



The LIDA Extension

Official newsletter of the Long Island Dressage Association

September 2023

President's Message

Dear Members,

TOur last...extravaganza IS THIS COMING WEEKEND.. Costumes may be worn as long as they don't spook horses. Fingers crossed that the weather holds up. Heidi Lemack returns to Norwest to judge our final show of 2023.

So this is it. This is my last President's Message. I've really enjoyed meeting members and organizing shows and events these past nine years. Watching our members develop their Dressage skills has been rewarding. These past few years I've seen a change in the Dressage community on Long Island. Many folks have relocated to southern climes. This is one of the reasons we've had to change focus in our shows/events. The community appears to be shrinking. I hope whoever becomes President will find new and creative ways to increase interest for Dressage.

There are two vacant positions on the board, President and Vice President, which should be filled by December 1. If no one steps up this will be the dissolution of LIDA. I hope someone out there cares about continuing the club. Anyone interested can contact me or any other board member. If there are more than one candidate we will hold an election in November.

I want to thank everyone who has helped keep the club going. We've had some great fun! I'll still see you ringside, I just won't be running the show lol!

Many, many thanks!

Mary Mulcahy



Reminders:

2023 USDF Bronze, Silver, Gold, Musical Freestyle, Master's Challenge, and Diamond Achievement Rider Award, as well as Breeder of Distinction, recipients are eligible to receive awards on stage at the Salute Gala & Annual Awards Banquet

Purchase Salute Gala & Annual Awards Banquet Tickets & Complete Award Information:
Deadline November 13, 2023

Year-End Award Photograph Submission (first place recipients only)
Deadline – October 27, 2023

Check your scores! Report score/award standing errors to USDF.
Deadline – October 15, 2023, 5PM ET

Understanding the USDF Governance Structure and Elections at the 2023 Adequan®/USDF Annual Convention

MARK YOUR CALENDARS

Nov 9-12: US Dressage Finals, Lexington, KY

Nov 29 – Dec 3: Adequan/USDF Annual Convention, Omaha, NE

Dec 1: USEF Sportsman's Award Finalist Announced

January 1: NAYC Applications open

NAYC NEWS!

2024 FEI North American Youth Dressage Championships presented by USDF held as part of the FEI North American Youth Championships (NAYC) July 30 – August 4, 2024
Traverse City, MI

*2024 NAYC Junior/Young Rider Memo
for Potential Athletes*

Qualifying scores for the Event may only be earned within the qualifying period beginning July 25, 2023 and ending June 17, 2024, unless otherwise determined by February 1, 2024.

USDF Youth Outreach Clinics

The Youth Outreach Clinics are a new educational opportunity for our “grass roots” youth riders. The goal of these clinics is to introduce youth members, who are dedicated dressage riders, to the USDF “youth pipeline” and the opportunities it

offers. Each of these clinics will be held over two days and will include a variety of instruction each day, including a 45-minute session with the instructor, a lunchtime lecture, and interactive discussion, and an evening get together. For detailed information and to learn more about this opportunity, visit the USDF website.

AWARDS AND RECOGNITION

USDF Youth Dressage Rider Recognition Pin Program

The USDF Youth Dressage Rider Recognition Pin Program is designed to recognize the accomplishments of youth in the dressage community at all levels. This program is open to students currently enrolled in grades 6-12 of a middle/high school or home school program and are a USDF Participating or Group Member. Pins can be earned in each year of enrollment in the program. The program

NOV 29 - DEC 2, 2023

ADEQUAN®/USDF

ANNUAL CONVENTION

★ OMAHA ★
NEBRASKA

TAKE A STAKE

IN DRESSAGE

The 2023 Adequan®/USDF Annual Convention - Take a Stake in Dressage

Steeped in a rich 50-year history, the USDF Annual Convention (now the Adequan®/USDF Annual Convention) has long been known for its integral role in the fulfillment of USDF's mission of education, recognition of achievement, and promotion of dressage.

THE CONVENTION EXPERIENCE

Each year, USDF members from around the country come together to celebrate, network, and take their stake in dressage. With the future of USDF and dressage in the US in the balance, these passionate and dedicated ambassadors of the sport spend a week each fall analyzing and debating the hottest topics in the sport, attending uniquely curated education sessions, connecting with longtime friends from around the country, and celebrating the best and brightest USDF and dressage have to offer!

OMAHA

A gem, nestled amongst the rolling landscape of America's Midwest, Omaha, Nebraska is too often an overlooked and underestimated destination. Playing host to the 2023 Adequan®/USDF Annual Convention, here are a few of the exciting things attendees can look forward to while visiting the "Gateway to the West" ...

EDUCATION

In addition to the uniquely curated Featured Education Presentations, the annual convention also plays host to the highly anticipated open forums on topics such as Trending Topics in Sport & USEF Rule Changes and the US Dressage Finals presented by Adequan®, the highly informative Group Member Organization Roundtable Discussions, as well as session designed specifically for competition management.

SPECIAL EVENTS

Bookending the convention week are attendees two most popular social events, the annual Welcome Reception and the Salute Gala & Annual Awards Banquet. Kicking off the event, the Welcome Reception is a night of delicious hors d'oeuvres, cocktails, and dancing, while the week concludes with us recognizing dignitaries, award winners, and a look back at the year that was ...

50th Anniversary

It's safe to say that while those 50 or so people present, on that cold November day in Nebraska, had a dream and vision of what dressage in this country could be and achieve, they could have never imagined the growth and success the organization has seen in its 50 years. So, raise your glasses and here's to another 50 years of USDF and dressage in the US!



Continued

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USDF Youth Shining Star Award

Nominate a youth rider who has displayed extraordinary sportsmanship for the USDF Shining Star Award! Anyone other than the nominee's parent can submit a nomination. More information can be found on the USDF website.

SCHOLARSHIPS AND GRANTS

The Dressage Foundation offers many funding opportunities for youth and young adult riders. Check the TDF website for available opportunities.

COMPETITIONS

2023 USEF/USDF Emerging Athlete Program Opportunities

Led by USEF Dressage Youth Coach George Williams, this program is aimed at providing strategic guidance and educational opportunities to athletes under the age of 25, by providing access to educational opportunities and competition planning for qualified athletes. For more information, visit the USEF website.

USEF/USDF Dressage Seat Medal (DSM) Program
The DSM Program qualifying period is January 1 through the end of the qualifying period of the respective regional championship competition the athlete will be attending. More information can be found on the USDF website.

2024 USEF Dressage National Championships (FOC)

The qualifying period for the 2024 USEF Dressage National Championships for the Young Rider, Junior, Pony Rider, and Children divisions will begin on July 25, 2023, and end on July 22, 2024.

For more information visit the U.S. Dressage Festival of Champions.





Alice Burley Named 2023 USDF Youth Volunteer of the Year

Lexington, KY (October 9, 2023) - The United States Dressage Federation™ (USDF) is pleased to announce that Alice Burley, of Atlanta, GA, has been named 2023 USDF Youth Volunteer of the Year. This prestigious award honors one outstanding youth volunteer who has contributed, both nationally and locally, to USDF and dressage. As the winner, Alice Burley will be presented with a perpetual trophy, donated by the Akin family of Warwick, NY, in honor of Lendon Gray, which is on permanent display in the Roemer/USDF Hall of Fame. She will also receive a “keeper” trophy and be featured in the yearbook issue of USDF Connection.

USDF National Youth Programs Committee Chair Roz Kinstler adds, “Volunteerism is imperative to the success of USDF and our sport, and Alice embodies everything this award stands for. The impact of Alice’s volunteer efforts has been felt from local schooling shows all the way to NAYC. In addition to her outstanding volunteer efforts, Alice maintains a 4.2 GPA, while also gaining accolades in the dressage arena, where she is currently competing at Third Level and qualified for the 2023 Great American/USDF Region 3 Championships. Alice’s presence and influence certainly hasn’t gone unnoticed by her peers, as many credit her for inspiring their own volunteer efforts. Ultimately, if Alice is a representation of the future of our organization and sport, I’m confident that both are in good hands!”





LIDA CLASSIFIED

Welcome to our classified section! If you have items you would like to list in our classifieds, please send all the details, including photos, to LIDA secretary Karin Schackne at info@lidressage.com. Listings are free for LIDA members. A \$5 donation is asked of non-members.



THE INTEGRATED RIDER

Improve your connection and confidence with certified yoga instructor and fellow rider Debbie Froehlich E-RYT

Discover how both Classical Horsemanship and yoga correlate and enhance one another as you bring your practice from the mat to the barn. See how an awareness of ones alignment, improvement of physical strength and endurance (body), intention and attention (mind), connected with ones

own life force (breath) can bring about a stronger union with ourselves and our horses. We ask our horses to be supple, strong and flexible, in both body and mind and we owe it to them to do the same.

All levels and disciplines are welcomed and encouraged to “think outside the box” towards developing harmony with our horses. For offerings and rates. Theintegratedrider@gmail.com or call 251-234-1350



LIDA BOARD MEMBERS

Mary Mulcahy, President

phone: 516-318-5537 email: president@lidressage.com

Dale Gifford, Vice President

phone: 631-921-2629 email: vp@lidressage.com

Karin Schackne, Secretary

phone: 631 619-6509 email: info@lidressage.com

Heather Baker, Treasurer

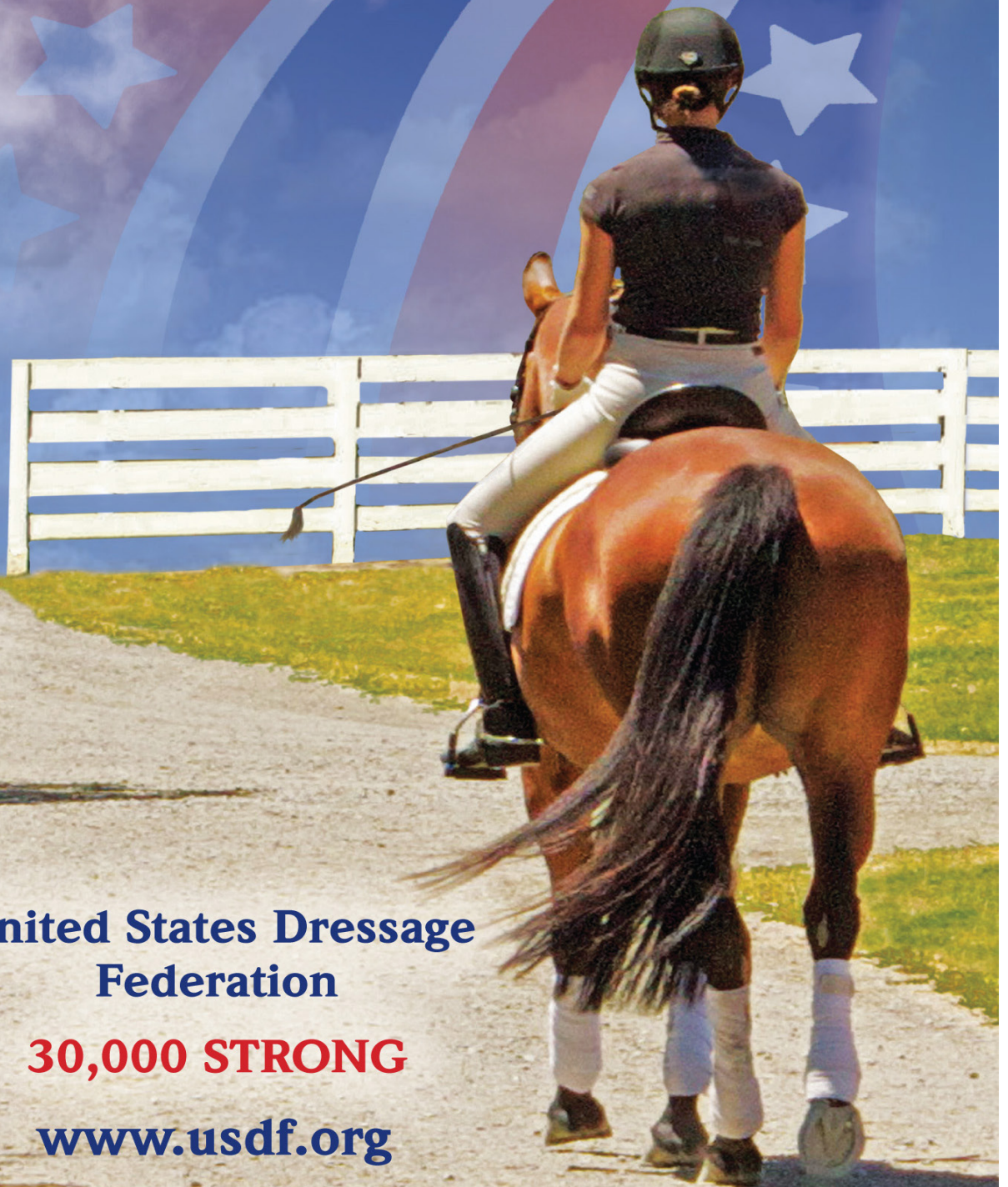
phone: 631-827-0481 email: admin@lidressage.com

We'd love to hear
from you!

If you have something you'd like to share with other members, please contact LIDA secretary Karin Schackne at least one month prior to publication.

When sending pictures, please make sure to include the names of everyone in the image - both human and equine.

YOUR CONNECTION TO THE
AMERICAN
DRESSAGE COMMUNITY



United States Dressage
Federation

30,000 STRONG

www.usdf.org





Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2024 LIDA membership year begins December 1, 2023 and ends November 30, 2024

Please Print:

Name:		Email:	
Address:			
City/State/Zip:			
Phone:	Cell #:	D.O.B.:	
USDF #:	USEF#:		
Trainer:	Referred By:		
Horse's Name & Stable:			
Signature:	Date:	Amt:	

ANNUAL MEMBERSHIP OPTIONS

GMO Membership: \$70

Schooling Show Only Membership: \$40
(LIDA Member Only/Non GMO)

Youth Participating Membership: \$40
(LIDA Member Only/Non GMO/Max. Age 21)

Non-Competing Membership: \$30
(LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards)

To be eligible for Yearly High Score Awards, the rider of the horse must be a current LIDA member prior to the first class of the show for which scores are to count.

Please review the rules!

LIDA is a non-profit association run by volunteers and is dedicated to promoting dressage and combined training.

As a member, you are entitled to:

- **Meetings, Clinics and Events**
- **Eligibility for USDF Rider Awards**
- **Discounts at USDF Events**
- **USDF Connection Magazine**

Remember, LIDA is your club and it takes the entire membership to keep it going and growing!

ANY MEMBERSHIP QUESTIONS - PLEASE EMAIL info@lidressage.com

Submit your completed application with your check **made payable to LIDA to:**

LIDA Membership Committee
PO Box 507
Calverton, NY 11933