BE LIGHTER WITH MY HANDS, BUT I CAN'T GET HIM ROUND ENOUGH HE'S TOO STRONG'

Then I go on to explain the following

Contact is such a massive and wide ranging word in Dressage, and that's why Dressage is so beneficial to all Equestrian sports. Contact is such an important and beautiful aid that many riders are not taking full advantage of or on the other hand abusing. Contact is very similar to a loaded gun, used correctly and in a positive and productive way it's a VERY useful tool. Used in a negative way, then a loaded gun is no longer a useful tool. I'm sure we have all seen a situation where the contact is being abused, that's easy to notice. I'm going to talk about the opposite ends of the scale, which are much more humane scenarios to the horse, but are still not beneficial to the horses physical and mental well being as the rider is still not truly connecting with their horse through the reins.

I have seen riders so brainwashed to avoid using their inside rein that they are literally riding around the arena in constant counter flexion. A rider's inside leg absolutely creates a bend but if you're not at all touching your inside rein... ever... then how the hell can we expect the horse to be truly flexed around a circle/pirouette/half-pass the list goes on. The inside rein in conjunction with your leg is an ingredient that you NEED! Your inside rein directs the neck to correct flexion, and your inside leg becomes the boundary like walking around a lamp post. So it is important to use the inside rein in conjunction with your inside leg and outside half halt. It's a balancing act of the three aids. Of course don't abuse the inside rein but certainly don't avoid it altogether.

Continued

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Stephen Hayes continued

There is SO much to cover on contact, I could have you here all day but one last thing.... "The giving and taking of the reins". The whole concept of a release of a particular rein or both is a reward. I see people giving and taking every millisecond. Do you give your dog a treat if he's dragging you around the park? Do you give your dog a treat if he's jumping up at you if you're asking him to sit? Are you feeding your dog a treat every second as he's sitting down or do you let him sit and wait there a few moments until he's earned the reward. You see where I'm going with this?

You are your horse's teacher, the 'give' is when your horse has yielded to the contact and is chewing and sucking the bit. Not when he's ripping your shoulders out of their sockets. That's not to say I'm asking my riders to stay on the end of the rein like a brick house, of course not.... you have to be productive. I want my riders massaging and manipulating the corners/bars of the horse's mouth through a consistent contact, until the horse decides to unlock and let go of his jaw poll/neck while moving forwards and sideways from his rider's leg aids. That is your window to reward your horse, he's going to love the feeling of being relaxed and loose in his poll, throat latch area and neck, thousands of endorphins are being released while doing so, and in return you push forward your hands from his wither for a moment. That's the real idea of a give. That's how he will learn to want to soften to your hands. He'll eventually understand that your hand is guiding him to a better place, now your hand has become a friend, and it's being productive to your horse's mindset. He will no doubt begin to follow your lead. Unfortunately horses don't read a book at night on 'how to become more supple' they have NO idea unless we show them the way, and one way in conjunction with other aspects is through your HANDS. So don't be afraid of the contact, it's a beautiful thing whenbeing used correctly.





Ladies of LIDA Calendar

Is your mare photogenic and perhaps a bit of a Diva?

Does she glance at herself as you glide by the mirrors in the arena?

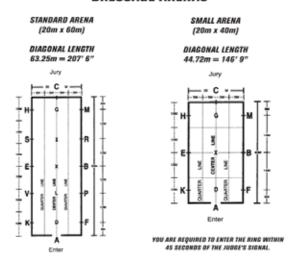
Perhaps every stallion turns his head in her direction as she steps gracefully off the trailer.

Well then, you should consider submitting her photo for the LADIES OF LIDA Calendar!

Come On - We Know There Are Some Real Beauties Out There Who Would Love To Grace The Pages Of Our Calendar!

More details will be forthcoming, so stay tuned!

DRESSAGE ARENAS



CONVERSION TABLE	SC	ORING	ERRORS		
(Meters to Feet)	10	Excellent	First Errer. 2 points		
1 meter - 3' 3"	9	Very Good	Second Error: 1 points		
6 meters = 10° 8"		Good	Third Error: Elimination		
10 meters - 32' 10"	7	Fairly Good	Leaving Arena: Elimination		
12 meters = 29° 7°	6	Satisfactory			
19 meters - 95" 11"	5	Sufficient			
20 meters = 65' 7"		Insufficient			
10 meters = 131' 3"	3	Fairly Bad			
60 meters = 196" 10"	2	Bad			
00 meteur +180 TO	1	Very Bad			

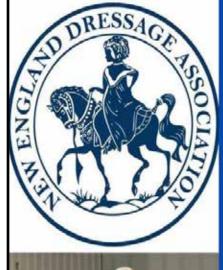
EDUCATIONAL OPPORTUNITY

Ellen Brindle-Clark has offered to train a crew on the proper set up for a dressage arena. This is a wonderful chance to increase your knowledge and awareness of where the letters are placed and how to navigate the arena when riding a test.

We will also be seeking volunteers who can help out at the shows. We are really looking forward to having shows again this year! If you are available to help, please contact one of the board members to sign up.

M R B F F

NOTEWORTHY NEWS





NEDA FALL SYMPOSIUM

Featuring

Johann Hinnemann

October 23-24, 2021

www.neda.org

ROBIN LEVITON

Last month's featured Professional Profile.









LIDA CLASSIFIED

Welcome to our classified section! If you have itens you would like to list in our classifieds, please send all the details, including photos, to LIDA secretary Karin Schackne at info@lidressage.com. Listings are free for LIDA members. A \$5 donation is asked of non-members.





FACE MASKS \$15.00 GAITERS \$20.00



shopusef.org

LIDA BOARD MEMBERS

Mary Mulcahy, President

phone: 516-318-5537 email: president@lidressage.com

Dale Gifford, Vice President

phone: 631-921-2629 email: vp@lidressage.com

Karin Schackne, Secretary

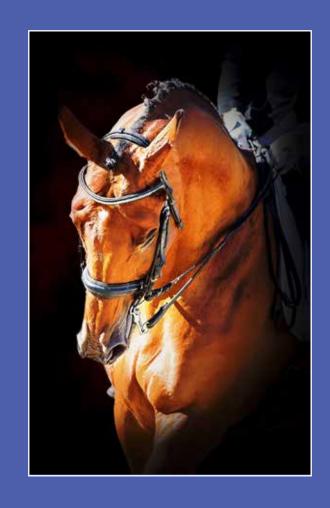
phone: 631 432-4563 email: info@lidressage.com

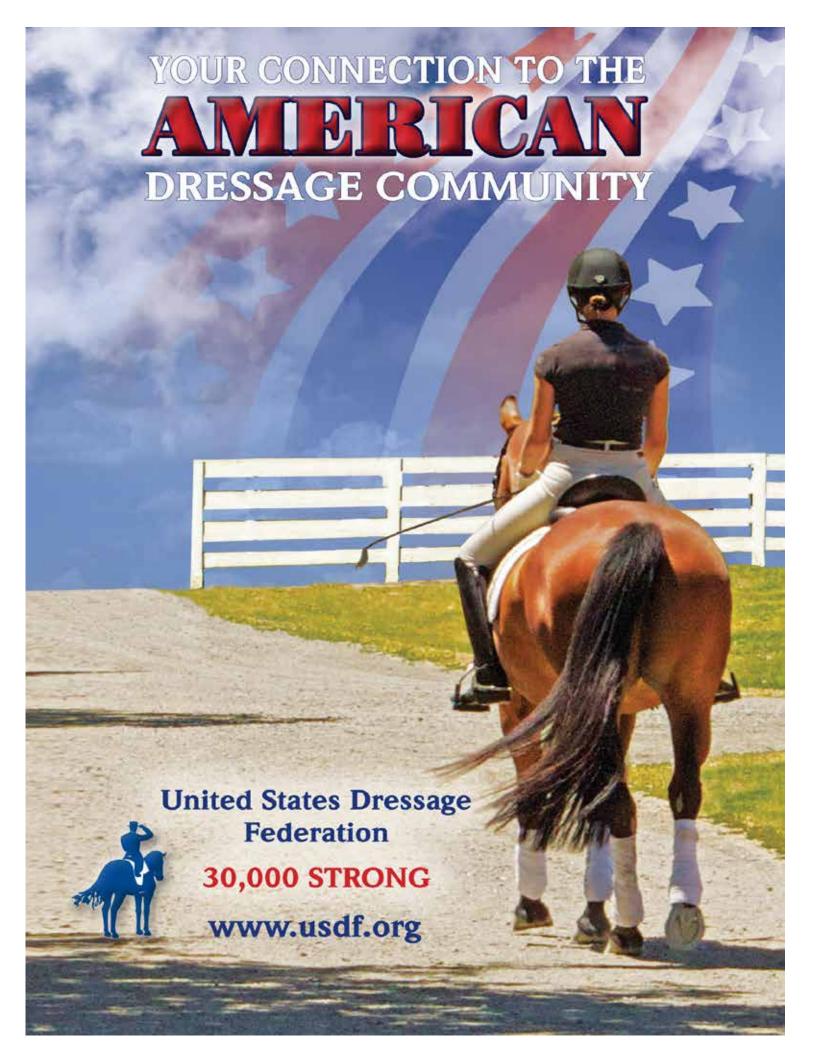
Heather Baker, Treasurer

phone: 631-827-0481 email: admin@lidressage.com

We'd love to hear from you!

If you have information you would like to share with other members, please contact LIDA secretary Karin Schackne at least one month prior to publication.







Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2021 LIDA Membership begins December 1, 2020 and ends November 30, 2021.

Please Print:

Name:	Email:						
Address:							
City/State/Zip:							
Phone:	Cell #:		D.O.B.:				
USDF #:	USEF#:						
Trainer:	Referred By:						
Horse's Name & Stable:							
Signature:		Date:		Amt:			

ANNUAL MEMBERSHIP OPTIONS

Full Participating Membership: \$60

(Includes GMO Membership in USDF)

Schooling Show Only Membership: \$40

(LIDA Member Only/Non GMO)

Youth Participating Membership: \$40

(LIDA Member Only/Non GMO/Max. Age 21)

Non-Competing Membership: \$30 (LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards)

To be eligible for Yearly High Score Awards, the rider of the horse must be a current LIDA member prior to the first class of the show for

Please review the rules!

which scores are to count.

LIDA is a non-profit association run by volunteers and is dedicated to promoting the art of dressage.

As a member, you are entitled to participate in and receive the following:

- Meetings, clinics and other club activities
- Automatically become a Group Member of the USDF

(Full Participating Membership Only)

Year-end awards and dinner dance

ANY MEMBERSHIP QUESTIONS - PLEASE EMAIL info@lidressage.com

Submit your completed application with your check made payable to LIDA to:

LIDA Membership Committee PO Box 507 Calverton, NY 11933



President's Message

Dear Members,

The Olympics have ended and I'm feeling a little sad. I love watching the Olympics and although I thought Japan was perhaps a little crazy having the Olympics during a pandemic, ultimately I'm glad they did. One of the biggest takeaways for me was that equestrian sports have a P.R. problem. Yes riding horses can be considered an elitist sport. The high costs of horses and training certainly can make it prohibitive for most to compete at the international level. However, there are many opportunities to get involved in horse sports. Many of our top riders did not come from wealth but their talent and passion took them to the top.

This Olympics had its controversies. The mental health of the athletes was highlighted as well as gender equality. Once again I started thinking about our P.R. problem. Horse sports are the only place where men and women compete against each other on an even footing. We dress the same and ride the same. Did you notice that the oldest competitors were from the equestrian disciplines? This is a sport for a life time.

I know there can be many barriers to getting involved with horse sports. Location, availability and certainly money are some of the biggest but not always insurmountable. There are many stories of people driving hours for lessons. Parents sacrificing so their child can have lessons or get that first pony. These

stories are not unique. I guess it's the old adage, "where there's a will, there's away!". So my hope coming out of these Olympics is that people see some of these wonderful things about our sport. The strength and the beauty of the partnership between horse and rider.

Speaking of opportunities, I hope to see you at the **Summer Classic II on August 29 at Old Field.**Our judge is Thomas Poulin.

See you there

Mary Mulcahy





Well our Region 8 teams are off to Great Lakes Equestrian Festival in Traverse City, MI to compete in the NAYC. Our team members for the USDF Region 8 Juniors are Tiggy Gates and Shadow's Dream, Emily Jackowski and Pluto Bona II-64, Sarah Listzwan and Brandtoftes Sjubell, Helen Pope and Galveston, with alternates Tessa Holloran and Ike and the USDF Region 8 Young Riders are Rose Keller and Dievittorio O, Caroline Cadorette and Dustin.....So let's send good vibes out to our riders! Bobbi Carleton, Chef d' Equipe, will be working hard to keep things organized.

Remember our qualifying for regional championships ends on August 30, 2021. There are many shows you can still get those two scores from, and to get your entry into the NEDA Fall Festival. I will remind you again the US Dressage Finals open to the Open, Adult Amateur, and JrYR Champion and Reserve Champion from the Regional Championships, and also to riders who reach a certain score (information on the USDF Website). These riders will be invited to Lexington, KY to compete head to head with the other regional champions. I am hoping for a big showing from Region 8 again. IMPORTANT note, please remember you will have to declare that you are willing to go to the 'finals' if invited. This declaration must be done by midnight September 22, 2021 before our Regional Championships. The USDF website will have more information.

I would like to welcome the newly elected USDF PM Delegates. They are Regina Cristo, Diane Holston, Suzie Kent, Linda Mendenhall, Kathleen O'Connor, Angela Rice, and Cindi Wylie. I look forward to working with you as it will be a big one for Region 8! I also want to thank those who decided to step down for all your work you have given Region 8.

I have to do one more pitch for the GMO awards...

Attention GMOs: newsletter, website, photography, and volunteer of the year nominations close August 30th. So before your summer gets under way, please submit them! It is a great way to get recognition for your GMO or an outstanding volunteer plus for Region 8! Here is the link with all the information....https://www.usdf.org/awards/service/gmo.asp Remember we will hold our next regional meeting in October. It will be a Zoom Call and I will get more information to you in the next newsletter. I hope you can spare the time to join us.

See you on the Centerline... Debra Reinhardt USDF Region 8 Director





- LIDA RECOGNIZED SHOWS -

AUGUST 29th Recognized Show Old Field

Check dressageexperiencesms.com for prizelists

** If you didn't pick up your champion/reserve champion ribbon at the show contact President at president@lidressage.com



Great American/USDF Regional Dressage Championships Closing Dates

Reminder, qualifying season closing dates vary for each region and are quickly approaching! Horse/rider combinations may earn qualifying scores in another region, but only at shows within the current qualifying year of the region in which that show is held.

Region 1: 9/15/2020 to 9/20/2021

Region 2: 8/25/2020 to 9/13/2021

Region 3: 9/8/2020 to 9/13/2021

Region 4: 9/8/2020 to 8/30/2021

Region 5: 8/25/2020 to 8/23/2021

Region 6: 9/8/2020 to 8/30/2021

Region 7: 9/1/2020 to 8/30/2021

Region 8: 8/25/2020 to 8/30/2021

Region 9: 9/8/2020 to 9/13/2021

Lois Yukins and Terry Gallo Named 2021 USDF Lifetime Achievement Award Recipients

Lexington, KY (August 11, 2021) – The United States Dressage Federation™ (USDF) announced today that Lois Yukins, of Manchester by the Sea, MA, and Terry Gallo, of Winter Springs, FL, have been named as the 2021 USDF Lifetime Achievement Award recipients, in recognition of their longtime dedication to USDF and the sport of dressage. Lois and Terry will be recognized at the Friday night Salute Gala, at the 2021 Adequan®/USDF Annual Convention in Houston, TX.

LIDA SUMMER DRESSAGE CLASSIC Sunday, July 25th - Old Field

Despite the rainy and windy start to the day, they show proceeded without a hitch. It was great to see people out showing again. This last year and a half has certainly been trying but it looked like all the competitors spent their time working with their horses and their results certainly spoke for themselves.

Thank you to all our show organizers, our judge, coaches, riders, volunteers and spectators. You helped make the day a great success. If you have pictures that you would like to see in the next newsletter please email (jpeg or png format) them to: karin_schackne@yahoo.com



Jesse Bowen and Raul where her beautiful Hanoverian ,"Benno" made his show debut by winning both his Second level classes



Chelsea Staal and Hermoso competing in Intermediate I



Carol Potts and Nathan



Wendi Schnittjer and Django riding their Grand Prix test.



Susan Conaty and Rockstar

A = D = L = X = I = G = K

The raffle continues!



There's still time to purchase raffle tickets for our exclusive LIDA pillows. We will pull the winning raffle tickets at the end of the 8/29 SUMMER CLASSIC II. Those of you who have already bought tickets you're still in. Be patient!

"There are many wonderful places in the world, but one of my favorite places is on the back of my horse."

Rolf Kopfle





A Clinic with Heidi Lemack

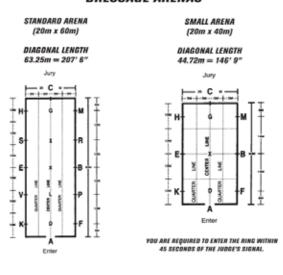
Heidi has graciously agreed to brave the New York traffic and join us once again. Heidi has an extremely positive approach to her coaching and her insight into how to communicate better with your horse is invaluable.

Save The Date

Sunday, October 31st Location: To be announced

More information will be forthcoming in the next newsletter.

DRESSAGE ARENAS



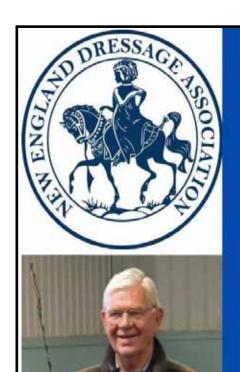
EDUCATIONAL OPPORTUNITY Aug 24th - 1PM

Ellen Brindle-Clark has offered to train a crew on the proper set up for a dressage arena. This is a wonderful chance to increase your knowledge and awareness of where the letters are placed and how to navigate the arena when riding a test.

We will also be seeking volunteers who can help out at the shows. We are really looking forward to having shows again this year! If you are available to help, please contact one of the board members to sign up.

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NOTEWORTHY NEWS



NEDA FALL SYMPOSIUM

Featuring

Johann Hinnemann

October 23-24, 2021

www.neda.org



NEDA Fall Festival SEPT 23rd - 8 AM EDT SEPT 26th - 5 PM EDT

Competition: LIDA Summer Dressage Classic I 2021

Date of Show: 7/25/2021 - 7/25/2021

Organizer: Dressage Experience Show Management Services, LLC USEF #: 333120 USDF #: 333120

	Class 28 Open, FEI Grand Prix - Open - Sun, Jul 25, 2021 - Ring 1							
Place	Ent # Rider	Horse		Sara Schmitt (C)	Total %			
1	240 Wendi Schnittjer	Django	Open	64.674% (1)	64.674%			

	Class 17 Open, USEF Third Level Test 1 - Open - Sun, Jul 25, 2021 - Ring 1								
Place	Place Ent # Rider Horse			Sara Schmitt (C)	Total %				
1	294 Marie Banks	Nu Soldier Of For	Open	63.243% (1)	63.243%				

	Class 1 AA, USDF Introductory Test A - AA - Sun, Jul 25, 2021 - Ring 1							
Place	Ent # Rider	Horse		Sara Schmitt (C)	Total %			
1	284 Brittany Oelschlag	Can You Keep A	Adult Am.	60.312% (1)	60.313%			

	Class 13 Jr/Yr, USEF First Level Test 3 - Jr/Yr - Sun, Jul 25, 2021 - Ring 1								
Place	Ent # Rider	Horse		Sara Schmitt (C)	Total %				
1	246 Sarah McCombe	Frilandreo	Jr/Yg Rider	64.722% (1)	64.722%				

Class 2 AA, USDF Introductory Test B - AA - Sun, Jul 25, 2021 - Ring 1								
Place	Ent # Rider	Horse	Sara Schmitt (C)		Total %			
1	250 Natalie Mattson	Askara	Adult Am.	66.875% (1)	66.875%			
2	285 Andressa Costa	Blue Sky Kinda G	Adult Am.	65.938% (2)	65.938%			
3	284 Brittany Oelschlag	Can You Keep A	Adult Am.	59.375% (3)	59.375%			

	Class 23 AA, FEI Prix St. George - AA - Sun, Jul 25, 2021 - Ring 1								
Place	Ent # Rider	Horse		Sara Schmitt (C)	Total %				
1	243 Chelsea Staal	Hermoso	Adult Am.	61.912% (1)	61.912%				
S	268 Lizbeth Marano	Vistoso XV	Adult Am.						

Class 3 AA, USDF Introductory Test C - AA - Sun, Jul 25, 2021 - Ring 1								
Place	Ent # Rider	Horse		Sara Schmitt (C)	Total %			
1	285 Andressa Costa	Blue Sky Kinda G	Adult Am.	70.500% (1)	70.500%			
2	250 Natalie Mattson	Askara	Adult Am.	67.250% (2)	67.250%			
3	278 Sandra Bresnick	Kingstons Boy	Adult Am.	58.250% (3)	58.250%			

	Class 10 Opp, USEF First Level Test 1 - Opportunity - Sun, Jul 25, 2021 - Ring 1							
Place	Place Ent # Rider Horse			Sara Schmitt (C)	Total %			
1	290 Carol Potts	Nathan	Open	61.724% (1)	61.724%			

	Class 19 Open, USEF Third Level Test 3 - Open - Sun, Jul 25, 2021 - Ring 1								
Place	Ent # Rider	Horse		Sara Schmitt (C)	Total %				
1	294 Marie Banks	Nu Soldier Of For	Open	59.625% (1)	59.625%				

	Class 12 Opp, USEF First Level Test 2 - Opportunity - Sun, Jul 25, 2021 - Ring 1							
Place	Ent # Rider	Horse		Sara Schmitt (C)	Total %			
1	290 Carol Potts	Nathan	Open	62.714% (1)	62.714%			

	Class 13 AA, USEF First Level Test 3 - AA - Sun, Jul 25, 2021 - Ring 1									
Place	Ent # Rider	Horse		Sara Schmitt (C)	Total %					
1	289 Lyndsey Bailey	Serenade	Adult Am.	65.000% (1)	65.000%					
2	247 Susan Conaty	Rocky	Adult Am.	60.000% (2)	60.000%					

lace	Ent # Rider	Horse		Sara Schmitt	Total %
1	291 Jaclyn Cartesio	Victori	Open	(C) 70.714% (1)	70.714%
2	286 Jaclyn Cartesio	Karmites SSF	Open	66.286% (2)	66.286%
	Class 42 C	mon HEEF Eir	est Level Ter	42 Onen Sun kul 25 202	4 Ding 4
Place	Ent # Rider	Horse	St Level 1e:	st 3 - Open - Sun, Jul 25, 202 Sara Schmitt (C)	Total %
1	286 Jaclyn Cartesio	Karmites SSF	Open	63.889% (1)	63.889%
2	279 Wendi Schnittjer	Rio	Open	61.806% (2)	61.806%
S	271 Katrina Rezunova	Tuscany Kosmos	Open		
	Class 14	AA USFF Sec	ond Level T	est 1 - AA - Sun, Jul 25, 2021	- Ring 1
Place	Ent # Rider	Horse		Sara Schmitt (C)	Total %
1	247 Susan Conaty	Rocky	Adult Am.	62.703% (1)	62.703%
2	292 Jessica Kniesly	Bohemio CDF	Adult Am.	62.568% (2)	
				est 1 - AA - Sun, Jul 25, 2021 Sara Schmitt	
	Class 4 A	AA, USEF Trani		est 1 - AA - Sun, Jul 25, 2021	_
Place	Class 4 A	AA, USEF Trani Horse	ing Level Te	est 1 - AA - Sun, Jul 25, 2021 Sara Schmitt (C)	- Ring 1
Place 1	Class 4 A Ent # Rider 248 Heather Baker 278 Sandra Bresnick	AA, USEF Trani Horse Rio Kingstons Boy	ing Level Te Adult Am. Adult Am.	Sara Schmitt (C) 62.692% (1) 58.654% (2)	- Ring 1 Total % 62.692% 58.654%
Place 1 2	Class 4 A Ent # Rider 248 Heather Baker 278 Sandra Bresnick Class 15 A	AA, USEF Trani Horse Rio Kingstons Boy AA, USEF Seco	ing Level Te Adult Am. Adult Am.	est 1 - AA - Sun, Jul 25, 2021 Sara Schmitt (C) 62.692% (1) 58.654% (2) est 2 - AA - Sun, Jul 25, 2021	- Ring 1 Total % 62.692% 58.654% - Ring 1
Place 1 2	Class 4 A Ent # Rider 248 Heather Baker 278 Sandra Bresnick	AA, USEF Trani Horse Rio Kingstons Boy	ing Level Te Adult Am. Adult Am.	Sara Schmitt (C) 62.692% (1) 58.654% (2)	- Ring 1 Total % 62.692% 58.654%
Place 1 2	Class 4 A Ent # Rider 248 Heather Baker 278 Sandra Bresnick Class 15 A	AA, USEF Trani Horse Rio Kingstons Boy AA, USEF Seco	ing Level Te Adult Am. Adult Am.	est 1 - AA - Sun, Jul 25, 2021 Sara Schmitt (C) 62.692% (1) 58.654% (2) est 2 - AA - Sun, Jul 25, 2021 Sara Schmitt	- Ring 1 Total % 62.692% 58.654% - Ring 1
Place 2	Class 4 A Ent # Rider 248 Heather Baker 278 Sandra Bresnick Class 15 A Ent # Rider	AA, USEF Trani Horse Rio Kingstons Boy AA, USEF Second	Adult Am. Adult Am. Adult Am.	est 1 - AA - Sun, Jul 25, 2021 Sara Schmitt (C) 62.692% (1) 58.654% (2) est 2 - AA - Sun, Jul 25, 2021 Sara Schmitt (C)	- Ring 1 Total % 62.692% 58.654% - Ring 1 Total %
Place 1 2 Place	Class 4 A Ent # Rider 248 Heather Baker 278 Sandra Bresnick Class 15 A Ent # Rider 292 Jessica Kniesly	AA, USEF Trani Horse Rio Kingstons Boy AA, USEF Secondary Bohemio CDF	Adult Am. Adult Am. Ond Level To	est 1 - AA - Sun, Jul 25, 2021 Sara Schmitt (C) 62.692% (1) 58.654% (2) est 2 - AA - Sun, Jul 25, 2021 Sara Schmitt (C)	- Ring 1 Total % 62.692% 58.654% - Ring 1 Total % 58.293%
Place 1 2 Place	Class 4 A Ent # Rider 248 Heather Baker 278 Sandra Bresnick Class 15 A Ent # Rider 292 Jessica Kniesly	AA, USEF Trani Horse Rio Kingstons Boy AA, USEF Secondary Bohemio CDF	Adult Am. Adult Am. Ond Level To	est 1 - AA - Sun, Jul 25, 2021 Sara Schmitt (C) 62.692% (1) 58.654% (2) est 2 - AA - Sun, Jul 25, 2021 Sara Schmitt (C) 58.293% (1)	- Ring 1 Total % 62.692% 58.654% - Ring 1 Total % 58.293%

	Class 14 O	pen, USEF Se	cond Level T	est 1 - Open - Sun, Jul 25, 2	2021 - Ring 1
Place	Ent # Rider	Horse		Sara Schmitt (C)	Total %
1	249 Jessica Bowen	Brosnan	Open	64.189% (1)	64.189%
Place	Class 9	9 AA, USEF Fi	irst Level Tes	t 1 - AA - Sun, Jul 25, 2021 Sara Schmitt	- Ring 1
1	283 Lynn Berry	Lucky Zoom	Adult Am.	(C) 64.655% (1)	64.655%
Place	Class 16 Ent # Rider	AA, USEF Se Horse	cond Level T	est 3 - AA - Sun, Jul 25, 202 Sara Schmitt (C)	1 - Ring 1 Total %
1	239 Don Giorgio	Sensei	Adult Am.	63.333% (1)	63.333%
2	288 Beth Rosner	Covergirl	Λ allt Λ .aa	00 5050((0)	
		•	Adult Am.	60.595% (2)	60.595%
Place		•		est 3 - Open - Sun, Jul 25, 2 Sara Schmitt (C)	
Place	Class 16 O	pen, USEF Se		est 3 - Open - Sun, Jul 25, 2	2021 - Ring 1
Place 1	Class 16 O Ent # Rider 249 Jessica Bowen	pen, USEF Se Horse Brosnan Open, USEF F	Open	est 3 - Open - Sun, Jul 25, 2 Sara Schmitt (C) 60.119% (1) t 1 - Open - Sun, Jul 25, 20	2021 - Ring 1 Total % 60.119% 21 - Ring 1
Place 1	Class 16 O Ent # Rider 249 Jessica Bowen	pen, USEF Se Horse Brosnan	Open	est 3 - Open - Sun, Jul 25, 2 Sara Schmitt (C) 60.119% (1)	2021 - Ring 1 Total % 60.119%
1	Class 16 O Ent # Rider 249 Jessica Bowen Class 9 C	pen, USEF Se Horse Brosnan Open, USEF F	Open	est 3 - Open - Sun, Jul 25, 2 Sara Schmitt (C) 60.119% (1) t 1 - Open - Sun, Jul 25, 20 Sara Schmitt	2021 - Ring 1 Total % 60.119% 21 - Ring 1
1 Place	Class 16 O Ent # Rider 249 Jessica Bowen Class 9 C Ent # Rider 291 Jaclyn Cartesio	pen, USEF Se Horse Brosnan Open, USEF F Horse Victori	Open Open Open Open	est 3 - Open - Sun, Jul 25, 2 Sara Schmitt (C) 60.119% (1) t 1 - Open - Sun, Jul 25, 20 Sara Schmitt (C) 70.862% (1) AA - Sun, Jul 25, 2021 - Ri	2021 - Ring 1 Total % 60.119% 21 - Ring 1 Total % 70.862%
1 Place	Class 16 O Ent # Rider 249 Jessica Bowen Class 9 C Ent # Rider 291 Jaclyn Cartesio	pen, USEF Se Horse Brosnan Open, USEF F Horse Victori	Open Open Open Open	est 3 - Open - Sun, Jul 25, 2 Sara Schmitt (C) 60.119% (1) t 1 - Open - Sun, Jul 25, 20 Sara Schmitt (C) 70.862% (1)	2021 - Ring 1 Total % 60.119% 21 - Ring 1 Total % 70.862%

	Class 19	AA, USEF Th	ird Level Te	st 3 - AA - Sun, Jul 25, 202 [,]	1 - Ring 1
Place	Ent # Rider	Horse		Sara Schmitt (C)	Total %
1	239 Don Giorgio	Sensei	Adult Am.	66.000% (1)	66.000%
2	293 Elzbieta Pedersen	NEGOCJACJA	Adult Am.	64.125% (2)	64.125%
3	277 Wendy Kaplan	Fifty Fifty	Adult Am.	61.125% (3)	61.125%
Е	288 Beth Rosner	Covergirl	Adult Am.		
	Class 17	AA, USEF Th	ird Level Te	st 1 - AA - Sun, Jul 25, 202	1 - Ring 1
Place	Ent # Rider	Horse		Sara Schmitt (C)	Total %
1	242 Stacie Rosenblatt	Rec's Pearl	Adult Am.	51.351% (1)	51.351%

Class 11 AA, USEF First Level Test 2 - AA - Sun, Jul 25, 2021 - Ring 1					
Place	Ent # Rider	Horse		Sara Schmitt (C)	Total %
1	283 Lynn Berry	Lucky Zoom	Adult Am.	67.286% (1)	67.286%

·	Class 20 AA, USEF Fourth Level Test 1 - AA - Sun, Jul 25, 2021 - Ring 1					
Place	Ent # Rider	Horse		Sara Schmitt (C)	Total %	
1	293 Elzbieta Pedersen	NEGOCJACJA	Adult Am.	63.590% (1)	63.590%	
2	277 Wendy Kaplan	Fifty Fifty	Adult Am.	61.026% (2)	61.026%	

Championship Sheets

Introductory Level Champion

Number	Horse/Rider Owner (if not rider)	Score	Placing
285	Blue Sky Kinda Guy, Andressa Costa Owner: Rebecca Robin Wilson	70.500%	1
250	Askara, Natalie Mattson Owner: AMAILIE BANDELIER	67.250%	2

Training Level AA Championship

Number	Horse/Rider Owner (if not rider)	Score	Placing
248	Rio, Heather Baker	62.692%	1
278	Kingstons Boy, Sandra Bresnick Owner: Rebecca Robin Wilson	58.654%	2

First Level AA Champion

Number	Horse/Rider Owner (if not rider)	Score	Placing
283	Lucky Zoom, Lynn Berry	67.286%	1
289	Serenade, Lyndsey Bailey	65.000%	2

First Level Jr/Yr Champion

Number	Horse/Rider Owner (if not rider)	Score	Placing
246	Frilandreo, Sarah McCombe	64.722%	1

First Level Test 1 Opportunity

Number	Horse/Rider Owner (if not rider)	Score	Placing
290	Nathan, Carol Potts	61.724%	1

Championship Sheet

First Level Jr/Yr Champion

Number	Horse/Rider Owner (if not rider)	Score	Placing
246	Frilandreo, Sarah McCombe	64.722%	1

First Level Open Champion

Number	Horse/Rider Owner (if not rider)	Score	Placing
291	Victori, Jaclyn Cartesio Owner: GIGI ASHER	70.862%	1
286	Karmites SSF, Jaclyn Cartesio	66.286%	2

Second Level AA Champion

Number	Horse/Rider Owner (if not rider)	Score	Placing
239	Sensei, Don Giorgio	63.333%	1
247	Rocky, Susan Conaty	62.703%	2

Championship Sheet

Second Level AA Champion

Number	Horse/Rider Owner (if not rider)	Score	Placing
239	Sensei, Don Giorgio	63.333%	1
247	Rocky, Susan Conaty	62.703%	2

Second Level Open Chamion

Number	Horse/Rider Owner (if not rider)	Score	Placing
249	Brosnan, Jessica Bowen	64.189%	1

Third Level AA Championship

Number	Horse/Rider Owner (if not rider)	Score	Placing
239	Sensei, Don Giorgio	66.000%	1
293	NEGOCJACJA, Elzbieta Pedersen	64.125%	2

Championship Sheet

Third Level Open

Number	Horse/Rider Owner (if not rider)	Score	Placing	
294	Nu Soldier Of Fortune, Marie Banks Owner: Eileen Kasmarcik	63.243%	1	

Fourth Level AA Championship

Number	Horse/Rider Owner (if not rider)	Score	Placing
293	NEGOCJACJA, Elzbieta Pedersen	63.590%	1
277	Fifty Fifty, Wendy Kaplan	61.026%	2

FEI AA Champion

Number Horse/Rider Owner (if not rider)		Score	Placing
243	Hermoso, Chelsea Staal Owner: Wendi Schnittjer	61.912%	1

USEF Number: 333120 USDF Number: 333120

Championship Sheet

FEI Champion Open

Number	Horse/Rider Owner (if not rider)	Score	Placing
240	Django, Wendi Schnittjer Owner: E.B. Schaffner	64.674%	1
	High Sco	ore AA	
Number	Horse/Rider Owner (if not rider)	Score	Placing
285	Blue Sky Kinda Guy, Andressa Costa Owner: Rebecca Robin Wilson	70.500%	1
	High Scor	e Junior	
Number	Horse/Rider Owner (if not rider)	Score	Placing
246	Frilandreo, Sarah McCombe	64.722%	1
	High Sco	re Open	
Number	Horse/Rider Owner (if not rider)	Score	Placing
201	Victori, Jaclyn Cartesio	70.862%	4

Victori, Jaclyn Cartesio Owner: GIGI ASHER

70.862%

1



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\$15.00 GAITERS \$20.00



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Dale Gifford, Vice President

phone: 631-921-2629 email: vp@lidressage.com

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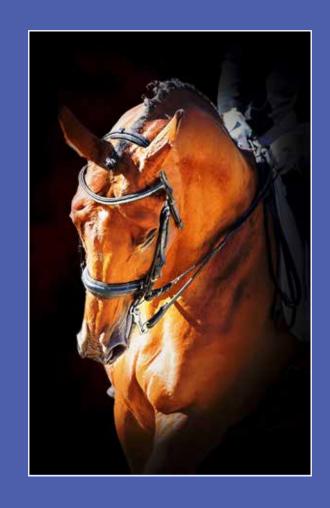
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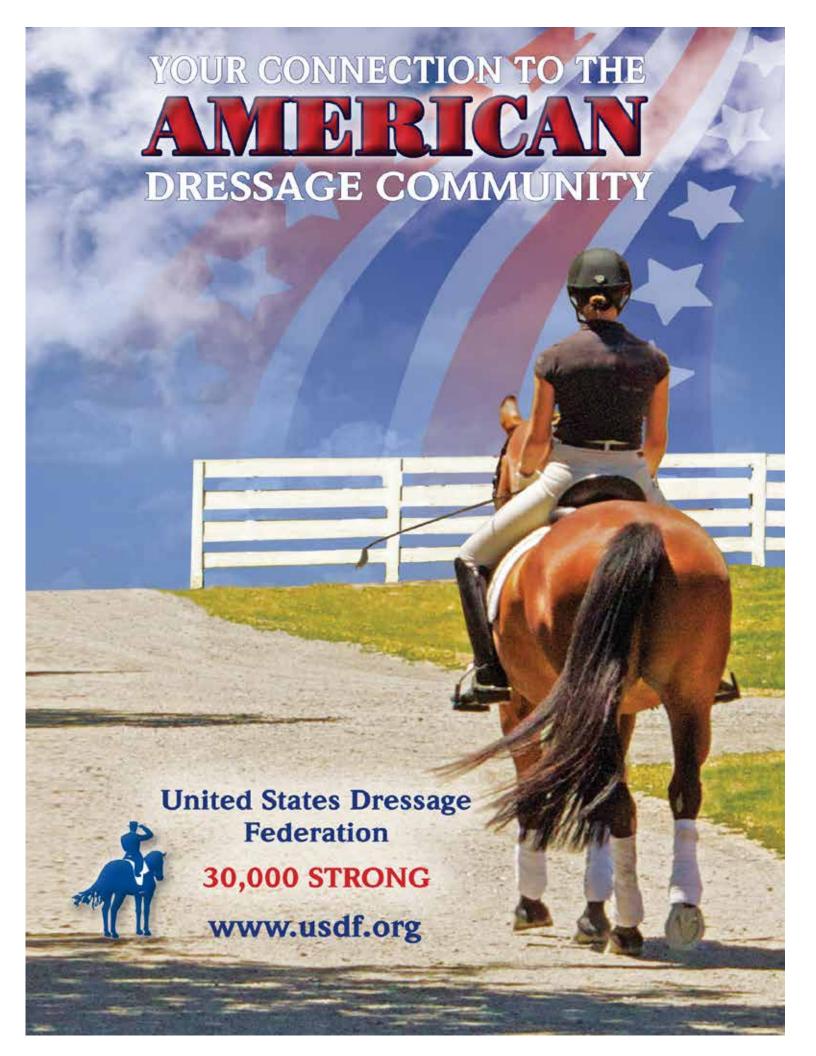
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Trainer:	Referred By:			
Horse's Name & Stable:				
Signature:		Date:		Amt:

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(Includes GMO Membership in USDF)

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(LIDA Member Only/Non GMO)

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(LIDA Member Only/Non GMO/Max. Age 21)

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The LIDA Extension

Official newsletter of the Long Island Dressage Association

September 2021

President's Message

Dear Members.

August was a disappointing month. The show in July was well attended and the comments afterwards gave us high hopes for our show on August 29th. Unfortunately it didn't pan out. Due to a lack of entries, the show would have cost LIDA \$115 per rider on top of their entry fee. In other words LIDA would be paying for the riders and 50% of them were not club members. We ended up with 3-1/2 hours of show time. I couldn't see the point of flying the judge in from Chicago for 3-1/2 hours of work. The decision to cancel was based on these factors. Even with all these facts it was still a hard decision to make. Disappointing those that support the club and dressage on Long Island was not easy but we do have a fiduciary responsibility as well.

To give you an idea of what expenses are incurred, here are some of the things that go in to organizing and putting on a show. (By the way it's understandable, most people go to the shows without really thinking about what it takes to put the show on.)

Once the date is established here are some of the required expenses:

- * Insurance (\$237.50).
- * The Judge (\$686.80)
- * TD (\$734.91)
- * Ring Steward (\$150.00)
- * EMT (\$185.00)
- * Hotel room reservations for the judge, TD and show manager are made (\$823.95).
- * Ribbons and prizes have to be ordered, which is always a bit of a guessing game (\$400).
- * Can't forget about the Port-a-Potty (\$150 each).

These are most but not all the expenses that hopefully are paid for by entries. Of course there are also the physical elements of setting everything up. Each show we ask for volunteers, but we never get any. We needed someone to pick up the judge at the airport. Not one person responded to our call. We are doing this for you the members of LIDA. That is our mandate as stated in our bylaws. First and foremost our events are for the members of LIDA. I listed some of the expenses but it isn't about the money it's about participation.

Obviously people are going to go to other shows. We all have other venues where we like to go. I guess we the board like to think that members want to support their club's limited offerings in order to keep some dressage shows on LI but the evidence supports a different conclusion. My conclusion is that members are not really interested in supporting the club through participation in our events. We had comments that the August show was conflicting with a show off island. Well if you don't support your local show, which by the way is just as good as a Centerline event for example, then the local venues will disappear. I have to wonder what is the future of dressage on Long Island?

I am not the first president to deal with this issue nor will I be the last, I hope. But right now things are not looking good for LIDA. We're only 3 years away from our 50th anniversary.

I really hope we make it!

Mary Mulcahy



The past month of shows winds up the qualifying period for the GAIG/USDF Regional Championships. Some shows had great weather and others dealt with Henri!

The NAYC happened August 11-15. Our Chef, Bobbi Carleton, said they had their challenges with things but mainly the weather when tornadoes were in the area and competition had to be postpone. However, it was a wonderful experience for all...riders, parents, trainers, and chefs. Region 8 by far had the best team in spirit. They all played together, helped each other, cheered for each other, help wipe tears away when needed.

As most of you know I entered 'NEDA Jail' on August 2nd , as the show secretary. Sadly(LOL!!) I ONLY received just over 200 entries on opening day for NEDA Fall Festival aka Region 8 Championships. The opening week we finished up with 320 entries and the front barns were basically full with several open classes on the wait list. The show closes August 30th, and as I need to write this newsletter before that date, I cannot give you any final numbers. It will be a huge success thanks to NEDA and all their tireless hours of planning and work... As you are aware (or not) there is no CDI and of course the breed show left NEDA Fall Festival in 2019. NEDA has been lucky these past few years so I want everyone do the anti-rain dance!!!

Are you competing in the Championships???If so, did YOU all declare for the Nationals? If not, you have still have time, and it does not cost you anything to declare! We want a HUGE, HUGE Region 8 presence! You must declare by midnight on September 22nd.

Remember we will hold our next regional meeting in October 5th at 7pm. It will be a Zoom Call and I will get more information to you. Besides the GMO contacts and PM Delegates, let me know if you want to join us so I don't miss sending the Zoom info.

That's it for now.

See you on the Centerline... Debra Reinhardt USDF Region 8 Director





USDF invites you to attend the 2021 Adequan®/USDF Annual Convention, December 1st through December 4th, in Houston, TX

The JW Marriott Houston by the Galleria will be hosting the onsite event. Make your reservations **online** by November 8, 2021, to receive our discounted rate.

If you need registration assistance, please visit the **convention website** for step by step registration instructions. If you have further questions, please contact **eventregistration@usdf.org** or call 859-271-7871.

Olympians, Hall of Fame inductees, or Lifetime Achievement Award recipients will receive a complimentary registration to the convention and a ticket to the Salute Gala.

Please visit the convention **website** to learn more about the newly revamped agenda, educational offerings, and other important information. We look forward to seeing you in Houston!





SEPTEMBER 30 Deadlines for Adequan®/USDF Year-End Awards Information

Submitting birthdates for vintage cup, adult amateur, and junior/young rider awards

Filing vintage cup status and verifying adult amateur status



The 2021 competition year ends September 30, 2021

Check your scores on USDFScores.com

Errors must be reported by October 15, 2021, at 5:00 pm ET Current Adequan*/USDF Year-End Awards preliminary standings

Check eligibility for horse's currently declared for All-Breeds Awards

Mark Your Calendars: Dressage at Devon September 28-October 3, 2021



First Two Raffle Winners!



Our first two raffle winners are - drum roll please!

Pat Dowds and Heather Rowsom

The next two names will be drawn after the clinic with Heidi on October 31st.

SAVE THE DATE!



A Clinic with Heidi Lemack

Heidi has graciously agreed to brave the New York traffic and join us once again. Heidi has an extremely positive approach to her coaching and her insight into how to communicate better with your horse is invaluable.

Save The Date

Sunday, October 31st Location: To be announced

More information will be forthcoming in the next newsletter.

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NOTEWORTHY NEWS



NEDA FALL SYMPOSIUM

Featuring



October 23-24, 2021

www.neda.org





NEDA Fall Festival SEPT 23rd - 8 AM EDT SEPT 26th - 5 PM EDT



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FACE MASKS \$15.00 GAITERS \$20.00



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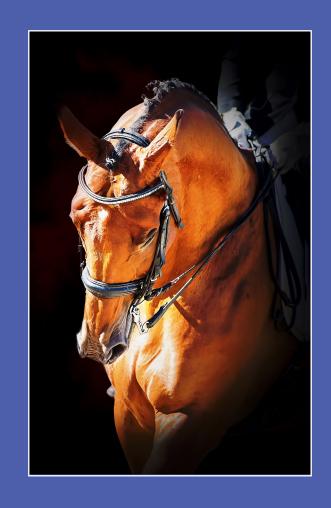
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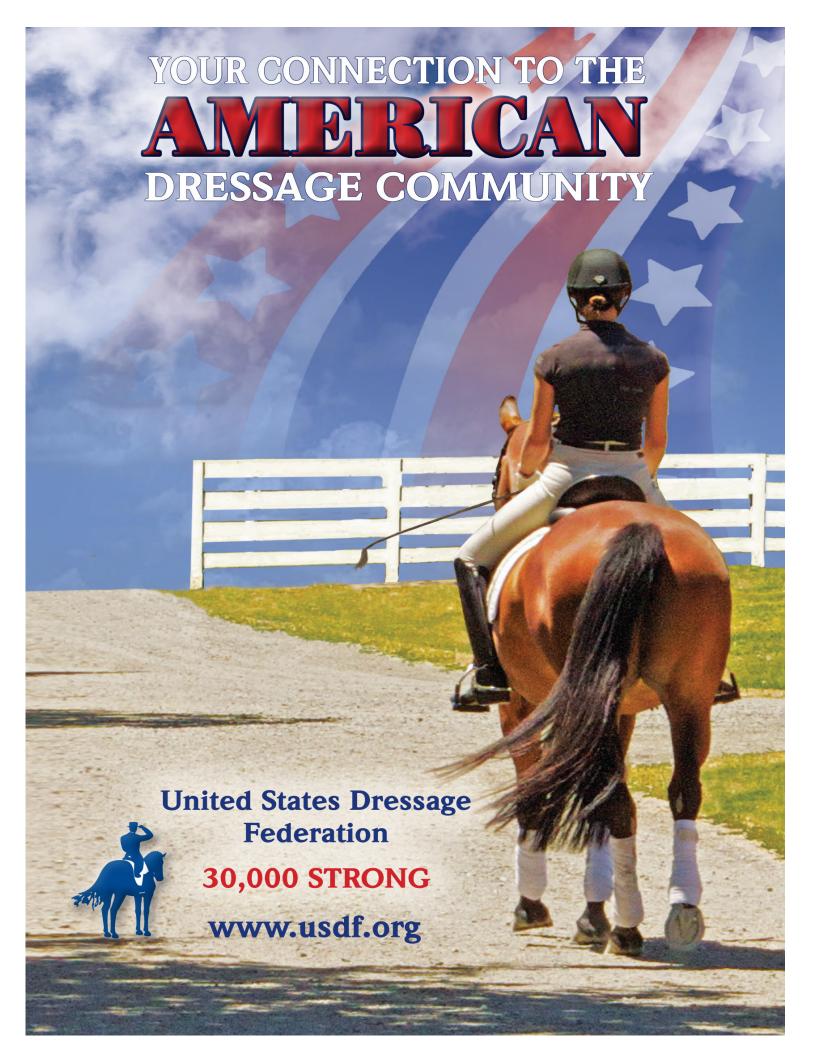
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President's Message

Dear Members,

2021 is almost over. Again this year we will not have a Year End Awards Dinner. I know some of you are disappointed as am I, but I think it's only prudent with this new variant. There were 2 people that applied for awards. Very sad but I guess many people didn't show, I know I didn't. Congratulations to Marla Stotsky Guerra and Wendy Kaplan on their Awards. Hopefully there will be more submissions in 2022.

On the 11th we had our second Heidi Lemack clinic of 2021 at Norwest. It was a small group of five riders. Since we were only shy one rider to cover Heidi's fee, the board decided to cover that last ride to allow the clinic to go on. We thank Heidi for traveling here for a small group. We also thank, once again, Liz Schaffner for her generosity in hosting another LIDA event.

Don't forget the new membership year has started. It's time to renew. I'd like to encourage those who may not be competing or even riding to join LIDA and support Dressage on Long Island. We do offer a NON-COMPETING membership just for that purpose. So even if you're retired or laid up you can still support Dressage on Long Island by supporting LIDA. I hope you'll join us!!

I'd like to wish everyone a happy and joyous holiday season! I hope we'll all be able to be with our loved ones this year! And a Happy New Year!

Mary Mulcahy President



Winter is starting to set in and I am sure you have already done some body clipping on our equine friends. I know Rupert has been done twice and Leo once so far!

I am sure most of you heard about the US Dressage Finals and how large they were. We had 560 horses compared to 400 being our previous largest. Championship rides are usually about 540 and this year over 900. There were



8 competition arenas with many warmups. The weather...well it was beautiful at the start!!! I was excited to see our region well represented. This year we could not give saddle pads as they were back ordered and still off CA shore...So I decided to do backpacks with a big region 8 logo on them. We also gave them an iron-on logo patch to put on their own saddle pad. I want to thank Lisa Valone who donated the money for these gifts once again! I know I speak for all the riders who received them, thank you!

Now the BIG news....Our very own Fie Andersen was the first winner of the 'Top Hat Perpetual' Presented by Janet Foy. The winner must have the highest freestyle and non-freestyle average score at the same level in their championship classes. YEAH!!! And Congratulations!!!

The next BIG news....Region 8 won the Regions Cup at the US Dressage Finals. What this is riders are selected from their scores at their regional championship to be on a team at the Finals. There is certainly rules of so many open rider vs AA vs JrYR and certainly levels must be represented. Our team was Alexandra Krossen and Looker SCF 73.056%, Lyndsey Bailey and Kasparov Toja 69.325%, Heather Mason and RTF Lincoln 71.422%, and Caroline Colby and My Lorino 68.621% for total of 70.606%. YEAH!!! Congrats!!! WAY TO GO Region 8!!!! Region 3 was Reserve with 70.258% and Third Place went to region 5 with 69.742%.

We just finished our second and hopefully last virtual USDF Convention. I did see many of you participating on the calls, including at the Board of Governors and the educational programs! Sometimes I feel it is great that more people can be involved when it is virtual but we do miss the 'bar' conversations.

USDF seems to be in wonderful standings at this point. Budget wise we are in great shape especially with both of the PPP loans being forgiven. That really helped to keep our staff! Memberships for PM are up with GM members a bit down in comparing 2019 to 2021 numbers. Horse registration are really up. I guess everyone went out and got a new horse during the shutdown and then had to register them!!! The number of dressage shows in 2019 is still a bit higher but 2021 made a huge comeback from 2020.

Region 8 News continued

A new addition to the Rider Awards. While we still have the Bronze, Silver and Gold medals with no changes to the required number of scores or the percentage, USDF will be adding in the 2023 a new rider award 'with distinction'. So you can earn your bronze medal with 60% or better and now you can earn a bronze award with distinction if your scores are all 67% or higher. The same goes for Silver and the Gold medal, ie earn with distinction with the scores at 67% or higher. Look for more details in the fall of 2022 when the award becomes active.

Elections this year were interesting. We had two candidates for President, Steve Schubert and Kevin Reinig, going into the convention, then George Williams was nominated from the floor. During Kevin's speech, he withdrew. Leaving only two. Election happened and George Williams will be our USDF president starting January 1st. Lisa Gorretta will remain on the board for one year as outgoing president.

As for Region 8, Helen van der Voort is your new Region 8 Director. Congratulations!!! I will of course not leave her hanging as I will help her as much as she needs, but she is a quick learner.

With that, I close my last newsletter to my region. Thank you for the privilege and honor to serve you and be our region's cheerleader to USDF for the past 9 years.

Have a great safe Holiday! HUGS to all your equine friends.

See you on the Centerline... Debra Reinhardt USDF Region 8 Director





US Dressage Finals

November 5 - 8, 2020

presented by Adequan









Congratulations to Wendi Schnittjer

Wendi rode Elizabeth Schaffner's Django and won one GP with a 68% and coming in 3rd in the I 2 championship with a 68% and 6th in the GP championship with a 66.6%





Cloud 9 - was there to impress as well.

Thursday 67.500% 1st Level Test of Choice-

test 3

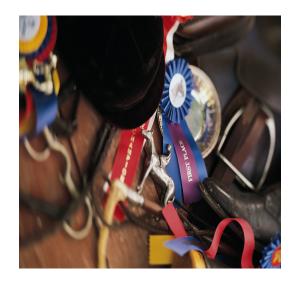
Friday 70.632% Tr. Ch. Open

Saturday 71.389% 1st Level Test of Choice -

test 3

Sunday 72.500% USEF Test of Choice -

1st Level Test 3



- 2021 LIDA Year End Award Recipients -

Recognized Show Division

Wendy Kaplan and Fifty Fifty - 3rd Level Ch. with an average score of 62.41%

Schooling Show Division

Marla Stotsky Guerra and Jared - Training Level Ch. with an average score of 68.10%

B

Marla Stotsky Guerra and Jared - 1st Level Ch. with an average score of 65.53%



Internet Sensation

Look who's made it to #DrPol. LIDA VP Dale Gifford and her beloved Fig circled right there in the top right corner.



Important Dressage Rule Changes Effective December 1, 2021

Lexington, Ky. – US Equestrian (USEF) Dressage has several rule changes approved for the 2022 competition year, including a complete rewrite to DR120 – Dress, effective December 1, 2021. The changes to DR120 will modernize many of the dress code rules, keeping familiar traditional attire in the rule while giving riders many more choices and flexibility, to suit their modern tastes, fabrics and color choices for the competition arena. The provisions of this section apply to all classes and levels, including Championships, at USEF-Licensed, USDF-recognized dressage competitions. CDI riders should continue to look to FEI Dressage Chapter rules for attire permitted in International Events

Also effective December 1, 2021, is Annex B, which outlines the requirements for US athletes to enter CDIs (FEI Competitions). These requirements will be checked once an athlete completes the FEI entry portal for a CDI. For more information on how to access the USEF FEI Entry Portal, head to the U.S. FEI Competitions page of the website.

Complete USEF Dressage Rules can be found on the USEF website.

Questions should be directed to Lauren Moore, Director of Sport Management Administration, or dressage@usef.org.



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THE INTEGRATED RIDER

Improve your connection and confidence with certified yoga instructor and fellow rider Debbie Froehlich E-RYT

Discover how both Classical Horsemanship and yoga correlate and enhance one another as you bring your practice from the mat to the barn. See how an awareness of ones alignment, improvement of physical strength and endurance (body), intention and attention (mind), connected with ones

own life force (breath) can bring about a stronger union with ourselves and our horses. We ask our horses to be supple, strong and flexible, in both body and mind and we owe it to them to do the same.

All levels and disciplines are welcomed and encouraged to "think outside the box" towards developing harmony with our horses. For offerings and rates. Theintegratedrider@gmail.com or call 251-234-1350



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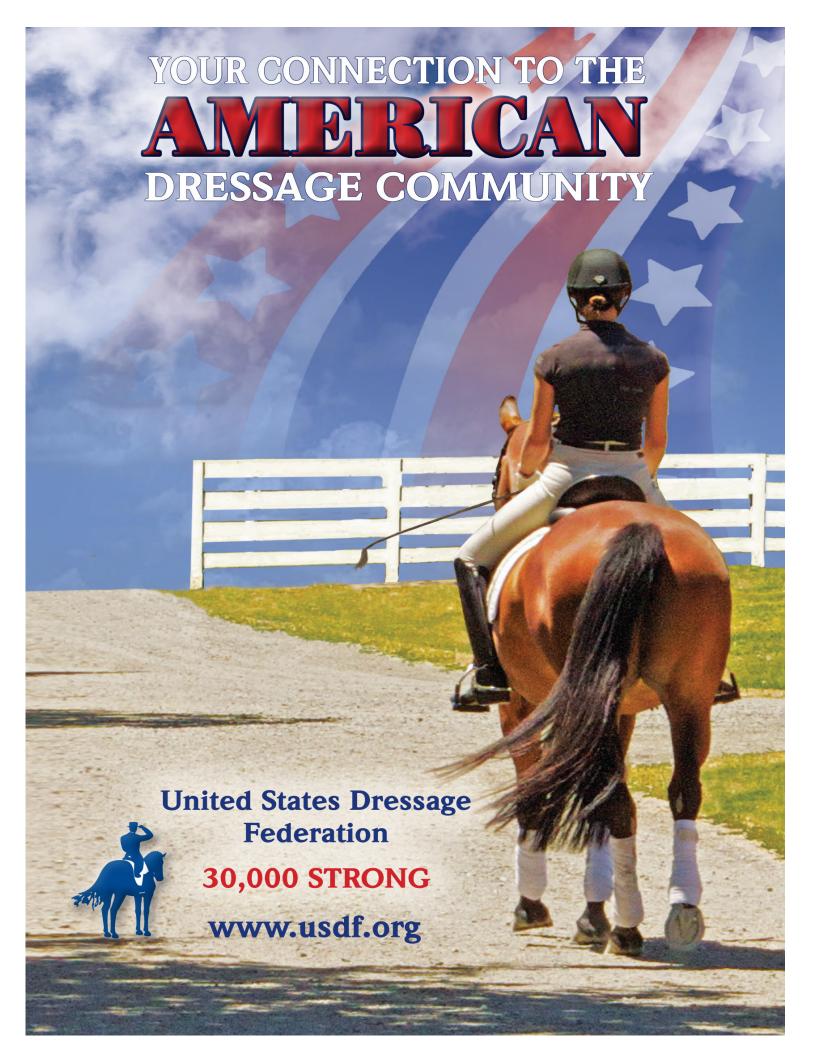
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- Discounts at USDF Events
- USDF Connection Magazine

Remember, LIDA is your club and it takes the entire membership to keep it going and growing!

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